



# Information for Families

## What is NC InCK?

North Carolina Integrated Care for Kids (NC InCK) is partnering with families across the state to improve health and well-being outcomes for children. By better connecting the people who support children and families in meeting their goals, NC InCK aims to support and bridge services where children live, learn, and play.



[www.ncinck.org](http://www.ncinck.org)

If you have general questions about NC InCK, please email [info@ncinck.org](mailto:info@ncinck.org).

## NC Integrated Care for Kids (NC InCK) can support you and your family to achieve your child's health and well-being goals.

Hi! I am your Care Manager and here to help you and your family achieve your child's health and well-being goals and to make more supportive services available to your family. Your child is invited to participate in North Carolina Integrated Care for Kids (NC InCK) through your Medicaid health plan. All my services are optional and free. It would be wonderful to work with you and learn from you as we try to best serve the children and young adults of North Carolina.

## Start your child's journey with NC InCK

### 1 Meet your Care Manager

You have the option to work with a Care Manager, who can support you in achieving your child's health and well-being goals and coordinating a team to support your family.



**Spend more time with your child and less time coordinating your child's care.**

### 2 Tell them what you need

In collaboration with your team, you will create a plan for your child. This plan helps your child's team members know your top goals for your child's health and well-being.



**Enjoy peace of mind knowing you have a trusted team to rely on to support your child's health goals.**

### 3 Check-in on progress

Meet with your Care Manager every three months to share your child's progress and discuss any unmet or emerging needs to support your child's health and wellbeing.



**Celebrate achieving your child's health and well-being goals!**