

What is NC Integrated Care for Kids (NC InCK)?



NC InCK is a new government-funded program aimed at improving the way children and families receive care and access support services across systems like education, child welfare, food, housing, and physical and mental health. All Medicaid-insured children from birth to age 20 in Alamance, Orange, Durham, Granville, and Vance counties are automatically enrolled in NC InCK.

NC InCK is led by a coalition of partners, including families and youth in our NC InCK counties, Duke University, UNC, NCDHHS, and local and state-wide providers of services that support children's well-being.

Mission: Partnering with communities to support and bridge services where children live, learn, and play

Vision: Healthy, thriving children, youth, and families living in a collaborative community



What is an integrated care team?

An integrated care team is a team of professional and natural supports that collaborate to support a NC InCK member and their family in meeting the health, education, and social service needs identified by the family. In NC InCK, integrated care teams intentionally include health care providers and supports from schools, community agencies, and, if applicable, sectors like child welfare and juvenile justice. An NC InCK Family Navigator supports the family in forming an integrated care team.



What does an Integrated Care Team member do?

- Participate in integrated care team meetings that have been arranged by the family and family navigator
- Collaborate with the family to complete tasks associated with the NC InCK member's goals
- Provide education and resources to the NC InCK member and family
- Communicate updates with the family, family navigator, and other integrated care team members



What is a Family Navigator?

The NC InCK Family Navigator is a care manager who partners with an NC InCK member and their family to coordinate and integrate services the family needs. The Family Navigator works directly with the family to assess their needs and goals and coordinates with integrated care team members to ensure a family's goals are met. The Family Navigator will bring together the family and integrated care team to create a Shared Action Plan (SAP) and will monitor the plan over time.

The Family Navigator will:

- Work with a family to identify integrated care team members.
- Complete the NC InCK Consent form, which allows for cross-sector communication.
- Coordinate an initial meeting with integrated care team members and the NC InCK member and their family.
- Assess strengths and discuss concerns with the family and integrated care team during the meeting.
- Continue to coordinate with the integrated care team over the course of one year.
- Support the goals and well-being of the NC InCK member and their family throughout the entire process.



How is the integrated care team model beneficial to families?

The integrated care team model:

- Creates a space for shared collaboration among integrated care team members to help the family achieve the goals they have for their child.
- Promotes child advocacy and family voice through a collaborative process.
- Reduces the burden on families to coordinate and communicate needs separately to each individual supporting their child.
- Allows sharing of responsibilities, resources, and knowledge between providers and reduces the duplication of services.

For more information, visit our website at www.ncinck.org