



## Kindergarten Readiness Resources by County

### Information and Access to Child Care

Refer to this section for child care resources and referral agencies for children 0-5 years old.

- [Alamance County](#): To contact, call 336-513-0063.
- [Durham County](#): To contact, call 1-855-327-5933.
- [Granville County](#): To contact, call 919-403-6950.
- [Orange County](#): To contact, call 919-732-8181.
- [Vance County](#): To contact, call 252-492-5001.
- [Wake County](#): To contact, call 919-403-6950.

### Finding and Paying for Child Care

[The Child Care Services Association \(CCSA\)](#) helps families find child care, offers informational events for families, offers professional development opportunities and programs for providers.

If you would like more information, please reach out to CCSA at 919-403-6950.

### Head Start & Early Head Start Programs

Refer to this section for free early education for children 0-2 years old (Early Head Start) and 3-5 years old (Head Start), which includes home visits (dependent on income).

#### Alamance

- [Alamance Partnership for Children](#): To contact, call 336-513-0063.

#### Durham County

- [Durham Partnership for Children](#): To contact, call 919-403-6960.
- [Families and Communities Rising](#): To contact, call 919-490-5577.

#### Granville/Vance Counties

- [Franklin, Vance, Warren Opportunity, Inc.](#): To contact, call 252-492-0161.

#### Orange County

- [Families and Communities Rising](#): To contact, call 919-490-5577.
- [Chapel Hill/Carrboro Head Start](#): To contact, call 919-967-8211.

## Pre-K Programs

Refer to this section for resources for all children age 3-5 years old.

### Alamance County

- [Alamance County Pre-K](#): Contact Janay Powell, NC Pre-K Coordinator, by phone at 336-513-0063 or by email [jpowell@alamancechildren.org](mailto:jpowell@alamancechildren.org).

### Durham County

- [Durham County Pre-K](#): To contact, call 1-833-773-5338 or email [prek@childcareservices.org](mailto:prek@childcareservices.org).

### Granville County

- [Granville County Public Schools](#): To contact, call 919-693-4613.

### Orange County

- [Orange County Pre-K](#): Contact Ellen Perry-Kaji by phone at 919-732- 9136 ext. 18003 or by email [Ellen.perrykaji@orange.k12.nc.us](mailto:Ellen.perrykaji@orange.k12.nc.us).

### Vance County

- [Vance County Pre-K](#): To contact, call 252-433-9230.

### Wake County

- [Wake County Pre-K](#): Contact the Office of Early Learning at by 919-588-3351 or 919-588-3350

## Parenting Support

Many options exist for cost-free parenting support, and families may start with one of the options listed below or try multiple programs.

- [Triple P \(Positive Parenting Program\)](#): ([Durham County](#), [Granville and Vance Counties](#), and [many other counties](#)) Classes, meetings, and training for parents and providers
- [Triangle Area Parenting Support](#): (Durham and Wake Counties) A program for parents of children 0-24 months with a variety of virtual support groups in English and Spanish, offering diapers and groceries for some families
- [Family Center](#): (Alamance and Orange Counties) Provides classes, home visiting, support for families with higher needs/risks or families who are adopting/fostering in order to promote child safety.
- [Postpartum Support International](#): (All Counties) Resources and information for all parents, 20+ online support groups (examples: multiples, NICU, Mood, Anxiety, Dads, Pregnancy Loss, individualized groups for mothers of color, and more)
  - Parents can text “Help” to 800-944-4773 (English) or 971-203-7773 (Español)
- [Family Resource Center South Atlantic](#): (All counties) A comprehensive list of additional resources for parents in NC
- [Ready4K](#): Caregivers can receive age-appropriate text messages in English, Spanish, or Arabic with fun facts and easy tips on how to promote their children’s development
  - Alamance: Visit [this link](#).
  - Durham: Text “DPFC” to 70138
  - Wake: Text “R4K WC” to 70138
- [Wake Connections](#): (Wake County) Determines eligibility for parenting support services in Wake County and connects families to resources.

- [H.E.A.R.T.S.](#): (within 60 miles of Durham County) Provides support in the areas of education, group sessions, care management, emergency support, clothes and diapers, and more to adolescent parents who are age 13-22.

## Durham County

- [Exchange Family Center Family Support Program](#): Provides support for families with children younger than 11 years old, which may include weekly visits by parenting support and resource sharing (typically for 10-12 weeks when convenient for the family).
- [Family Connects Durham](#): Provides free postpartum nurse home visits for all Durham residents
- [MAAME \(Mobilizing African American Mothers through Empowerment\)](#): Maternal mental health support focusing on Black/African American mothers
- [Duke's Latinx Perinatal Support Group](#): An online pregnancy and postpartum community support group for Spanish-speaking parents with children younger than 1 year old provided in Spanish. Zoom sessions offered every first and third Thursday of the month from 1pm-2pm.
  - Contact at Anne Fields by email [anne.fields@duke.edu](mailto:anne.fields@duke.edu) or by phone at 919-681-2357.
- [Healthy Families Durham](#): To contact, call (919) 419-3474.
- [Durham Mothers Club](#)
- [Day 2 Day Dads](#)
- [Duke Family Care Program](#)
- [Welcome Baby](#)

## Community-Based Literacy Programs

- [Book Harvest](#): Provides books and literacy support to children and families
  - To contact, call 252-497-2665.
- [Dolly Parton Imagination Library](#): Provides one free, age-appropriate book per month to children ages 0-5
- [Families Learning Together Initiative](#): (Orange County) Provides literacy support to caregivers and children whose first language is not English
- [Orange Literacy](#): (Orange County) Provides literacy support for the whole family
  - Contact Alice Denson by phone at 919-914-6153 or by email at [Adenson@orangeliteracy.org](mailto:Adenson@orangeliteracy.org).
- Public Library Literacy Programs: Provides literacy resources to children and families
  - [Early Literacy programs](#) at the Alamance County Public Libraries
  - [Literacy programs for children and families](#) at the Durham Country Library
  - [Literacy programs for children and youth](#) at the Granville County Library System
  - [Book Club Kits and Literacy Bags](#) from the Orange County Public Library
  - [Youth programs and resources](#) from the Perry Memorial Library (Vance County)
  - [Storytime Anytime](#) at the Wake County Public Library

*For additional Early Childhood resources (i.e. early intervention services, parenting support, mental health programs, etc.), please refer to the NC InCK Early Childhood Guide at [this link](#).*