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NC INTEGRATED CARE FOR KIDS

NC InCK Integrated Care Rounds: Food

Thursday, June 9, 2022: 12:00-1:30pm

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Welcome to NC InCK Integrated Care Rounds!

As we get started, do the following:

1

Think about the families with whom you work:

When you learn that a family is vulnerable to food insecurity, what is your current "next step" in supporting that family?

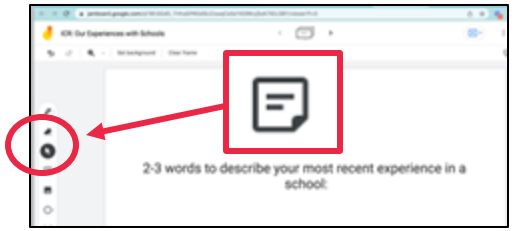
2

Open up the link:

https://jamboard.google.com/d/1C8y7DozsgfmXx0_veSIscfQvIb56jXuHF37xcz3DnkQ/edit?usp=sharing

3

Click the "sticky note" button to make a new note.



Type the support you can provide as a Family Navigator and click "save."



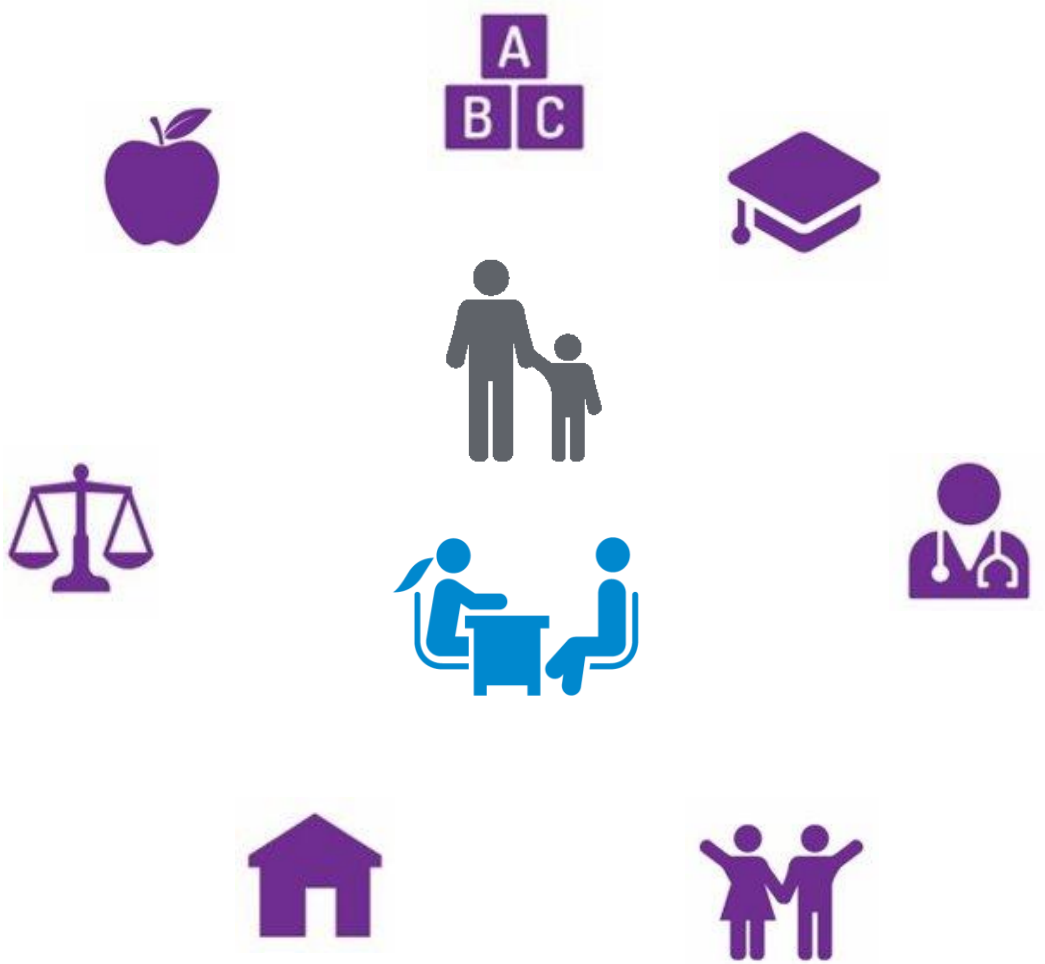
Your sticky note will appear! Resize it/drag it where it can be seen on the slide.

Agenda

1. Why Integrated Care Rounds
2. Why Food & Nutrition Support
3. FN Role in Food & Nutrition Support
4. PHP and CIN Food Resources
5. Reflection and Wrapping Up

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Why Integrated Care Rounds?



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M4F | MEALS FOR FAMILIES

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There is a lot of information in today's presentation!

Most of this is also contained in the written guide. There is some updated material in today's presentation that is not yet in the written guide.

Look to the **slide notes** sections for links to websites and documents referred to in the slides.



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Why focus on food and nutrition support?

Why focus on food and nutrition support?



Many NC families are food insecure.

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In our counties, ~20% of households with children are food insecure. That adds up to **~27,000 children**.

11,570 children in Durham County
7,020 children in Alamance County
3,260 children in Orange County
2,900 children in Vance County
2,330 children in Granville County

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… and those numbers are from

- before the pandemic
- before recent spikes in housing costs
- before rising gas prices
- before the infant formula shortage

Families are facing increasing financial challenges.

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Why focus on food and nutrition support?

Many NC families are food insecure.

Food insecurity impacts all aspects of a child's health and well-being.

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Food insecurity impacts all aspects of a child's health

physical health

development

learning

social-emotional health

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Children who experience food insecurity at any age are at risk for **poor health outcomes** that can continue **into adulthood**.

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Fighting food insecurity is an essential part of health care and health advocacy.

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But what exactly does the term **food insecurity** mean?

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To understand
"What is **food insecurity**?"

It is helpful to start by asking ourselves
"What do we need to **feel secure** in our own food environments?"

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I feel secure when my food is:

- ➔ **Nutritious**
- ➔ **Affordable**
- ➔ **Physically accessible**
- ➔ **Culturally appropriate**

When one or more of these factors affect either the **quantity** or **quality** of food that a family consumes, the family is considered to be **food insecure**.

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What does food insecurity look like at home?

- lack of food variety
- food with low nutritional value
- smaller meal servings
- anxiety

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What can **Family Navigators** do to address food insecurity?

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What can **Family Navigators** do to address food insecurity?

(1) Understand and address **common barriers** to accessing food and nutrition support.

(2) Create safe spaces to **ask about food needs**.

(3) Connect families with **federal nutrition support programs** and **insurance provider benefits**.

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What can **Family Navigators** do to address food insecurity?

(1) Understand and address **common barriers** to accessing food and nutrition support.

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A family's journey to food and nutrition support is a very personal experience.

fear

shame

experiences with government

experiences with health systems

language

culture

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In the written guide, we review two potential barriers:

fear

shame

experiences with government

experiences with health systems

language

culture

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Today, let's talk about one potential barrier:

fear

shame

experiences with government

experiences with health systems

language

culture

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Our goals in reviewing language as barrier to access:

View the experience of connecting with support from a family's perspective.

Identify concrete actions to reduce barriers to access.

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How can FNs address **language** as a potential barrier to access?

- Have printable/shareable materials available in multiple languages.

- Ask – Do the service providers that you are referring a family to have on-site staff to provide support in Spanish?

- For languages other than English and Spanish, FNs should initiate phone calls to service providers on behalf of the family and arrange for translation support.

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Share in the chat.

What barriers to access have you noticed in your work with families?

fear

shame

confusing/complex application processes

language access

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What can **Family Navigators** do to address food insecurity?

(1) Understand and address **common barriers** to accessing food and nutrition support.

(2) Create safe spaces to **ask families about food needs**.

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How do we ask families about food needs?



Screening tools

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Screening for food insecurity is an NC InCK requirement.

Across InCK there are different versions of universal screening tools used, but they all have similar questions about food needs.

Each of these screening tools is based on a 2-question tool that has been research-validated and is used nationally (the Hunger VitalSign).

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Within the past 12 months we worried whether our food would run out before we got money to buy more.
(Often true/ Sometimes true/ Never true)

Within the past 12 months the food we bought just didn't last and we didn't have money to get more.
(Often true/ Sometimes true/ Never true)

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HUNGER Vital Sign™

Screening families for food insecurity is an NC InCK requirement. All families should be screened.

BUT, screening is not the only way to learn from families.

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The family may have been screened...

- before recent spikes in housing costs
- before rising gas prices
- before the infant formula shortage

Families are facing increasing financial challenges. FNs should continue to initiate conversations about food needs.

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How do we ask families about food needs?

Screening tools

Use multiple entry points to have additional conversations about food needs.

Don’t assume - Ask each family

“**Unless you ask, you won’t be able to tell which child is going to bed hungry**, and you won’t be able to connect their families to resources, like SNAP, WIC, or food pantries, that will help them get the nutrition they need.”

LEE BEERS, MD, FAAP
President, American Academy of Pediatrics (2021)

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What can **Family Navigators** do to address food insecurity?

(1) Understand and address **common barriers** to accessing food and nutrition support.

(2) Create safe spaces to **ask about food needs**.

(3) Connect families with **federal nutrition support programs** and **insurance provider benefits**.

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Screen…. then intervene

Referring patients to federal nutrition programs is the **primary intervention** recommended by the American Academy of Pediatrics for addressing food insecurity in children.

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Federal nutrition programs - they work!

- ✓ reduce **poverty**
- ✓ reduce **food insecurity**
- ✓ increase **health**

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What do we mean by "**federal nutrition programs**"?

We are referring to national programs funded by the USDA and administered by various NC agencies. Today we will talk about some of these programs:

SNAP/FNS	free school meals
WIC	free summer meals

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Many NC InCK families will be eligible to participate in multiple federal nutrition programs at the same time.

However, **enrollment is not automatic**.

Families need support learning about, applying to, and using federal nutrition programs.

Assisting families in completing applications for federal nutrition programs is a **Medicaid contract requirement.**

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Assisting families in completing applications for federal nutrition programs is a **Medicaid contract requirement**.

Family Navigators are responsible for:

- Sharing details of each federal nutrition program with families;
- Helping families overcome barriers to applying for SNAP, WIC and school meals – including helping with completing applications;
- Following up with families after applications are submitted to make sure benefits are received and families know how to use them.

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The "**Resource Highlight**" sections of the written guide give detailed information about each federal nutrition program.

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10.0 Resource Highlight: Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) 26

10.1 What is WIC? 26

10.2 Why Emphasize WIC? 27

10.3 WIC Eligibility 27

10.4 Help Families Apply for WIC 28

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Look for action items and workflow suggestions in the "**Tip**" and "**Did you know?**" sections.

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TIP: WIC benefits are accepted at approved independent grocery stores as well as certain large grocer locations (examples include: Food Lion, Harris Teeter, Publix, Target, and Walmart). Use this online tool to find nearby grocery stores and pharmacies that accept WIC benefits.

Did you know?
Fathers, step-parents, foster parents, grandparents, and other caregivers can apply for WIC benefits to support children in their care.
Anyone living in North Carolina can apply for WIC, and there are no citizenship requirements.
Medicaid-insured individuals automatically meet the nutritional need criteria required to be eligible for WIC.

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Today, we are going to do a high-level overview of how to support family access to the main federal nutrition programs.

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What to know: Free summer meals

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All children & teens 0-18 can eat for free at local summer meals sites. There is no ID requirement.

No geographic restrictions. Kids can receive meals at any site (near home, near parent's work, while visiting relatives, etc.)

Young kids can be accompanied by parents, relatives, caregivers, older siblings, etc. Older kids and teens can join independently.

Many meal sites are run by local public school nutrition teams. Some libraries and community organizations sponsor meal sites.

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Summer service is **different in 2022.** Kids have to eat meals on-site instead of "grab & go".

Why do kids have to eat free summer meals on-site this summer?

Short answer = Because that is the traditional USDA policy. The pick-up option was a temporary waiver during COVID, and it is now expired.

Long answer = Some voices in the anti-hunger community are advocating for a change to that policy as part of the 2023 Farm Bill update.

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Here is an explanation of the current policy from the USDA (link to full description in slide notes):

What is Congregate Feeding?

Congregate feeding is a type of meal service where meals are provided in a group setting. This allows children to eat a nutritious meal while enjoying the companionship of their friends and other members of the community.

Why Provide Meals through Congregate Feeding?

Bringing children together to consume their meals has many benefits. Congregate feeding can:

- Increase children's daily nutrient intake;
- Encourage healthy habits when children see other children try new foods;
- Provide an enjoyable, neighborly eating environment;
- Ensure food safety because meals kept on-site are kept at regulated temperatures and are less likely to get contaminated; and
- Promote community engagement.

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How can families find nearby summer meal sites and program information?

The tables on the following slides show summer meal sites in the 5 counties (updated June 23).

If you have additional questions, the best choice is to CALL or EMAIL the school nutrition team for information (see later slide for a table of contact info). The quality of summer meals information available on school websites varies quite a bit.

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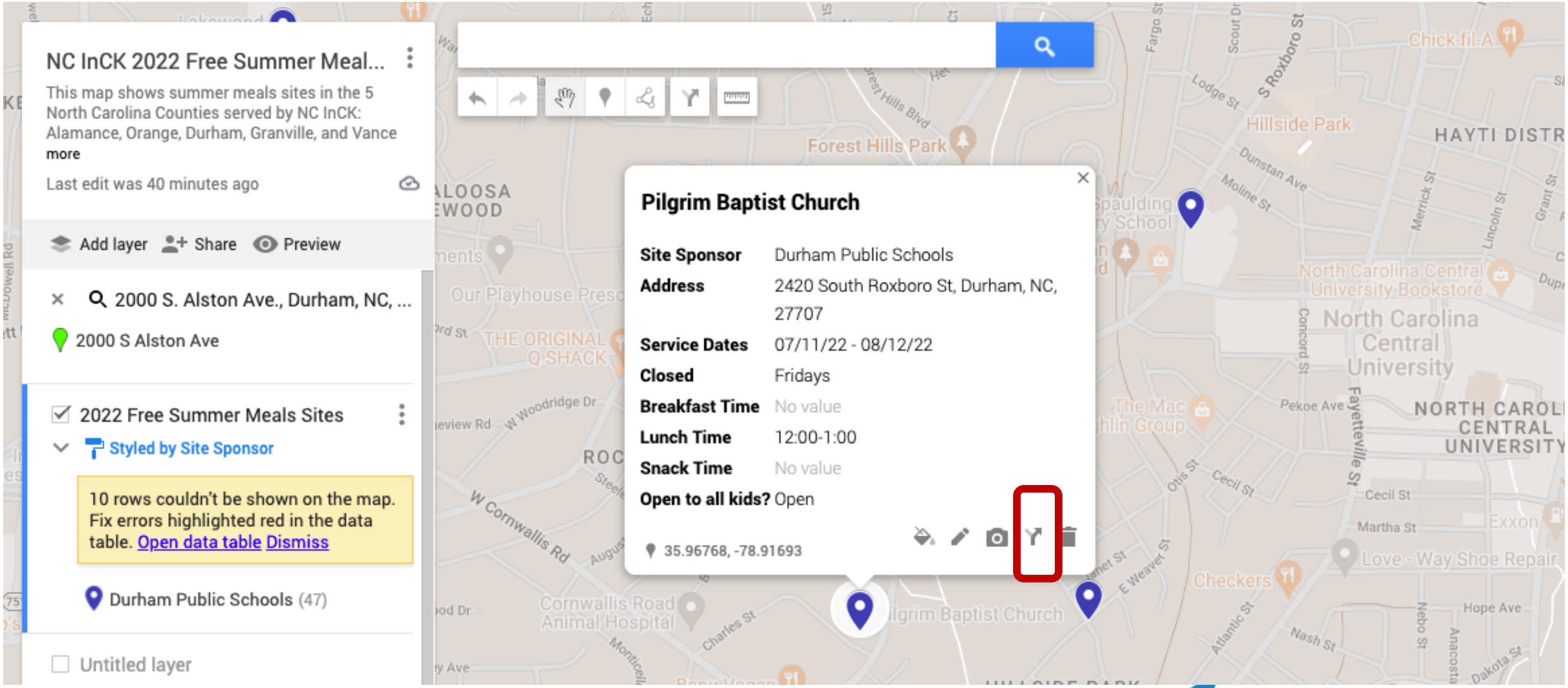
Our organization (Meals4Families) has collected summer meal site information for the 5 NC InCK counties.

You can view a Google Sheet spreadsheet of summer meal site information for the 5 NC InCK counties and get a Google Maps version of this information to share with families at:

meals4families.community/summer

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Here is what our map looks like. Click on pins to see expanded details. Click on arrows icon at the bottom of the details cared to get directions.



Link to District Nutrition Services Page	Nutrition/Dining Director
Alamance-Burlington School System	Brenda Watford, (336) 570-6080 brenda_watford@abss.k12.nc.us Main district line: (336) 570-6060
Orange County Schools	Sara Pitts, (919) 245-4002 x 16530 sara.pitts@orange.k12.nc.us Main nutrition team line: (919) 245-4002
Chapel Hill-Carrboro City Schools	(919) 967-8211 x 28219
Durham Public Schools	James Keaten, (919) 560-3657 James_Keaten@dpsnc.net
Granville County Public Schools	Patricia Crute, (919) 693-9349 crutep@gcs.k12.nc.us
Vance County Schools	Phyllis W. Newcomb, pnewcomb@vcs.k12.nc.us Main district line: (252) 492-2127

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Alamance-Burlington School System

Fantastic school nutrition page with full site information and a printable flyer version of all meal sites available in English and Spanish:

https://www.abss.k12.nc.us/Page/50298

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Meals will be provided at the following sites:

Site	Breakfast Time	Lunch Time	Snack Time	Address	Start Dates
Alamance Community College	9:00		1:00	1247 Jimmie Kerr Rd, Graham NC 27253	June 20, 2022
Azalea Mobile Home Park		11:50		2431 N. Church St, Burlington NC 27217	June 13, 2022
Beaumont Apartments		11:30	3:30	1336 Beaumont Ct, Burlington NC 27217	June 13, 2022
Boys & Girls Learning Center	8:30	12:30		106 Albany St, Graham NC 27253	June 13, 2022
Boys & Girls Salvation Army(main)	8:30	12:00		807 Stockard St, Burlington NC 27215	June 13, 2022
Broadview Middle Summer	8:30	11:30		2229 Broadview Dr, Burlington NC 27217	July 8, 2022
Champion Academy	8:30	11:30		734 Apple St, Burlington NC 27217	June 20, 2022
Crescent Arms Apartments		11:00		702 Larry Ave, Graham NC 27253	June 13, 2022
Falcon Crest	8:30	11:30		1101 South Fifth St, Mebane NC 27302	June 13, 2022
First Baptist Church		12:30	3:00	508 Apple St, Burlington NC 27215	June 13, 2022
Glen Hope Baptist Church		11:00		911 North Ave, Burlington NC 27217	June 13, 2022
Graham Recreation		12:00	3:00	311 College St, Graham NC 27253	June 13, 2022
Graham Village Apartments		11:45		920 E. Hanover Rd, Graham NC 27253	June 13, 2022
Green Level Mobile Home Park		12:00		2156 James Boswell Rd,Burlington NC 27217	June 13, 2022
Grove Park Elementary School		11:00	3:00	141 Trail One, Burlington NC 27215	June 13, 2022
Kidz in Progress 2	8:30	12:00		718 E. Main St, Haw River NC 27258	June 13, 2022
Kool Kidz Place	8:00	11:00		1824 E Webb Ave, Burlington NC 27215	June 13, 2022
Little Delights Educare	8:00	11:00		603 N. Graham Hopedale Rd, Burlington NC 27217	June 13, 2022
Maple Estates		11:30		2844 Maple Ave, Burlington NC 27215	June 13, 2022
Mums		12:00	3:00	200 South Fourth St, Mebane NC 27302	June 13, 2022
Oak Village Apartments		11:30		430 Kernodle Dr, Graham NC 27253	June 13, 2022
Overbrook		11:30	2:30	1435 Overbrook Rd, Burlington NC 27215	June 13, 2022
Pine Apartments		11:30		720 Ivey Rd, Graham NC 27253	June 13, 2022
Positive Attitude		11:30	3:00	229 N Graham Hopedale Rd, Burlington NC 27217	June 13, 2022
Queen Chapel AME Church		12:00		331 Flushing St, Burlington NC 27217	June 13, 2022
Rocky Top Mobile Home Park		12:00		751 Kernodle Ln, Graham NC 27253	June 13, 2022
Salvation City Gate	8:30	12:30		1423 N Church St, Burlington NC 27217	June 13, 2022
Sarah Williams Apartments		11:30		810 Sarah Williams Ave, Graham NC 27253	June 13, 2022
Skills 4 Kidz – Burlington	9:00	12:00		404 Huffman Mill Rd, Burlington NC 27215	June 13, 2022
Skills 4 Kidz – Graham	8:30	12:30		906 South Main St, Graham NC 27253	June 13, 2022
St. Marks		11:45	2:45	1230 St Marks Church Rd, Burlington NC 27215	June 13, 2022
Steamster Mobile Home Park		11:00		2111 Hwy 49, Burlington NC 27217	June 13, 2022
Thataways		11:30	2:30	1331 Overbrook Rd, Burlington NC 27215	June 13, 2022
Tucker Street Apartments		11:30		615 Center Ave, Burlington NC 27215	June 13, 2022
Twin Lakes	8:30	12:30		3701 Wade Coble Dr. Burlington NC 27215	June 13, 2022

**All sites will be closed on Monday July 4th, 2022

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Orange County Schools

Great school nutrition page with full summer meal site information:

https://www.orangecountyfirst.com/Page/829

Gravelly Hill Middle School - 11:00am-12:00pm – CAFETERIA

A.L. Stanback Middle School - 11:00am-12:00pm – CAFETERIA

Orange Middle School - 11:00am - 12:00pm – CAFETERIA

Efland Cheeks Community Center - 12:00pm - 1:00pm - GO TO THE PARK SHELTER

Cedar Grove Community Center - June 13 through July 8 - 12:00pm-1:00pm - ONLY MONDAY THROUGH THURSDAY - GO TO THE CAFETERIA INSIDE THE FACILITY

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Chapel Hill Carrboro City Schools

Has a separate website for summer meals that lists meal site names and times, but does **not** give street addresses unfortunately.

https://www.foodforstudents.info/

However, the district has a Google Doc that can be printed or shared with families and lists full site info (English only): https://docs.google.com/document/d/13235xpiYdBixC9AhHpyShlUQx-83LPEgEXtae9a31LI/edit

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Northside Elementary School, 350 Caldwell St., 11 a.m.-1p.m.

Airport Gardens, 859 Martin Luther King Jr. Blvd.,10:30 a.m.-11:15 a.m.

Dobbins Hill, 1749 Dobbins Dr., 10:30 a.m.-11:15 a.m.

Eastwood Apartments, 100 Billie Holiday Ct., 10:30 a.m.-11:15 a.m.

Pritchard Ave, 722 Pritchard Ave. Ext., 10:30 a.m.-11:15 a.m.

180 West CH Club, Intersection of Tar Hill Drive and BPW Club Rd., 11:30 a.m.-12:15 p.m.

Craig/Gomains, 605 Gomains Ave., 11:30 a.m.-12:15 p.m.

Colony Woods, 1700 Jackie Robinson St., 11:30 a.m.-12:15 p.m.

Pinegate Apartments, 100 Pinegate Cir., 11:30 a.m.-12:15 p.m.

Ridgefield Apartments, 398 South Estes Dr., 11:30 a.m. -12:15 p.m.

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Durham Public Schools

DPS is operating **47 summer meals sites (!)** this summer, though this information is **not listed** on the school district website.

The various meal sites have different start dates and end dates.

Site Name	Address	Dates	Closed	Breakfast Time	Lunch Time
21st CCLC - Prosperous Living	7415 Fayetteville Rd., Durham, NC, 27713	06/20/22 - 08/05/22	July 4th	8:30-9:30	12:00-1:00
Changing A Generation With Face	3120 Fayetteville Street, Durham, NC, 27707	06/13/22 - 07/29/22	July 1 & 4		11:30-12:30
DPR Campus Hills (I R Holmes)	2000 S. Alston Ave., Durham, NC, 27707	06/13/22 - 08/12/22	June 20 & July 4	8:00-9:00	12:00-1:00
DPR Edison Johnson	500 W. Murray Ave., Durham, NC, 27704	06/13/22 - 08/12/22	June 20 & July 4	8:00-9:00	12:00-1:00
DPR W.D. Hill	1308 Fayetteville St., Durham, NC, 27707	07/05/22 - 08/12/22		8:00-9:00	12:00-1:00
DPR Weaver Street	3000 East Weaver St., Durham, NC, 27707	06/13/22 - 08/12/22	June 20 & July 4		12:00-1:00
Durham County Main Library	300 N. Roxboro Street, Durham, NC, 27701	06/13/22 - 08/12/22	July 4th		12:00-1:00
Durham Teen Center	1101 Cornell Street, Durham, NC, 27707	06/13/22 - 08/12/22	June 20th & July 4th		12:00-1:00
H & C Educational Services	920 E. Hwy 54 Suite 340-350, Durham, NC, 2771	06/13/22 - 08/05/22	July 4th	7:45-8:45	10:45-11:45
Holton/PLC`	401 North Driver Street, Durham, NC, 27703	06/13/22 - 08/12/22	June 20th & July 4th	8:00-9:00	12:00-1:00
John Avery Boy's & Girl's Club	tin Luther King, Jr. Parkway, Suite 300, Durham, N	06/13/20 - 07/29/22	July 5th	8:30-9:30	12:00-1:00
Kate's Korner	1637 E. Lawson Street, Durham, NC, 27703	06/13/22 - 08/05/22	July 4th	7:30-8:30	
Kestrel Heights	4700 S. Alston Ave., Durham, NC, 27703	06/15/22 - 07/29/22	July 4th - 8th	7:45-8:45/8:30-9:30	10:45-11:45/11:30-12:30
North Regional Library	221 Milton Rd., Durham, NC, 27712	06/13/22 - 07/28/22	Fridays & July 4th		11:00-12:00
Pilgrim Baptist Church	2420 South Roxboro St. Durham, NC, 27707	07/11/22 - 08/12/22	Fridays		12:00-1:00

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Site Name	Address	Dates	Closed	Breakfast Time	Lunch Time
POOF Training & Event Center	1101 North Miami Boulevard, Durham, NC, 27703	06/15/22 - 08/12/22	July 4th - 8th	9:30-10:30	12:30-1:30
RAM Organization	2703 Holloway Street, Durham, NC, 27703	06/20/22 - 07/22/22	July 4th	8:15-9:15	11:15-12:15
Refiner's Fire	1003 E. Main Street, Durham, NC, 27701	06/20/22 - 08/05/22	July 4th	8:00-9:00	11:15-12:15
Research Triangle Charter Academy	2418 Ellis Rd., Durham, NC, 27703	07/01/22 - 07/15/22	July 4th	8:15-9:15	
Salvation Army	810 N. Alston Ave., Durham, NC, 27701	06/21/22 - 08/12/22	July 4th	8:00-8:30	11:00-12:00
Shady Grove FWB Church	3805 Carpenter Pond Rd., Durham, NC, 27703	06/13/22 - 06/17/22		8:30-9:00	12:00-1:00
Shepherd's Flock Baptist Church	1004 Calvin Street, Durham, NC, 27701	06/13/22 - 08/12/22	July 4th	8:30-9:30	12:30-1:30
South Regional Library	4505 S. Alston Ave., Durham, NC, 27713	06/13/22 - 07/29/22	July 4th		11:00-12:00
Student U	3116 Academy Rd., Durham, NC, 27707	06/21/22 - 07/22/22	July 4th	7:30-8:30	
Victorious Praise	2116 Page Road, Durham, NC, 27703	06/20/22 - 08/12/22	July 4th	8:00-9:00	12:00-1:00
Voyager Academy	4210 Ben Franklin Boulevard, Durham, NC, 27704	06/13/22 - 06/30/22	Fridays	7:45-8:45	11:00-12:30
Brogden School	1001 Leon Street, Durham, NC, 27704	07/01/22 - 07/28/22	Fridays & July 4th	8:00-9:00	11:30-12:30
C.C. Spaulding	1531 S. Roxboro Rd., Durham, NC, 27707	07/11/22 - 07/28/22	Fridays	8:00-9:00	11:00-12:00
C. E. Jordan High	6806 Garrett Rd., Durham, NC, 27707	07/11/22 - 07/28/22	Fridays	9:30-10:30	12:30-1:30
Club Boulevard Elementary	400 West Club Boulevard, Durham, NC, 27704	07/01/22 - 08/05/22	July 4th	8:00-9:00	11:30-12:30
Durham School Of The Arts	400 N. Duke St., Durham, NC, 27701	07/11/22 - 07/28/22	Fridays	8:45-9:45	11:45-12:45

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Site Name	Address	Dates	Closed	Breakfast Time	Lunch Time
Hillandale Elementary	2730 Hillandale Rd., Durham, NC, 27705	07/11/22 - 07/28/22	Fridays	8:00-9:00	11:00-12:00
Hope Valley Eementary	3005 Dixon Rd, Durham, NC, 27707	07/01/22 - 07/28/22	July 4th & 5th	8:30-9:30	11:30-1:00
Lakeview Secondary	3507 Dearborn Drive, Durham, NC, 27704	07/11/22 - 07/28/22	Fridays	8:30-9:30	11:30-12:30
Lakewood Elementary	2520 Vesson Ave., Durham, NC, 27707	07/01/22 - 07/29/22	July 4th	8:00-9:00	12:00-1:00
Lowe's Grove Middle	4418 S. Alston Ave., Durham, NC, 27713	07/11/22 - 07/28/22	Fridays	8:45-9:45	11:45-12:45
Merrick Moore	2325 Cheek Road, Durham, NC, 27704	07/01/22 - 07/28/22	Fridays	8:00-9:00	12:00-1:00
Neal Middle School	201 Baptist Rd, Durham, NC, 27704	07/11/22 - 07/28/22	Fridays	8:45-9:45	11:45-12:45
Oak Grove Elementary	3810 Wake Forest Hwy, Durham, NC, 27703	07/01/22 - 07/29/22	July 4th	8:00-9:00	12:00-1:00
Parkwood Elementary	5207 Revere Rd., Durham, NC, 27713	07/01/22 - 07/29/22	July 4th	8:00-9:00	12:00-1:00
R N Harris	1520 Cooper Street, Durham, NC, 27703	07/11/22 - 07/28/22	Fridays & July 4th	8:00-9:00	11:00-12:00
Riverside High	3218 Rose of Sharon Rd., Durham, NC, 27712	07/11/22 - 07/28/22	Fridays	9:30-10:30	12:30-1:30
Sandy Ridge	1417 Old Oxford Highway, Durham, NC, 27704	07/11/22 - 07/28/22	Fridays	8:00-9:00	11:00-12:00
Sherwood Githens Middle School	4800 Old Chapel Hill Rd., Durham, NC, 27707	07/11/22 - 07/28/22	Fridays	8:45-9:45	11:45-12:45
Southern High	800 Clayton Rd., Durham, NC, 27703	07/11/22 - 07/28/22	Fridays	9:30-10:30	12:30-1:30
Southwest Elementary	2320 Cook Rd., Durham, NC, 27713	07/11/22 - 07/28/22	Fridays	8:00-9:00	11:00-12:00
Spring Valley Elementary	051 Northern Durham Parkway, Durham, NC, 2770	07/11/22 - 07/28/22	Fridays	8:00-9:00	11:00-12:00

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Granville County Public Schools

Granville is operating 6 meal sites this summer, though this information is **not listed** on the school district website.

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SCHOOL	ADDRESS	TIMES	DATES	DATES CLOSED
Butner Stem Elementary	201 E. D STREET BUTNER, N.C. 27509	BREAKFAST-7:45-8:30 LUNCH- 10:45-12:00	START- 6-21-22 END- 7-21-22	CLOSED 7/4-8
Hawley	2173 Brassfield Rd. Creedmoor, N.C. 27522	BREAKFAST-9:00-9:30 LUNCH-10:45-12:00	START- 6-21-22 END- 7-21-22	CLOSED 7/4-8
Mt. Energy	2652 Hwy. 56 Creedmoor, N.C. 27522	BREAKFAST- 7:45-8:15 LUNCH-10:45-12:00	START- 6-21-22 END- 7-21-22	CLOSED 7/4-8
Northern Granville Middle School	3144 Webb School Rd. Oxford, N.C. 27565	BREAKFAST-9:00-9:30 LUNCH-12:00-12:45	START- 6-21-22 END- 7-21-22	CLOSED 7/4-8
Stovall Elementary	7696 Hwy. 15N. Stovall, N.C. 27582	BREAKFAST-8:00-8:30 LUNCH-11:00-12:00	START- 6-21-22 END- 7-21-22	CLOSED 7/4-8
West Oxford Elementary	412 Ivey Day Rd. Oxford, N.C. 27565	BREAKFAST-7:45-8:15 LUNCH-11:00-11:45	START- 6-21-22 END- 7-21-22	CLOSED 7/4-8

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Vance County Public Schools

There is only 1 summer meal site operated by Vance County Schools that is open to the public:

Highland Green Apartments
111 S Pinkston St.
Henderson, NC

Open Monday – THURSDAY, June 21 - July 28
Closed the week of July 4.
Lunch served 12:00 – 1:00 PM, Snack served 4:00 – 4:30 PM

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For additional options and if a family is traveling, No Kid Hungry operates a text support line. Families text the number, give their address (enter just the city or town name if privacy concerns), and then receive a text with nearby meal sites.

NOTE that the information available can be incomplete and out of date. Not recommended as a primary source of local information.

Text FOOD or COMIDA to **304-304**

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What barriers to access do families face?

Barrier: **No transportation to get to meal sites.**
You can help: Contact the local school district nutrition team and ask about meal delivery options (not guaranteed, but sometimes there are special programs).

Barrier: **Hesitation/questions about the food served.**
You can help: Review online menus with the family or call the school nutrition contact.

Barrier: **Child has special dietary needs.**
You can help: Contact the school nutrition team and complete paperwork for food type waivers as necessary.

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What to know: Free school meals

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During the 2021-2022 academic year, schools in NC served free meals to ALL students. This program is **not** extended to the 2022-2023 year.

BUT, beginning in Fall 2022, Medicaid-enrolled children in NC will be **automatically enrolled in free school meals** during the year.

Program roll-out details have not yet been released.

UPDATE as of June 23: We have recently learned that this program may only be available to some Medicaid-enrolled children in NC. More details to come.

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What to know: P-EBT

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What is P-EBT?

P-EBT is the Pandemic Electronic Benefit Transfer (P-EBT) Program. This is a food-assistance program that was established in response to the COVID pandemic. The program provides families with extra money on their SNAP/FNS benefit card or on a separate P-EBT card (for families not enrolled in SNAP/FNS).

The program is a collaboration between NC DHHS and the NC Department of Public Instruction.

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Is the P-EBT program still active?

Yes. There are some P-EBT benefits that were issued in previous school years but can still be available to families retroactively. Other P-EBT programs have just been re-authorized (see following slides).

For the latest P-EBT information, visit:

https://covid19.ncdhhs.gov/information/human-services/pandemic-electronic-benefit-transfer-p-ebt-program

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There are 3 types of P-EBT in NC:

- **Child Care P-EBT** – for children who were 5 or younger as of September 1, 2021.

- **Student P-EBT** – for children enrolled in PreK-12th grade.

- **Summer P-EBT** – for enrolled PreK-12th grade students who are already enrolled in Free & Reduced school meals AND children under 5 in households that are enrolled in SNAP/FNS.

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Child Care P-EBT

There is no application for P-EBT. To be eligible for benefits, a child must be **5 years old or younger** (as of September 1, 2021) and be included in an active SNAP/FNS case. Eligibility will be rechecked each month.

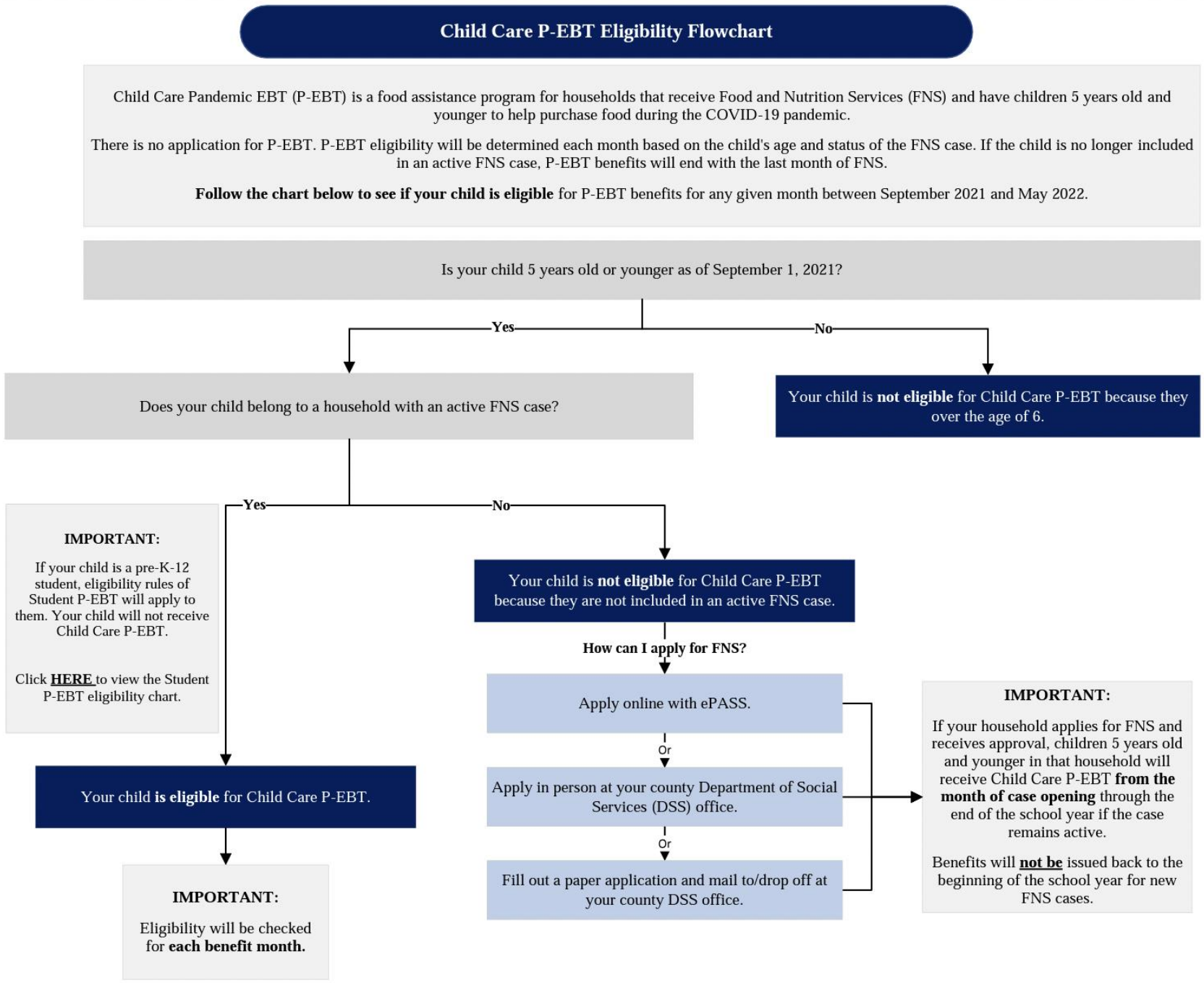
Eligible **families are still receiving Child Care P-EBT money** from the 2021-2022 school year. Enrolled families will receive payments in June, July, and August 2022.

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Child Care P-EBT

Benefit Month(s)	Issuance Month (2022)	Benefit Amount
September and October 2021	May	September = $35.50 October = $35.50
November and December 2021	June	November = $42.60 December = $42.60
January and February 2022	July	January = TBD February = TBD
March, April and May 2022	August	March = TBD April = TBD May = TBD

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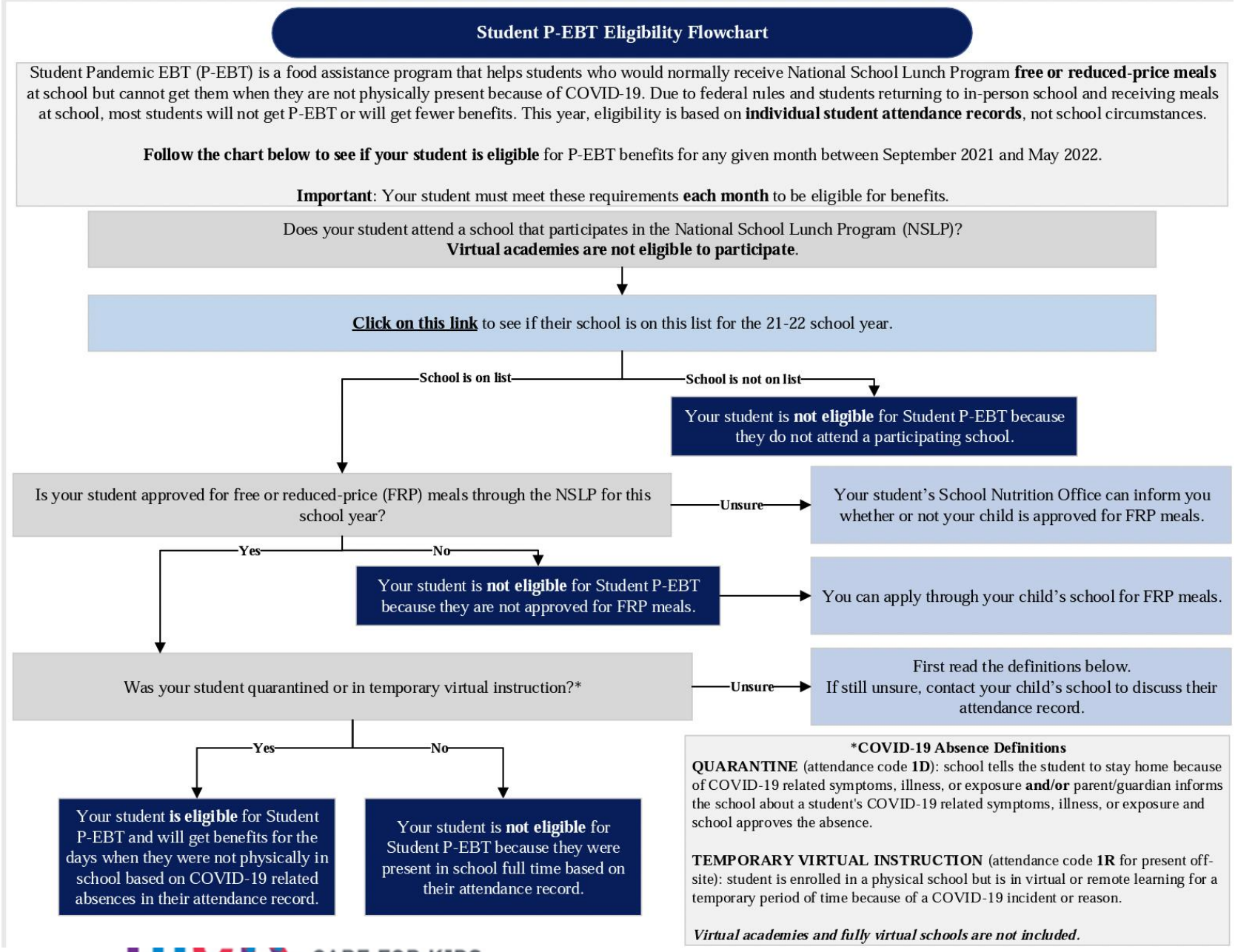


https://covid19.ncdhhs.gov/media/4219/open

Student P-EBT – for children enrolled in PreK-12th grade during the 2021-2022 school year. **Not currently issuing benefits now that the school year is over.**

Eligibility and benefit amount is based on the individual student's attendance record. To be eligible for benefits, the student must experience one or more days in quarantine or temporary virtual instruction and **students will only receive benefits for days when they had these COVID-19 related absences from school**.

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https://covid19.ncdhhs.gov/media/3692/open

Summer P-EBT – North Carolina was approved to continue P-EBT through Summer 2022 (June 1-Aug. 31). Eligible students and young children can expect to receive a **one-time payment** for the summer period.

To be eligible, a child must either be:
- A PreK-12 student who is currently enrolled in Free & Reduced Lunch
- A child under 5 who lives in a household currently enrolled in SNAP/FNS. The child must be listed on an active FNS case.

Families can still apply! Children can join by:
(1) enrolling in Free & Reduced lunch before Aug. 15, 2022
(2) enrolling in FNS benefits before Aug. 15, 2022

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Summer P-EBT – The amount that families will receive in Summer 2022 is set by the USDA. NC DHHS has not yet announced the amount on their website, but the USDA announcements suggest that it will be a total of **$391 per child**.

https://www.fns.usda.gov/SNAP/pandemic-ebt-summer-2022-memo

Once again, **families with children under 5 need to enroll in SNAP/FNS by August 15, 2022 to receive this money**!

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What to know: SNAP/FNS "food stamps"

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The national USDA program is called "SNAP".

In North Carolina, the program is administered under the program name "FNS" or Food and Nutrition Services.

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SNAP/FNS provides **monthly cash benefits** for purchasing food based on income and family size.

SNAP/FNS benefits can be used to shop for groceries in stores, farmers markets, and **online**.

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Many Medicaid households will be eligible for SNAP/FNS benefits.

SNAP/FNS enrollment is **not** automatic.

Eligibility details can be confusing.

Current monthly benefit amounts will likely **decrease** when pandemic waivers expire.

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How can families you connect families to SNAP/FNS?

(1) Show families their possible monthly benefit amount using DHHS tables.

(2) Guide families through eligibility calculations using a simple online tool (snapscreener.com).

(3) Complete a referral for application assistance to More in My Basket or the Food Bank of Eastern & Central North Carolina.

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Eligibility

Income: You may be eligible for Food and Nutrition Services if your total income falls below the appropriate gross income limits for your household size. Eligibility workers determine which income limit applies to your household.

The maximum benefit amount for households receiving Food and Nutrition Services increased by 25% for the period of October 1, 2021 through September 30, 2022.

HOUSEHOLD SIZE	130% MAXIMUM GROSS INCOME LIMIT	200% MAXIMUM GROSS INCOME LIMIT	MAXIMUM BENEFIT ALLOTMENT
1	$1,396	$2,148	$250
2	$1,888	$2,904	$459
3	$2,379	$3,660	$658
4	$2,871	$4,418	$835

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These limits are **NOT** the same as the family's income. This is the allowable income after accounting for necessary expenses. Use snapscreener.com for more insight.

HOUSEHOLD SIZE	130% MAXIMUM GROSS INCOME LIMIT	200% MAXIMUM GROSS INCOME LIMIT	MAXIMUM BENEFIT ALLOTMENT
1	$1,396	$2,148	$250
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SNAP Screener

www.snapscreener.com

North Carolinians, could you be eligible for help with your food budget?

Find out if you may be eligible for SNAP and an estimated amount of benefits you could receive.

This is not an application. This website is not affiliated with any government programs. Full disclaimer.

English | Español

Household size **required*

Your household is the people you live with and buy food with. Include children 21 or younger, parents, and spouses if they live with you.

- Select -

NC INTEGRATED CARE FOR KIDS



SNAP Screener

Monthly household income before taxes from jobs or self-employment **required*

$

Monthly household income from other sources **required*

This includes Social Security, disability, Child Support, Worker's Comp, Unemployment, Pension Income, or other sources of income.

$

Monthly dependent care costs

This includes the costs of daycare, babysitters, or other child care; fees for before-school and after-school care; costs for special needs care.

$

Monthly court-ordered child support payments

$

Monthly rent or mortgage amount

$

Monthly homeowners insurance and taxes

$

Which of the following utility bills do you pay?

Check utilities paid separately from your rent or mortgage. Check "Heating and Cooling" if you received a payment over $20 from an energy assistance program, such as LIHEAP.

- [ ] Heating and Cooling
- [ ] Electricity
- [ ] Gas and Fuel
- [ ] Water
- [ ] Sewage
- [ ] Trash
- [ ] Phone

SNAP Screener

Results: Copy Link Print

You may be **eligible** for SNAP benefits.

If you apply and are approved, your benefit may be **$649** per month.

Due to the current pandemic, you could receive an additional $186 per month. This additional amount is temporary and will likely expire when your state declares that there is no longer a public health emergency in your state.

Ways to apply to SNAP:

- Find your state's application on the SNAP State Directory.

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Remember, snapscreener.com is NOT an official tool. Eligibility "results" are not official.

The tool is helpful for:

- explaining how eligibility calculations work

- showing the type of information that the family will have to gather for the official application

- generating quick eligibility estimates; families can enter best guess/approximate numbers

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How can families you connect families to SNAP/FNS?

Use online forms to initiate direct referrals (**takes less than 10 min**) to organizations that can assist with SNAP/FNS applications.

Typically, these services help families complete paper applications.

- More in My Basket (NC State Extension)
- Food Bank of Central & Eastern North Carolina

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More In My Basket

Contact Us

Contact us by calling toll free at 1-855-240-1451 or 1-888-382-7105 (para ayuda en español) or filling out the contact form below. We can help you complete a SNAP application via phone and answer general SNAP questions. Your phone number and email will be used to respond to your inquiry within 2 business days.

Your Name (required)

Your Email (required)

Your Phone Number (required)

Subject

Your Message

- www.morefood.org/contact-us-2/
- Form can be completed by a Family Navigator
- Email required to send the form. Can be family's email or FN's email
- Add basic notes in the message: Medicaid-enrolled family, household size

Food Bank of Central & Eastern North Carolina SNAP Contact Form

Complete the form below and we will contact you **within two business days** to begin the SNAP application process. Applying is quick, easy, and confidential!

Learn more about how the Food Bank Outreach Team can help you.

Rellene el siguiente formulario y nos pondremos en contacto con usted **en un plazo de dos días** hábiles para iniciar el proceso de solicitud de SNAP. ¡Aplicar es rápido, fácil y confidencial!

Obtenga más información sobre cómo puede ayudarle el equipo de asistencia del Food Bank.

Are you a resident of NC? ¿Es residente de NC? *

Yes/Sí

Home residency is determined by the state where you eat the majority of your meals. La residencia del hogar está determinada por el estado en el que come la mayoría de sus comidas.

Name? Nombre?*

First Name

Last Name

Pronouns? Pronombres? *

She/Her/Hers/Ella

Language Preference? Preferencia de idioma?*

English/Inglés

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How can families you connect families to SNAP/FNS?

Guide families to application options:

- Apply online with epass
- Apply in person at a DSS office (see written guide for table of DSS locations)

Table 6. Applying for FNS benefits

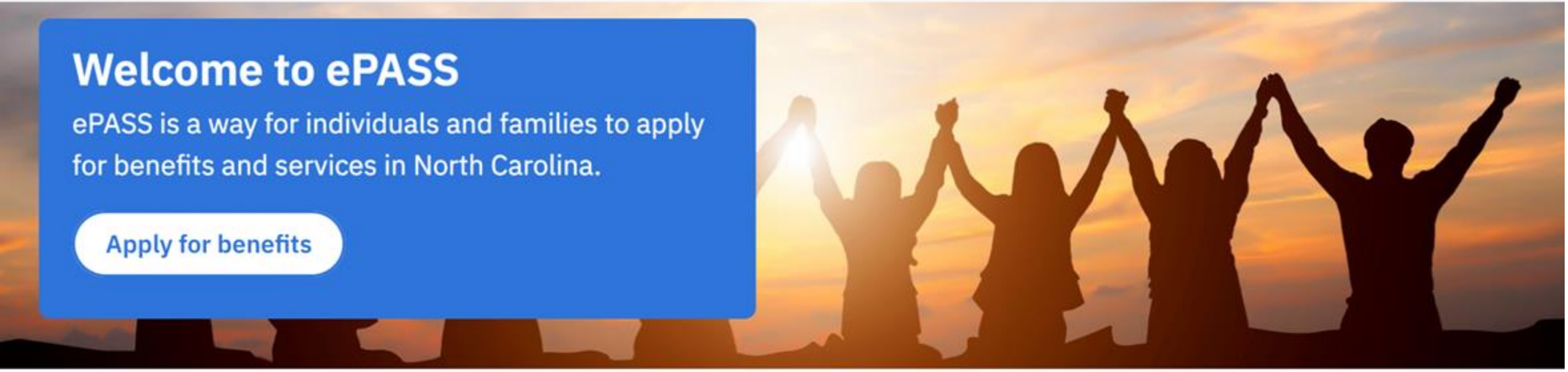
Families who need an interpreter: Call (866) 719-0141. Interpreter services are free.		
County	**Address and contact information**	**Hours**
Alamance County DSS	Phone: (336) 229-2910 Address: North Graham Hopedale Rd Suite C Burlington, NC 27217	8:00 AM -5:00 PM, Monday - Friday

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North Carolina ePASS

Home Apply Sign up Log in

English Español



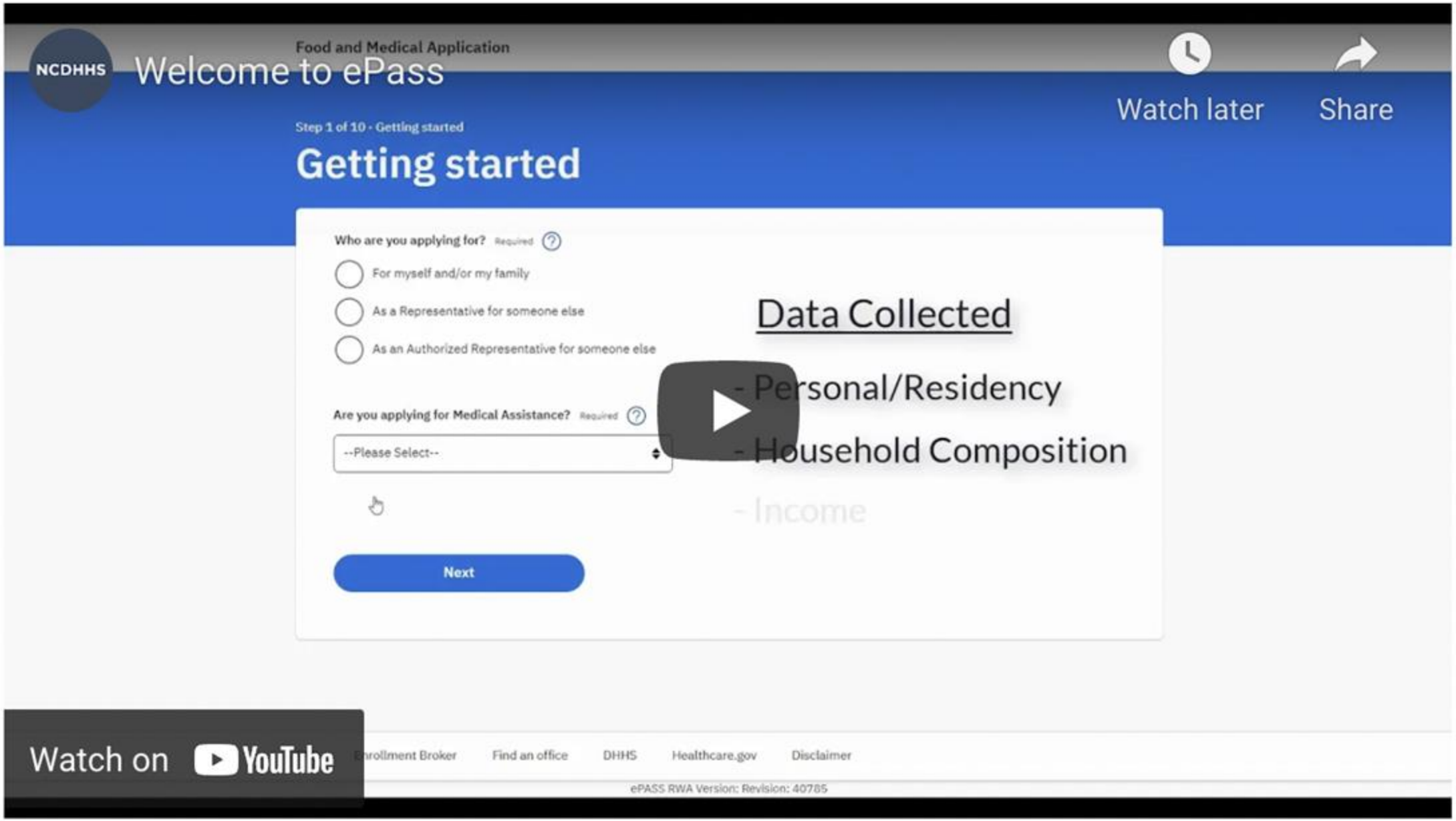
Apply for benefits to cover the costs associated with COVID-19 testing, vaccines and treatment. Continue

Apply for benefits

Apply for Medical Assistance, Food & Nutrition Services or Energy Assistance.

Apply for FNS without an account

Apply for Food & Nutrition Services (FNS) without creating an account.


NCDHHS
Welcome to ePass
Food and Medical Application
Watch later
Share
Step 1 of 10 · Getting started
Getting started
Who are you applying for? Required
For myself and/or my family
As a Representative for someone else
As an Authorized Representative for someone else
Are you applying for Medical Assistance? Required
--Please Select--
Next
Data Collected
- Personal/Residency
- Household Composition
- Income
Watch on YouTube
Enrollment Broker
Find an office
DHHS
Healthcare.gov
Disclaimer
ePASS RWA Version: Revision: 40785

What to know: WIC

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Supplemental nutrition for **Women, Infants and Children (0-5)**.

Fathers, grandparents, guardians can apply for benefits **for their children**.

WIC benefits combine **monthly vouchers** and cash for fruits and veggies.

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What do WIC food vouchers look like?

Benefit Month	Serial Number	Quantity	UOM	Description
5/9/2022 Thru 6/8/2022	151066368	$43.00	$$$	Fruit and Vegetables
	151066368	1	LB	Cheese
	151066368	16	OZ	WW Bread or Whole Grains
	151066368	1	DOZ	Eggs
	151066368	36	OZ	Breakfast Cereal
	151066368	2	CTR	Bean/Pea, 4 Cans, 1 Dry, or Peanut Btr
	151066368	3	CTR	Juice 48oz fl/12oz Conc
	151066368	4.5	GAL	Skim/Non Fat or 1% Milk
	151066368	1	CTR	Yogurt Non/Low Fat 32 oz

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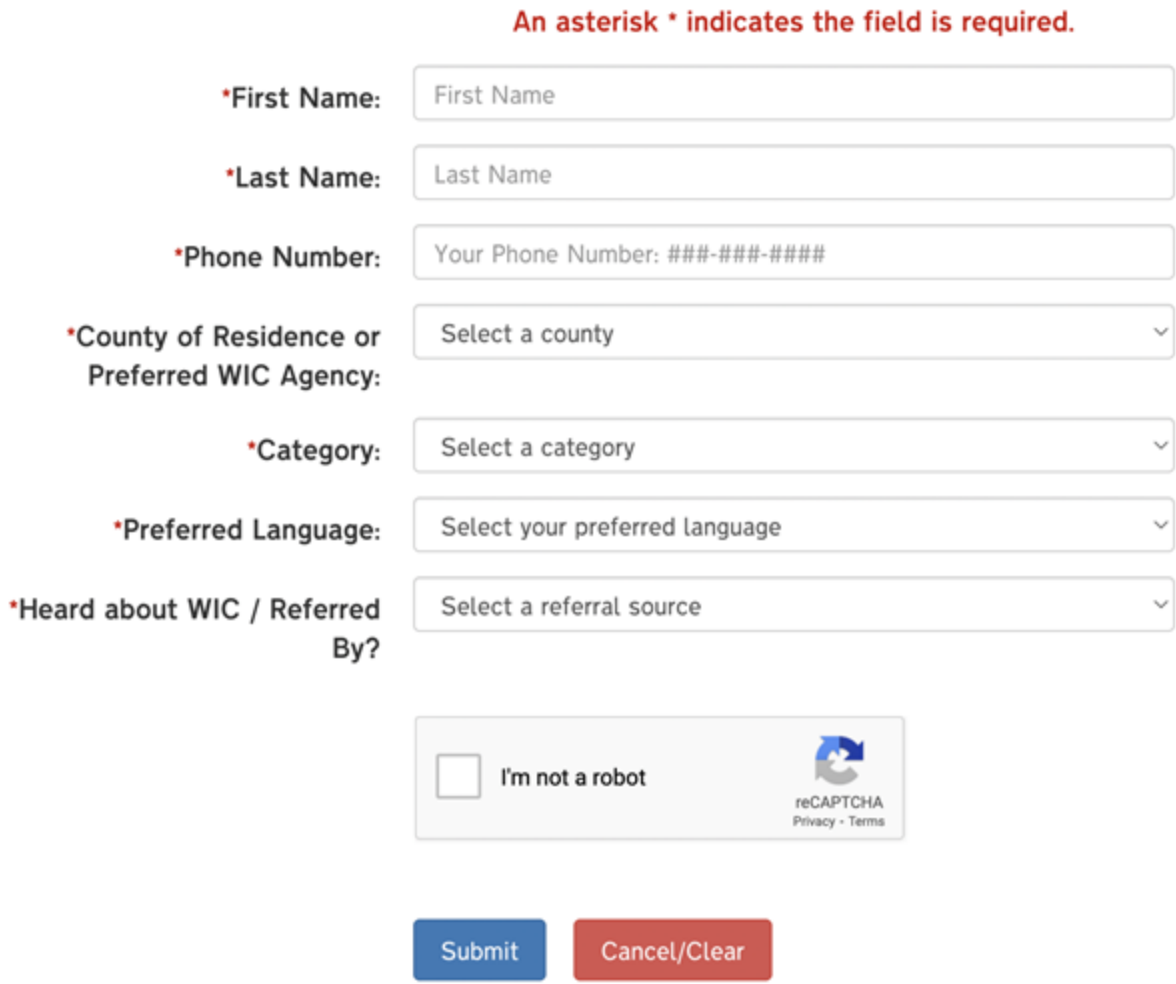
Medicaid families are **automatically eligible** for WIC, but **not** automatically enrolled.

Make a direct referral using the online referral portal and save families time by sharing medical information.

Families can **use Medicaid cards** as proof of ID, income, and residence for WIC applications.

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North Carolina WIC Families - Referral Form



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CLICK to CLEAR FORM

North Carolina Department of Health and Human Services
Division of Public Health
Women's and Children's Health Section
Nutrition Services Branch • WIC Program

WIC PROGRAM EXCHANGE OF INFORMATION: Infants and Children

Name of Client: _____ **Date of Birth:** _____

I authorize the exchange of the information below between the WIC Program and my child's Health Care Provider.
Parent's/Caretaker's
Signature: _____

Date: _____

RETURN COMPLETED FORM TO:

Local WIC Agency / Address / Phone Number

Needs guardian's signature to authorize data sharing

The following information is to be completed by the Health Care Provider.

1. Client is insured through (check one): ☐ Medicaid ☐ Other ☐ No health insurance
2. Document if client is ≤ 24 months of age: Birth Weight _____ Birth Length _____ Weeks Gestation _____
3. Enter date and results of ***most recent*** measurements / tests:

   Date: _____ Weight: _____

   Date: _____ Recumbent Length: _____ or Standing Height: _____

   Date: _____ Hemoglobin: _____ or Hematocrit: _____

   Date: _____ Blood Lead: _____ or ☐ Results not yet available

What barriers to access do families face?

Barrier: **Learning to shop** with WIC benefits can be confusing.

You can help:
Use online list to find retailers that accept WIC vouchers, **NOT** the online tool.

Refer to the WIC shopping guide document.

Help families use the Bnft® WIC shopping app.

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WIC-approved products are usually noted in grocery stores with special tags on the shelves.

NCDHHS
Division of Public Health

Search

NC DHHS NC.GOV AGENCIES JOBS SERVICES

Home About Breastfeeding Promotion And Support Child And Adult Care Food Program WIC Program Contacts

DHHS » DPH » NSB » Women, Infants, and Children (WIC) » WIC Grocers and Free-standing Pharmacies

WIC Program: WIC Groc[illegible]nd Free-standing Pharmacies

NORTH CAROLINA

Online tool for finding WIC retailers is not currently working.

Enter a zip code to search for grocery s[illegible] free-standi[illegible]our area that accept WIC. Free-standing pharmacies can only transact food benefits issued for exemp[illegible]rmula and W[illegible]itionals. You can also download/view this information as a PDF file.

Ent[illegible] #####

Search Clear

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Use online table of WIC retailers instead:

https://www.nutritionnc.com/wic/pdf/covid-19/NC-Active-WIC-Vendors.pdf

NORTH CAROLINA AUTHORIZED WIC VENDORS

ZIP CODE	CITY	VENDOR NAME	ADDRESS	AREA CODE	PHONE NUMBER
28315	Aberdeen	Food Lion #0353	1680 NC Hwy 5, Ste 90	910	295-1031
28315	Aberdeen	Wal-Mart Supercenter #1097	250 Turner St.	910	695-1255
28315	Aberdeen	Harris Teeter #029	1804 Center Park	910	692-7029
28315	Aberdeen	Food Lion #0834	1832 N. Sandhills Blvd.	910	693-1925
27006	Advance	CVS Pharmacy #5379	110 NC Highway 801 North	336	940-6870
27006	Advance	Food Lion #1359	5285 US Hwy 158	336	998-1678
27910	Ahoskie	Wal-Mart Supercenter #1950	2150 Hwy 13 S.	252	332-7773
27910	Ahoskie	Ahoskie Market	710 N. Academy St	252	332-3368
27910	Ahoskie	Food Lion #0527	1498 E. Memorial Dr.	252	332-5255
27910	Ahoskie	Piggly Wiggly #89	1007 E. Memorial Dr.	252	332-6265
27910	Ahoskie	Drugco Discount Pharmacy	312 S. Academy St.	252	332-4101
28001	Albemarle	Ingles #100	636 NC 24 27 Byp E #1	704	982-4645
28001	Albemarle	Food Lion #0030	833 Hwy 24-27 Bypass East	704	982-5817
28001	Albemarle	Food Lion #0251	2000 US Hwy 52 N	704	983-6170
28001	Albemarle	Harris Teeter #078	817 N First St	704	983-6986

Family Navigators should review the WIC shopping guide available online from DHHS. Lots of helpful insight!

http://www.nutritionnc.com/ewic/docs/NC-WIC-ProgramShoppingGuide-English-2020.pdf

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June 2020

WIC NORTH CAROLINA

NC eWIC

HEALTHY FOODS SHOPPING GUIDE



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Cash Value Benefits

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Juice

Single Strength Juice 8

Juice Concentrate 12

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TIPS Shopping with NC eWIC

- ❑ At the check-out: ALWAYS **swipe your eWIC card first** followed by FNS benefits, cash, and credit/debit payment.

With permission from the WIC participant, other family members can shop using the NC eWIC card.

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PROTEIN • Peanut Butter

Approved

- ✓ 16-18 oz containers.
- ✓ Natural or organic peanut butter.
- ✓ Less-sugar varieties.
- ✓ Lower-sodium, sodium-free or salt-free varieties.
- ✓ Plain, creamy, crunchy, or chunky.
- ✓ Reduced-fat varieties.

Not Approved

- × Freshly-ground peanut butter.
- × Peanut butter combinations (jelly, chocolate, marshmallow).
- × Peanut butter spread.
- × Peanut butter with artificial sweeteners.
- × Peanut butter with DHA-ARA and/or omega-3 fats.

Select from these brands

Always Save

❑ Creamy ❑ Crunchy

Avenue A

❑ Creamy
❑ Creamy Reduced Sugar
❑ Crunchy
❑ Natural No Salt Added Creamy

Crazy Richard's

❑ Creamy
❑ Creamy Reduced Sugar
❑ Crunchy
❑ Natural No Salt Added Creamy

Essential Everyday

❑ Creamy

Freedom's Choice

❑ Creamy
❑ Creamy Reduced Sugar
❑ Crunchy
❑ Natural No Salt Added Creamy

Full Circle Market

❑ Organic Creamy

❑ Creamy

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Check your Benefit Balance

- ❑ Keep your last store receipt.
- ❑ Log on to www.mybnft.com.
- ❑ Call eWIC Customer Service at (844) 230-0813.
- ❑ Check the Bnft® App.
- ❑ The Bnft® App gives families access to many benefit and account details.
- ❑ The Bnft® App can be added to **multiple devices** to give families access to benefit and account details.

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What to know:
Infant formula shortage and breastfeeding support

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Ask families how they are doing!

Are you finding formula?

How are you preparing formula?

Avoid **dangerous practices**.

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Formula Dos and Dont's

Learn more at www.ncdhhs.gov/formula

DO

- Use different formula than you normally use.
- Talk with your health care provider about what is safe for your baby.
- Contact community orgs for help and support.

DON'T

- Water down formula.
- Try to make formula at home.
- Use toddler formula for younger babies.

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Help families find **equivalent formula brands** and **connect with WIC** for voucher updates and formula orders.

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Infant Formula Choices (May 2022)

www.ncdhhs.gov/formula

If you normally buy a standard milk-based formula like these, you have many options.

Gerber Good Start Gentle



Similac Advance



Enfamil Infant Formula



Your baby can use most types of milk-based infant formula. These formulas are generally safely interchangeable. Generic and store brand formulas are good choices.

 Earth's Best Organic	 Gerber Good Start Gentle Supreme	 Enfamil NeuroPro Gentlease	 Gerber Good Start SoothePro	 Similac Sensitive
 Enfamil AR	 Enfamil NeuroPro Sensitive Infant Formula	 Similac 360 Total Care Sensitive	 Similac Pro-Sensitive	 Similac For Spit Up

- CVS Advantage Infant Formula with Iron
- CVS Health Complete Comfort
- CVS Health Sensitivity
- Enfamil Enspire
- Enfamil Enspire Gentlease
- Enfamil NeuroPro Infant
- Enfamil Reguline
- Enfamil Simply Organic
- Kirkland Signature ProCare
- Little Journey Advantage Baby Formula
- Little Journey Sensitivity
- Mama Bear Advantage Infant Formula with Iron
- Mama Bear Sensitivity
- Member's Mark Advantage Infant formula with Iron
- Member's Mark Gentle
- Member's Mark Infant formula with Iron
- Member's Mark Sensitivity
- Parent's Choice Complete Comfort
- Parent's Choice Sensitivity Infant Formula
- Parent's Choice Advantage Infant Formula Milk based with Iron
- Parent's Choice Gentle Infant Formula
- Parent's Choice Infant Formula Milk based with Iron
- Parent's Choice Tender Infant Formula Milk based with Iron
- Similac 360 Total Care
- Similac Organic
- Similac Pro Total Comfort RTF
- Similac Pro-Advance
- Up & Up Advantage Infant Milk based with Iron
- Up & Up Complete Comfort
- Up & Up Gentle Infant Formula
- Up & Up Infant Milk based with Iron
- Up & Up Sensitivity
- Well Beginning Sensitivity Baby Formula
- Well Beginnings Advantage with Iron
- Well Beginnings Gentle

Store brand formulas can be a helpful option.

NC WIC has new options for supporting families. **Families now have more options for the type of formula that they can buy using their WIC benefits/food package**. Families should call their local WIC clinic for more information or use the Bnft App to scan barcodes and find approved products.

For the latest updates, visit ncdhhs.gov/formula

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WIC Temporary Formula Options (June 2022)

www.ncdhhs.gov/formula

TO CALCULATE YOUR WIC BENEFITS WITH ADDITIONAL AVAILABLE SIZES:
ONE CAN = any can smaller than 28 oz. | TWO CANS = any can greater than 28 oz.

WIC Contract Formula



Gerber Good Start Gentle Powder

Available in 12.7 oz, 20 oz, 32 oz

ADDITIONAL TEMPORARY FORMULA OPTIONS WHEN GERBER PRODUCTS ARE NOT AVAILABLE

 Similac Advance Powder 12.4 oz, 30.8 oz	 Earth's Best Organic Infant Formula 21 oz, 32 oz	 Enfamil Infant Powder 12.5 oz, 21.1 oz, 29.4 oz	 Enfamil Enspire Powder 20.5 oz, 27.4 oz, 30 oz	 Enfamil NeuroPro Infant Powder 20.7 oz
 Enfamil Reguline Powder 12.4 oz, 19.5 oz	 Parent's Choice Advantage 12.4 oz, 23.2 oz, 36 oz	 Parent's Choice Infant 12.5 oz, 22.2 oz, 36 oz	 Enfamil NeuroPro Powder 28.3 oz, 31.4 oz	 Similac 360 Total Care Powder 30.8 oz
 Similac Pro-Advance Powder 30.8 oz	 UP & UP Advantage Powder 23.2 oz	 UP & UP Infant Powder 19.8 oz, 22.2 oz	 NAN 1 Pro Infant Powder 12.7 oz, 28.2 oz	 Gerber Good Start Gentle Supreme A2 20 oz



Gerber Good Start SoothePro Powder

Available in 12.4 oz, 19.4 oz, 30.6 oz

ADDITIONAL TEMPORARY FORMULA OPTIONS WHEN GERBER PRODUCTS ARE NOT AVAILABLE

 Enfamil Gentlease Powder 12.4 oz, 19.9 oz, 27.7 oz	 Enfamil NeuroPro Gentlease Powder 19.5 oz, 27.4 oz, 30.4 oz	 Enfamil Enspire Gentlease Powder 29.0 oz	 Similac Total Comfort Powder 12.6 oz	 Similac PRO-Total Comfort Powder 29.8 oz
 Parent's Choice Gentle Powder 12 oz, 21.5 oz, 34 oz	 Parent's Choice Complete Comfort 22.5 oz, 29.8 oz	 Up & Up Gentle Powder 21.5 oz	 Earth's Best Organic Sensitivity 23.2 oz, 35 oz	 Earth's Best Organic Gentle 23.2 oz
 Similac Sensitive Powder 12.5 oz, 29.8 oz	 Similac Pro Sensitive Powder 29.8 oz	 Similac 360 Total Care Sensitive Powder 30.2 oz	 Enfamil NeuroPro Sensitive Powder 29.4 oz	 Parent's Choice Sensitive 12.0 oz



Gerber Good Start Soy Powder

Available in 12.9 oz, 20 oz

ADDITIONAL TEMPORARY FORMULA OPTIONS WHEN GERBER PRODUCTS ARE NOT AVAILABLE

			
Similac Soy Isomil Powder **12.4 oz**	**Enfamil ProSobee Powder** **12.9 oz, 20.9 oz**	**Parent's Choice Soy Infant Formula** **22 oz**	**UP & UP Soy Infant Formula** **36 oz**

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SPECIALTY FORMULA PRESCRIPTIONS IN WIC

For infants on specialty formula, providers can now prescribe more than one formula option in the FORMULA/PRODUCT section.

This will allow WIC families more options at point of purchase depending on what is available



North Carolina Department of Health and Human Services
Division of Public Health/Women's and Children's Health Section/Nutrition Services Branch

WIC Program Medical Documentation
Infant (Birth to 12 Months of Age)

The WIC Program promotes breastfeeding for infants the first year of life and beyond and actively supports the American Academy of Pediatrics' Statement on Breastfeeding and the Use of Human Milk.

A written prescription is required for an infant who uses a formula/product other than a North Carolina WIC contract milk- or soy-based infant formula. Prescription is subject to WIC approval and provision based on program policy and procedures.

Please complete all sections (A-D) for all prescriptions.

A. PARTICIPANT INFORMATION

Participant's name:	**DOB:**
Medical condition(s) indicating need for prescribed product:	

B. FORMULA/PRODUCT

Formula/product prescribed:
Amount prescribed per day:
Special instructions for preparation or dilution:
Duration of prescription (limited to 12 months of age):

C. SUPPLEMENTAL FOODS

Beginning at six months of age through the 11th month of age, WIC supplemental foods are available in addition to the prescribed formula. Please indicate which foods this infant should not receive for the duration of this prescription.

☐ No Infant Cereal ☐ No Infant Fruits or Vegetables

D. HEALTH CARE PROVIDER INFORMATION

Signature of health care provider:		
Provider's name (please print):		
Medical office/clinic (include address):		
Phone #:	**Fax #:**	**Date:**

Contact your local WIC program for information on formulas allowed.

SPECIALTY FORMULA PRESCRIPTIONS IN WIC

A. PARTICIPANT INFORMATION

Participant's name:	**DOB:**
Medical condition(s) indicating need for prescribed product: milk and soy protein allergy	

B. FORMULA/PRODUCT

Formula/product prescribed: Nutramigen w/ Enflora LGG, Alimentum, Gerber HA	

What to know:
Infant formula shortage & Breastfeeding support

Support breastfeeding families

- Work Well NC has templates for letters of support that Family Navigators can complete to inform a parent's employer of their need to breastfeed and their workplace rights

- Some NC Medicaid Managed Care Health Plans cover **breast pumps** and have other financial perks for expecting parents.

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Sample Letter from Peer Counselor, Lay Leader, Community Health Worker, etc. about Supporting Employee

Dear Employer:

I am writing on behalf of _____ *[Mother's Name]* as her _____ *[fill in the blank: peer counselor, lay leader, community health worker, etc.]*. She will soon be returning to work at your facility and has been

Because of the profound impact breastfeeding has in improving the health of both infants and mothers, supporting mothers to express their milk while at work is now required by law. The U.S. Fair Labor Standards Act (FLSA), amended in March 2010, requires employers to provide reasonable time and a private space that is not a bathroom for nonexempt (hourly), breastfeeding employees to express milk during the work period.* Most mothers use a breast pump to express their milk efficiently. These provisions are simple and have two basic components:

- **Reasonable time** to express milk at work. This time can be unpaid. If the employee is taking breaks already provided by the company, her breaks would be compensated in the same way they are for other employees.
- **A private space** that is not a bathroom where she can express milk in privacy without intrusion from co-workers or the public.

Some NC Medicaid Managed Care plans provide free electric breast pumps to all mothers. See June 2023 document from DHHS for more details (link in notes, excerpts on following slides).

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HealthyBlue

Blue Cross Blue Shield partners with EdgePark to process electric breast pump requests. Members can order covered breast pumps directly from Edgepark without prior authorization for consumer grade pumps.

EdgePark
www.edgeparkbreastpumps.com/order
(855) 504-2099
Monday - Friday, 8:00 AM to 9:00 PM Eastern

Additional Support: Healthy Blue offers an "Extras for new moms" option that includes a Breastfeeding Support Kit, which includes an infant support nursing pillow, washable nursing pads, a nursing cover and educational brochures. Expecting parents should call member services to request these benefits. There is also a Safe Sleeping Kit, which includes infant sleep guidelines and educational brochures, a Halo sleepsack and a Soothie pacifier.

www.choosehealthyblue.com
Member services: (844) 594-5070
Monday - Saturday, 7 AM to 6 PM Eastern

United Healthcare	United Healthcare provides free breast pumps for any pregnant or postpartum mom who does not qualify for a breast pump through WIC (available for women beginning at 36 weeks gestation and up to one year postpartum). United Healthcare partners with Aeroflow to process electric breast pump requests. Aeroflow offers a selection of Ameda, Lansinoh, Evenflo, Medela, Motif and Spectra breast pumps. **Aeroflow** https://aeroflowbreastpumps.com/qualify-through-insurance To submit an online request, families will have to provide an email address. 1-844-867-9890 Monday - Friday, 8:00 AM - 5:30 PM **Additional Support:** Insurance-covered postpartum support, including maternity compression items, mattress covers and pillow protectors, is also offered. Families who complete requests using the Aeroflow website will be presented with a list of items covered by their health insurance plan. www.uhccommunityplan.com/nc/medicaid/medicaid-uhc-community-plan Member services: 1-800-349-1855 **Aeroflow** https://aeroflowbreastpumps.com/ 1-844-867-9890 Monday - Friday, 8:00 AM - 5:30 PM

AmeriHealth

AmeriHealth is currently working to add breast pump coverage as a value added service as soon as possible.

In the meantime, they cover medically necessary breast pumps under Durable Medical Equipment (DME) benefit. Members should contact their health care provider to assist with ordering a pump and meeting prior authorizations.

AmeriHealth Caritas NC members who have questions or need assistance with breastfeeding or pumping, or obtaining breast pumps through WIC, should contact our Brightstart team available to support expectant and new moms at 1-833-475-2262.

Carolina Complete Health	Carolina Complete Health offers a Start Smart for Your Baby® program for members that includes resources for breastfeeding and infant nutrition. In addition, eligible members can receive a breast pump and infant car seat through Carolina Complete Health's Value-Added Services. Visit www.carolinacompletehealth.com/members/medicaid/resources/vas/new-mothers.html

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Carolina Complete Health	Carolina Complete Health offers a Start Smart for Your Baby® program for members that includes resources for breastfeeding and infant nutrition. In addition, eligible members can receive a breast pump and infant car seat through Carolina Complete Health's Value-Added Services. Visit www.carolinacompletehealth.com/members/medicaid/resources/vas/new-mothers.html

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WellCare	Well Care will provide an electric breast pump to a pregnant or new parent if the parent was denied a breast pump through WIC. To request a breast pump, families or care managers can contact Customer Service by calling 866-799-5319. Primary care providers can send a prescription for a breast pump to an in-network medical equipment vendor. Any WellCare covered member with questions related to breastfeeding may call the nurse advice line 24x7 for support at 800-919-8807. Any WellCare covered member with questions or concerns related to breastfeeding, pumping and storage of milk may contact Care Coordination by calling 833-298-4301 and ask to speak with maternity. If you have any questions related to formula conversion or are having difficulty obtaining formula, please contact Care Coordination for additional assistance: 833-298-4301 and ask to speak with maternity. If you are in need of assistance in finding a community-based partner for hands-on support for breastfeeding barriers, please contact Care Coordination by calling 833-298-4301 and ask to speak with maternity. www.wellcarenc.com/members/medicaid.html Request a breast pump: 1-866-799-5319

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Medicaid Direct	If you are covered under Medicaid Direct, breast pumps could be considered under Durable Medical Equipment (DME) services with a medical necessity review. However, Medicaid is currently assessing this policy.

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Accessing Breastfeeding Support Through WIC

The North Carolina WIC program supports families in determining and achieving their infant feeding goals. Families enrolled in WIC can receive information and education about breastfeeding through trained local agency staff, WIC Breastfeeding Peer Counseling program services and their local WIC agency's breastfeeding support phone line.

Local WIC agencies also provide breast pumps to participants who need them following an assessment by trained staff. WIC staff ensure that the participant receives the appropriate breast pump for their situation and educate on the use and care of the pumps.

The following breast pumps are available to WIC Program participants:

- Single-user manual pumps: ideal for occasional separation or short-term breastfeeding issues, such as engorgement or weaning
- Single-user double electric pumps: ideal for a parent who is maintaining their milk supply or is only using the pump intermittently (such as during the work day)
- Multi-user double electric pumps (loaned breastfeeding supply): ideal for a parent who is establishing their supply and the baby is not able to feed at the breast

Contact your local WIC agency to learn more about how they can support you.

Kristen Moore



NC InCK Integration Consultant
Healthy Blue

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PHPs, CINs and Food Insecurity

AmeriHealth

Mom's Meals available for post discharge, 14 home delivered meals (2 meals per day for 7 days) for qualifying members:

- new mothers post discharge who are diagnosed with a SUD and who are not yet engaged in a recovery program or who do not qualify for a recovery program;
- members from ages 21 through 64 who are diagnosed with diabetes or heart disease.

Send referrals for food to **NCCARE360** and/or local resources through **Findhelp.org**

Healthy Blue

Three months of Fresh Fruits and Vegetables up to ($120 value) , must have a diagnosis of diabetes or obesity.

Send referrals for food to **NCCARE360** or **Foodpantries.org**

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PHPs, CINs and Food Insecurity

Carolina Complete Health

My Healthy Balance assists families up to $120 with healthy food for a family.

WellCare

Send referrals for food to food pantries.

United HealthCare

Mom's Meals provides 14 prepared home delivered meals for members being discharged from an acute care hospital who are deemed eligible based on clinical criteria.

- Must meet at least 2 or more qualifications and currently be engaged in LTSS or WPC Care Management.
- Must have presence of chronic disease (Ex: diabetes, COPD), underweight, obesity, depression or other BH issues impacting self care, IADL dependency prior to admission or present at discharge, food insecurity/mobility issues, special diet ordered on discharge instructions or **use of clinical judgement.**

Send referrals for food to **NCCARE360**

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PHPs, CINs and Food Insecurity

CCNC

Send referrals for food to local resources.

Duke

Send referrals for food to **NCCARE360**

UNC

Send referrals for food to local resources, Community Health and PHP's.

Reflection & Wrapping up

- Something I learned today
- Something I want to remember as I move forward working with families
- A question I'm still wondering/something I want to know more about

A Look Ahead

Mondays and Thursdays 10-11am through August

- **NC InCK Office Hours**
  - **Invites sent by Brie Hardy**

Thursday July 14, 2022; 12 pm-1:30pm:

- **NC InCK Integrated Care Rounds – Behavioral Health**
  - **Invites sent by Sarah Allin**

Thursday August 11, 2022; 12-1:30pm:

- **NC Echo Series- Engaging Members; Tips, Successes, Challenges, & Practice**
  - ***Calendar invites will be sent closer to this date***

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Appendix

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Address **fear** as a potential barrier to access. Understand how **immigration concerns** may affect families looking for food support.

- Review the recent history and current status of "public charge" policies.

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Address **fear** as a potential barrier to access. Understand how **immigration concerns** may affect families looking for food support.

- Review the recent history and current status of "public charge" policies. Read pages 11-13 of the written guide.



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Participation in the following programs will **NOT** affect an individual's immigration status or immigration application:

Medicaid	free or reduced-price school lunches
SNAP	food banks or shelters
WIC	Earned Income Tax Credit (EITC)
P-EBT	Child Tax Credits
	stimulus checks from the IRS.

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Address **fear** as a potential barrier to access. Understand how **immigration concerns** may affect families looking for food support.

- Review the recent history and current status of "public charge" policies.

- Have relevant information, in multiple languages, to share with families.

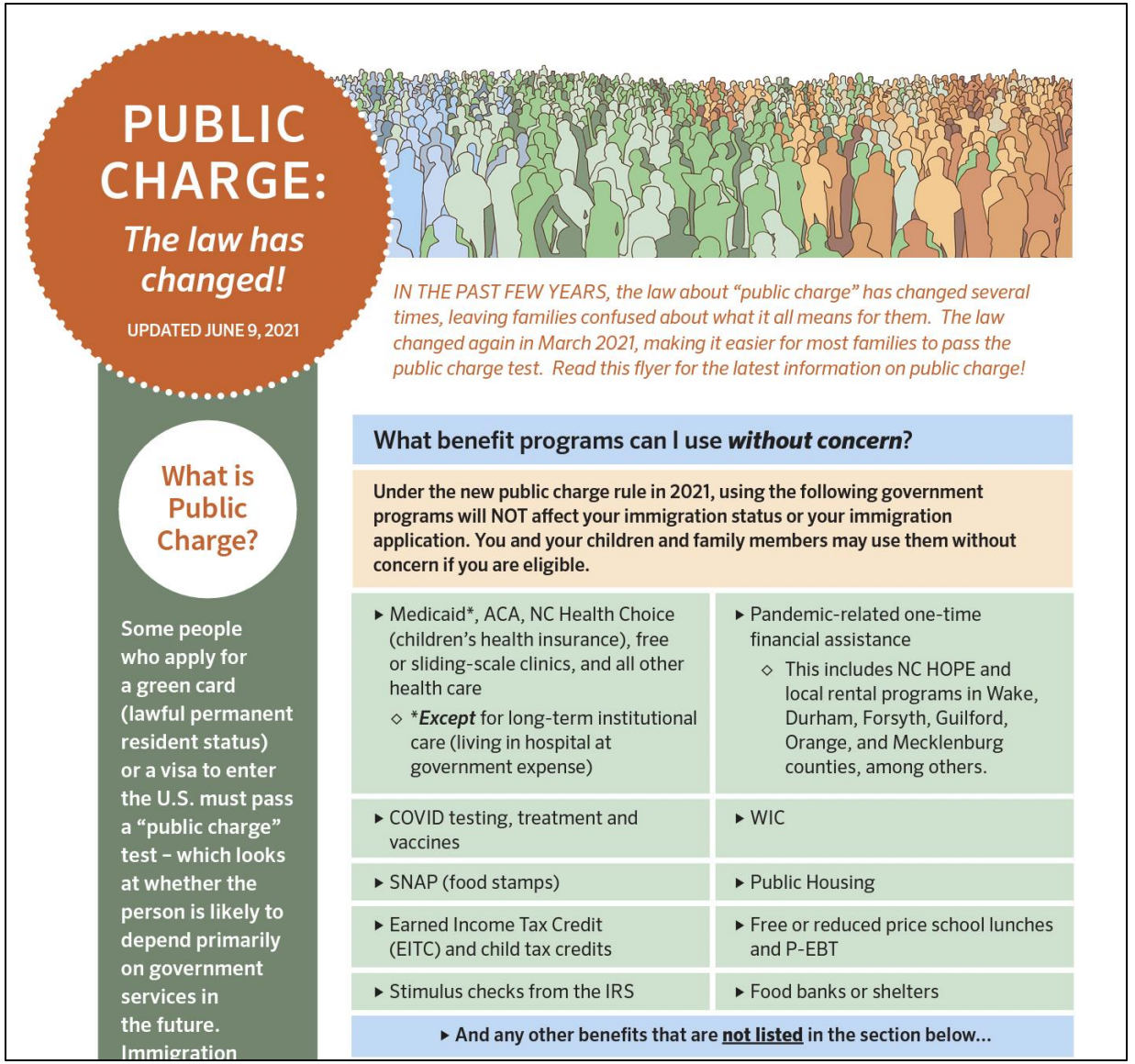
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north carolina JUSTICE CENTER

ncjustice.org/publications/public-charge-the-law-has-changed/

2-page flyer

Available in 5 languages



PUBLIC CHARGE:

The law has changed!

UPDATED JUNE 9, 2021

IN THE PAST FEW YEARS, the law about "public charge" has changed several times, leaving families confused about what it all means for them. The law changed again in March 2021, making it easier for most families to pass the public charge test. Read this flyer for the latest information on public charge!

What is Public Charge?

Some people who apply for a green card (lawful permanent resident status) or a visa to enter the U.S. must pass a "public charge" test – which looks at whether the person is likely to depend primarily on government services in the future. Immigration

What benefit programs can I use *without concern*?

Under the new public charge rule in 2021, using the following government programs will NOT affect your immigration status or your immigration application. You and your children and family members may use them without concern if you are eligible.

- ▸ Medicaid*, ACA, NC Health Choice (children's health insurance), free or sliding-scale clinics, and all other health care
  - ◇ ***Except*** for long-term institutional care (living in hospital at government expense)
- ▸ Pandemic-related one-time financial assistance
  - ◇ This includes NC HOPE and local rental programs in Wake, Durham, Forsyth, Guilford, Orange, and Mecklenburg counties, among others.
- ▸ COVID testing, treatment and vaccines
- ▸ WIC
- ▸ SNAP (food stamps)
- ▸ Public Housing
- ▸ Earned Income Tax Credit (EITC) and child tax credits
- ▸ Free or reduced price school lunches and P-EBT
- ▸ Stimulus checks from the IRS
- ▸ Food banks or shelters

▸ **And any other benefits that are <u>not listed</u> in the section below...**

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Address **fear** as a potential barrier to access. Understand how **immigration concerns** may affect families looking for food support.

- Review the recent history and current status of "public charge" policies.

- Have relevant information, in multiple languages, to share with families.

- Know which food pantries do not require ID.

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11.0 Resource Highlight: Selected Local Support Resources

Duke Memorial United Methodist West End Mobile Market	Phone: (919) 683-3467 Email: mobilemarket-leaders@dukememorial.org Karalyn Colopy, Email: karalyncolopy@gmail.com	Every third Saturday of the month, 10:30 AM-12:30PM	**What to bring:** No documentation is required. **You receive:** The available food is pre-sorted into household boxes by volunteers. Typically bags include a mix of fresh produce and dry goods. Occasionally, there is meat available. **Who is eligible for services?** Anyone can receive food and all are welcome

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