



Information for Families on Early Childhood

Early Childhood is the time of life from birth to age eight. NC Integrated Care for Kids (NC InCK) believes supporting children so that they have healthy, safe, and nurturing environments will lead to their learning and success.

Early Childhood and Well-Child Visits



What are Well-Child Visits?

Well-Child Visits are visits with a child's doctor that help with:

- Reducing visits to the Emergency Room
- Early intervention for developmental delays
- The prevention of serious illness and injury
- Caregiver success and making sure a child is ready for kindergarten

How Can I Schedule Well-Child Visits?

If you have trouble scheduling a Well-Child Visit for your child, you can use MyChart, an online healthcare platform that gives you access to your child's medical records, helps you schedule appointments, and lets you connect to their doctor.

How Can I Schedule Transportation to Well-Child Visits?

If you have trouble with transportation, you can talk to your Medicaid provider about transportation to Well-Child Visits. Please contact your provider at least 48-hours before your upcoming appointment. You can use the contact information below.

Health Plan	Contact Information
WellCare	877-598-7602
UnitedHealthcare Community Plan	800-349-1855
Healthy Blue	855-397-3602
AmeriHealth Caritas	833-498-2262
Carolina Complete Health	855-397-3601

When Should I Schedule Well-Child Visits?

When?	Screenings and Assessments
The First Week (3-5 Days Old)	<ul style="list-style-type: none">• Hepatitis B (HBV) Vaccine• Blood and Hearing Screening• Height and Weight Measurement's
1 Months	<ul style="list-style-type: none">• 2nd Hepatitis B (HBV) Vaccine• Nutrition and Feeding Screening• Height and Weight Measurement's
2 Months	<ul style="list-style-type: none">• Immunizations• Maternal Depression Screening• Height and Weight Measurement's
4 Months	<ul style="list-style-type: none">• Immunizations• Blood Screening• Maternal Depression Screening• Height and Weight Measurement's
6 Months	<ul style="list-style-type: none">• 3rd Round of Immunizations• Dental Health Screening• Maternal Depression Screening• Height and Weight Measurement's
9 Months	<ul style="list-style-type: none">• 3rd/Final Hepatitis B (HBV) Vaccine• Developmental Screening• Dental Health Screening• Height and Weight Measurement's
12 Months	<ul style="list-style-type: none">• Immunizations• Blood Screening• Height and Weight Measurement's

To learn more about Well-Child Visits and the recommended screenings and assessments associated with each visit, visit [Bright Futures/American Academy of Pediatrics \(AAP\)](#).

Early Childhood and Child Care



How Do I Find and Pay for Child Care?

High quality child care and preschool are important to the well-being of young children. You can find options for early childhood education at:

- [Child Care Services Association \(CCSA\)](#)
- [NCDHHS Child Care Search Tool](#)
- [Vance County Child Care Program](#) (for children in Vance County)
- [Alamance Partnership for Children](#) (for children in Alamance County)

Early Childhood and Literacy

Reading to children from a very early age builds a lifelong love of learning, promotes the development of language, and helps children be successful in school. Children benefit from having a variety of books in their homes. There are several community programs that offer free books and support to families. These supports are offered at no cost to participating families.



What Early Childhood Literacy Programs Are Available to Me?

Alamance:

- [Dolly Parton Imagination Library](#)
- [Alamance County Public Library Literacy Program](#)
- [Reach Out and Read](#)

Durham County:

- [Book Harvest Book Babies](#)
- [Dolly Parton Imagination Library](#)
- [Durham County Public Library Literacy Program](#)
- [Reach Out and Read](#)
- [Ready4K](#)

Granville:

- [Dolly Parton Imagination Library](#)
- [Granville County Public Library Literacy Program](#)
- [Reach Out and Read](#)

Orange:

- [Dolly Parton Imagination Library](#)
- [Families Learning Together Initiative](#)
- [Reach Out and Read](#)

Vance:

- [Dolly Parton Imagination Library](#)
- [Vance County Public Library Literacy Program](#)
- [Reach Out and Read](#)

For more information, visit our website at www.ncinck.org