NC InCK

NC INTEGRATED CARE FOR KIDS

Integrated Care Round: Adolescent Engagement and Well-Being

August 10, 2023: 12:00-1:30 PM

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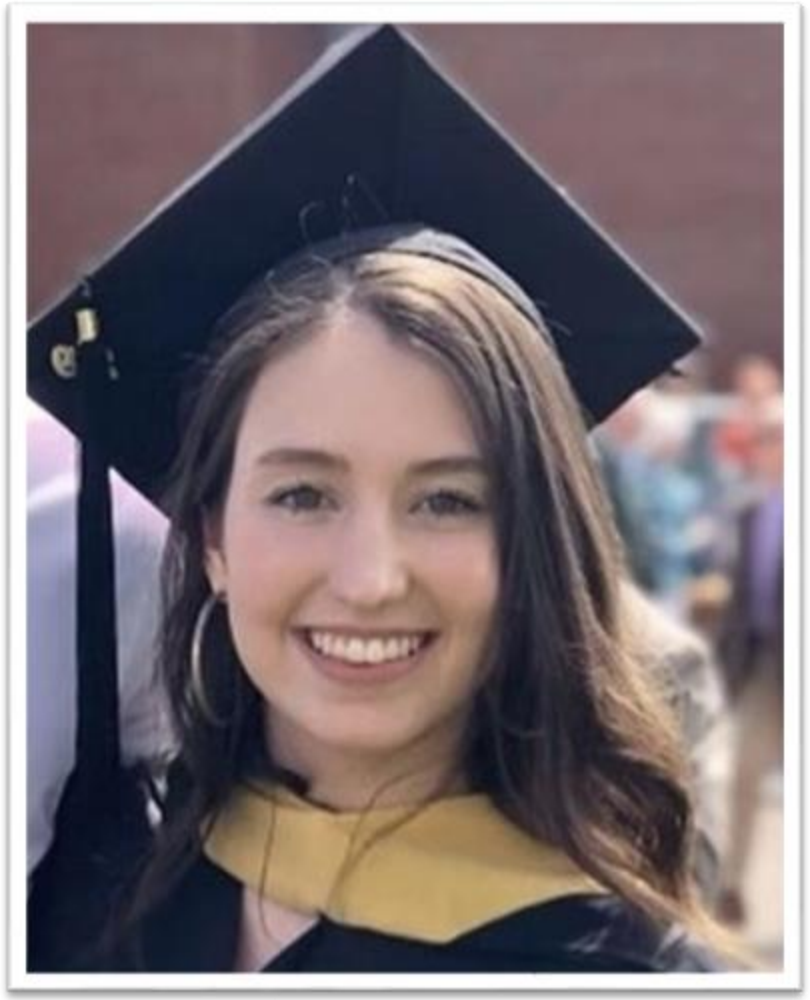
Agenda

1. Clapper!
2. Why Adolescent Health and Well-Being?
3. Youth Council: A conversation with Nasir Noel
4. Navigating Vaping: Challenges, Resources, and Education
5. Engaging Adolescents and Young Adults in their Own Care
6. NC InCK Referrals: Working with Juvenile Court Counselors and JJ involved youth and families
7. A Look Ahead

Clapper!

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Hannah Allyn (CCNC)



Prior to her work with CCNC, She worked with the State of Vermont Children with Special Health Needs department and transitioned to a role with a local hospice care provider when she moved back to NC. Hannah has been with CCNC in a care management role for 4 years this upcoming November. She chose to move to a role with NC InCK because of her passion for supporting children and their caregivers. She really enjoys how NC InCK helps to foster a long term supportive relationship between the member/caregiver and the care manager. Hannah shared that she loves learning about all of the resources available for families and she is always open to suggestions.

Hannah has been a great addition to the NC InCK team as a FN she works hard to connect with families. She has shared very thorough updates on members with me and also tries her hardest to reach UTR members! Thank you, Hannah and this clapper goes to you!

Anna Czerniak (CCH)



Anna is:

- Wonderful
- Adaptable
- Easy to work with
- Not afraid to ask questions if she is uncertain

Anna finished her onboarding and started training around the end of October of 2022. The overall orientation was different from our specific department's day-to-day duties as a CM but Anna jumped in and started adapting to these changes. During that time, Anna was learning several of our internal job processes from several Care Managers from our team. In addition, she had to start learning our internal NC InCK workflow process for outreaching members. WOW! To put icing on the cake, Anna received 39 of my transfer cases prior to me transitioning to the IC.

Anna has done a phenomenal job not only providing resources and support to families but making sure that she follows back up with members to see if the resources were useful. Anna provides weekly engagement status on her members and responds timely to manual NC InCK referrals.

"I can tell Anna really believes in the InCK model because she demonstrates through her actions."- Jacinta Mclawhorn, IC

Why Adolescent Health and Well-Being?

Adolescence is a time of rapid growth, development, and change. Adolescents need information, opportunities, and support to navigate this period of their lives.



Nearly 8,000 children ages 10-20 have been elevated for InCK care management. ~6% (465) of these children & youth are currently engaged in care management. Engagement rates decrease with age (e.g. 10% for 10 year olds; 3-4% for 19 & 20 year olds)

Adolescence is a time for young adults to experiment and take risks. Trusted adults can help adolescents take positive risks (taking a new class, getting a new job, learning a new skill) and avoid negative ones (unsafe sex, substance misuse)

"Young people are experts on their own lives." Engaging adolescents in setting goals for their health and their lives more broadly prepares them for adulthood and increases their likelihood of following through on goals

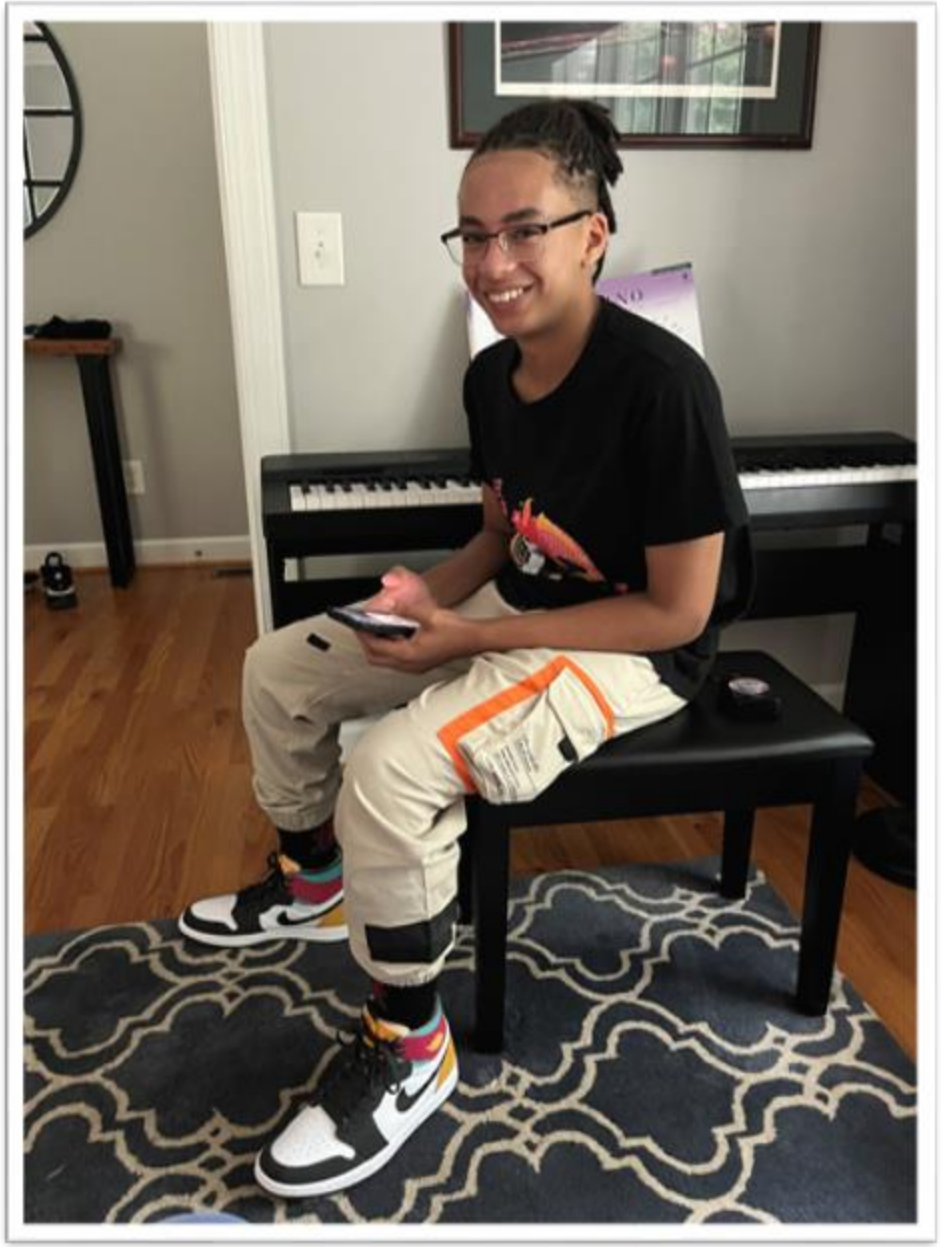
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Youth Council

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Nasir Noel
InCK Youth Council Member

- Rising junior at East Chapel Hill High
- Interests:
  - Piano
  - Digital music composition
  - Math
  - Entrepreneurship & investment



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Discussion Questions

- What are some things that a trusted adult (e.g. a care manager, mentor, teacher) can do to help you/your friends prepare for the transition to adult life (for example: preparing to job-hunt; figuring out options for post-HS; taking charge of your own health care appointments, finances, etc.; searching for housing)?
- What kinds of things make it easier for you to build trust in the adults in your life and work with those adults on achieving your personal goals?

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Navigating Vaping

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Vaping and Nicotine Use Among Adolescents

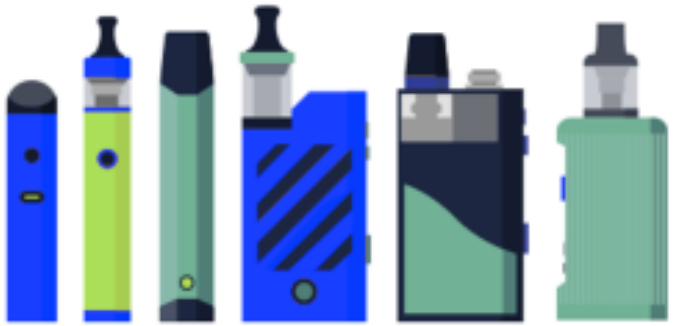


Richard J. Chung MD
Duke University School of Medicine

Combustible	Smokeless	Electronic
 Cigarettes	 Cigars/Cigarillos	 Hookah
 Pipe	 Bidis	 Roll-Your-Own

Combustible	Smokeless	Electronic
 Dissolvable Tobacco		 Nicotine Pouch
 Smokeless Tobacco		 Snus

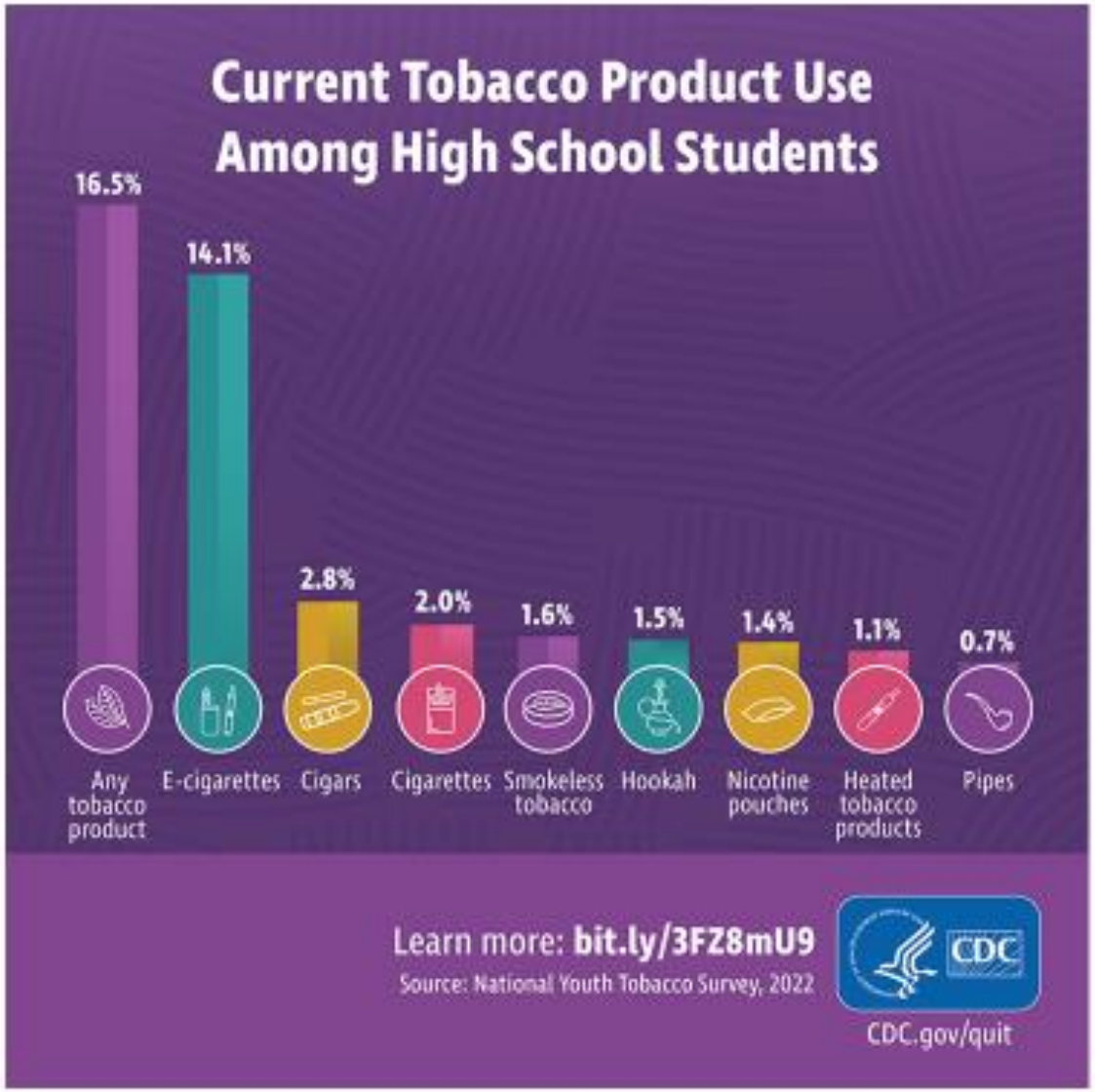
Combustible	Smokeless	Electronic



E-Cigarettes, Vaping Devices



Heated Tobacco Products


Current Tobacco Product Use Among High School Students
16.5%
14.1%
2.8%
2.0%
1.6%
1.5%
1.4%
1.1%
0.7%
Any tobacco product
E-cigarettes
Cigars
Cigarettes
Smokeless tobacco
Hookah
Nicotine pouches
Heated tobacco products
Pipes
Learn more: bit.ly/3FZ8mU9
Source: National Youth Tobacco Survey, 2022
CDC
CDC.gov/quit

Rates of Use

From 2011 to 2020, past 30 day cigarette smoking went down among middle and high school students.

- 1.6% of middle school students in 2020—down from 4.3% in 2011.
- 4.6% of high school students in 2020—down from 15.8% in 2011.

Many youth use two or more tobacco products.

- In 2020, 2.8% of middle school students and 8.2% of high school students reported current use of two or more tobacco products within 30 days.

Gentzke AS, Wang TW, Jamal A, Park-Lee E, Ren C et al. Tobacco Product Use Among Middle and High School Students, United States, 2020. Morbidity and Mortality Weekly Report 2020;69(50);1881–1888 [accessed 2020 Dec 17].

Gentzke AS, Creamer M, Cullen KA, et al. *Vital Signs*: Tobacco Product Use Among Middle and High School Students—United States, 2011–2018. Morbidity and Mortality Weekly Report 2019;68:157–164.

Wang TW, Gentzke A, Sharapova S, Cullen KA, Ambrose BK, Jamal A. Tobacco Product Use Among Middle and High School Students – United States, 2011-2017. Morbidity and Mortality Weekly Report, 2018;67(22):629-33 [accessed 2020 Dec 16].

Wang TW, Gentzke AS, Creamer MR, Cullen KA, Holder-Hayes E et al. Tobacco Product Use and Associated Factors Among Middle and High School Students – United States, 2019. MMWR 2019;68(12): SS 1-22 [accessed 2020 Dec 16].

NYTS
National Youth TOBACCO Survey

2022

More than **3 million**
middle and high school students currently used any tobacco product

Among current youth e-cigarette users:

More than **1 in 4**



used e-cigarettes daily



The most commonly used device type was

disposables

Approximately **85%**



used flavored e-cigarettes

https://digitalmedia.hhs.gov/tobacco/print_materials/CTP-229?locale=en

16.5% of high school students currently used any tobacco product

4.5% of middle school students currently used any tobacco product



Current tobacco product use was higher among:

- **Non-Hispanic American Indian or Alaska Native (AI/AN)** students
- Those identifying as **lesbian, gay or bisexual**
- Those identifying as **transgender**
- Those reporting **severe symptoms of psychological distress**
- Those with **low family affluence**
- Those with **low academic achievement**

About **1 million youth** used any combustible tobacco product. **Non-Hispanic black students** reported the highest percentage of **combustible tobacco product use, including cigar product use.**

https://digitalmedia.hhs.gov/tobacco/print_materials/CTP-229?locale=en

Health Disparities

- The tobacco industry has marketed to specific racial/ethnic groups, LGBTQ+ communities, and young people.
  - e.g., Promoting menthol cigarettes to black communities
  - Resulting tobacco use exacerbates health disparities
- Other structural factors:
  - Geographic distribution of tobacco retail outlets
  - Lack of enforcement of age restrictions
  - Disparities in insurance coverage and tobacco treatment resources
  - The role of other socioeconomic stressors
- ***Be mindful of biases and ensure equitable care.***

Marbin J, Balk SJ, Gribben V, Groner J, AAP Section on Tobacco Control. Health Disparities in Tobacco Use and Exposure: A Structural Competency Approach. *Pediatrics*. doi:10.1542/peds.2020-040253



E-cigarette devices and e-liquids confiscated by 6 N.C. Schools; NC Tobacco Prevention and Control Branch photo 19

The Evolution of E-Cigarette, or Vaping, Products



1st GENERATION

Disposable e-cigarettes



2nd GENERATION

E-cigarette with prefilled or refillable cartridge



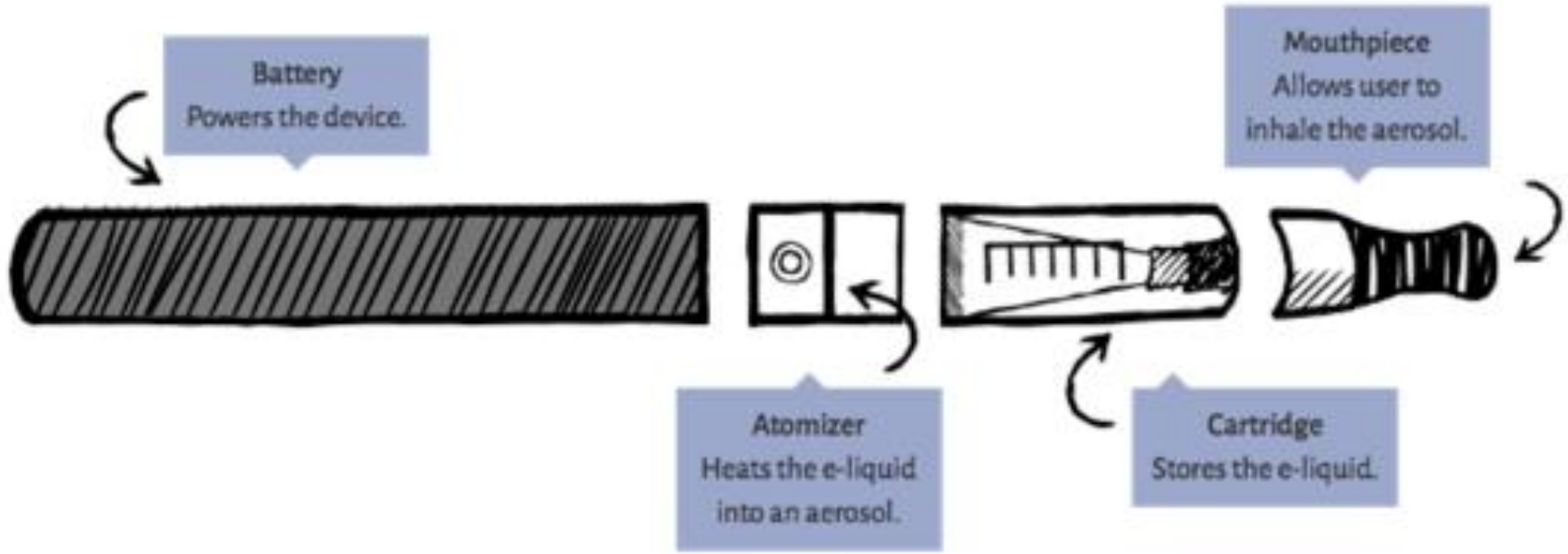
3rd GENERATION

Tanks or Mods (refillable)



4th GENERATION

Pod Mods (prefilled or refillable)


Battery
Powers the device.
Mouthpiece
Allows user to
inhale the aerosol.
Atomizer
Heats the e-liquid
into an aerosol.
Cartridge
Stores the e-liquid.


vuse
vuse
vuse
vuse


JUUL


DEVICE
blu
GRAPHITE
BLACK
Device + USB Charger
blu




PUFF3 BAR
TOBACCO
CUCUMBER
PEACH ICE
BLUEBERRY ICE
CAFE LATTE

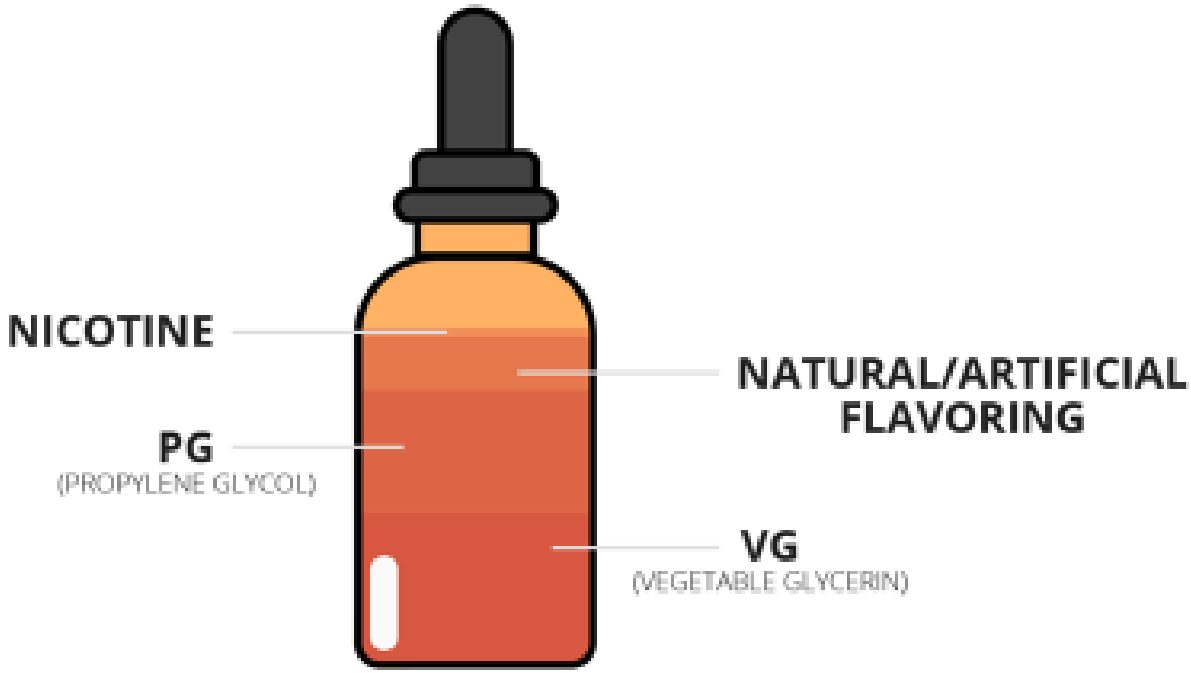

blu
blu
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blu
POLAR MINT


POSH PLUS
Pina Colada
Mango


STIG
MIGHTY MINT
STIG
TROPICAL MANGO
STIG
STIG
VGOD
CUBANO
STIG

THE ANATOMY OF A

E-LIQUID



1 pack of Cigarettes

≈ 20 mg of inhaled nicotine



= **20**

Cigarettes

1 JUUL pod

≈ 41.3 mg of nicotine



= **44**

Cigarettes

1 PHIX pod

≈ 75 mg of nicotine



= **75**

Cigarettes

1 Suorin pod

≈ 90 mg of nicotine



= **90**

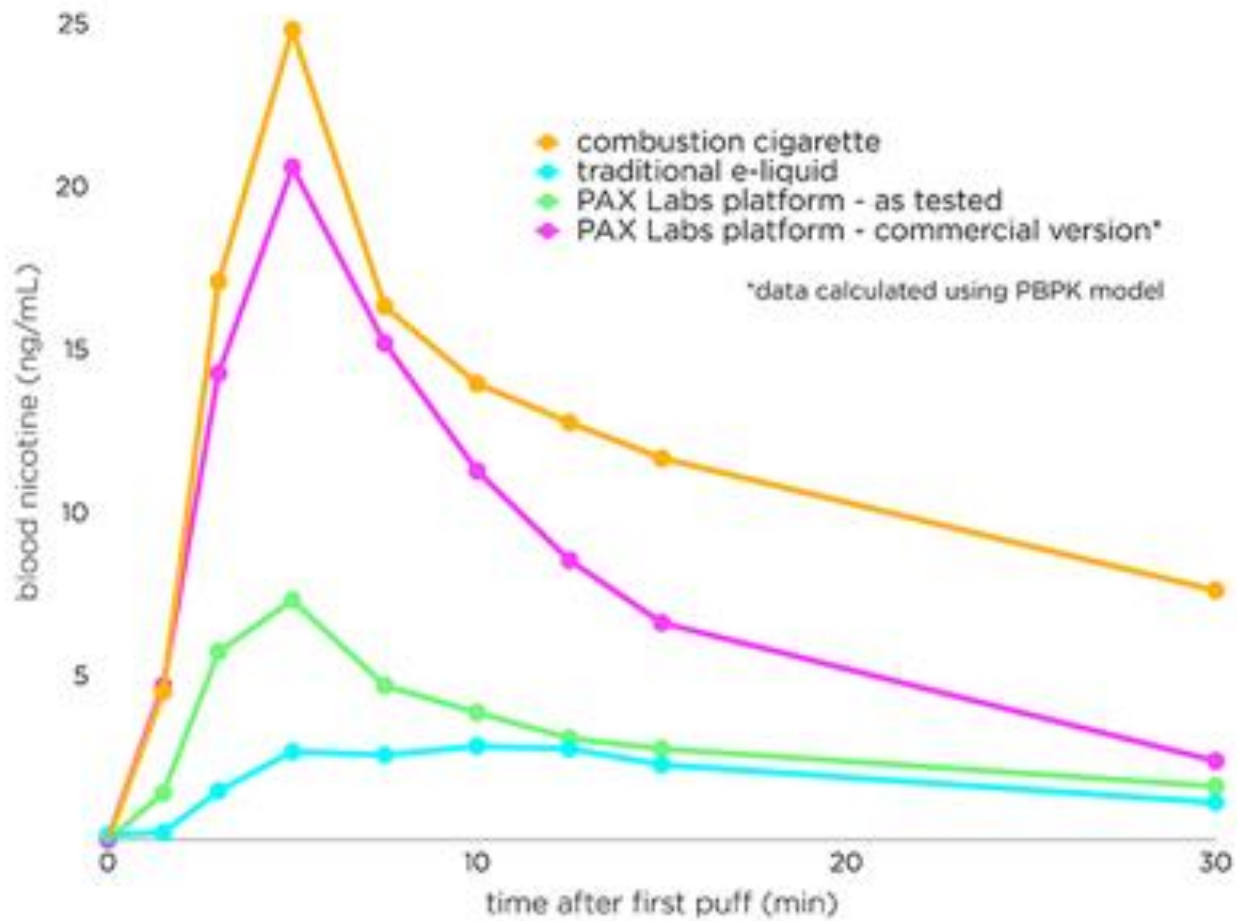
Cigarettes

Nicotine Salts

Nicotine (base) + Benzoic Acid

Smooth on inhalation





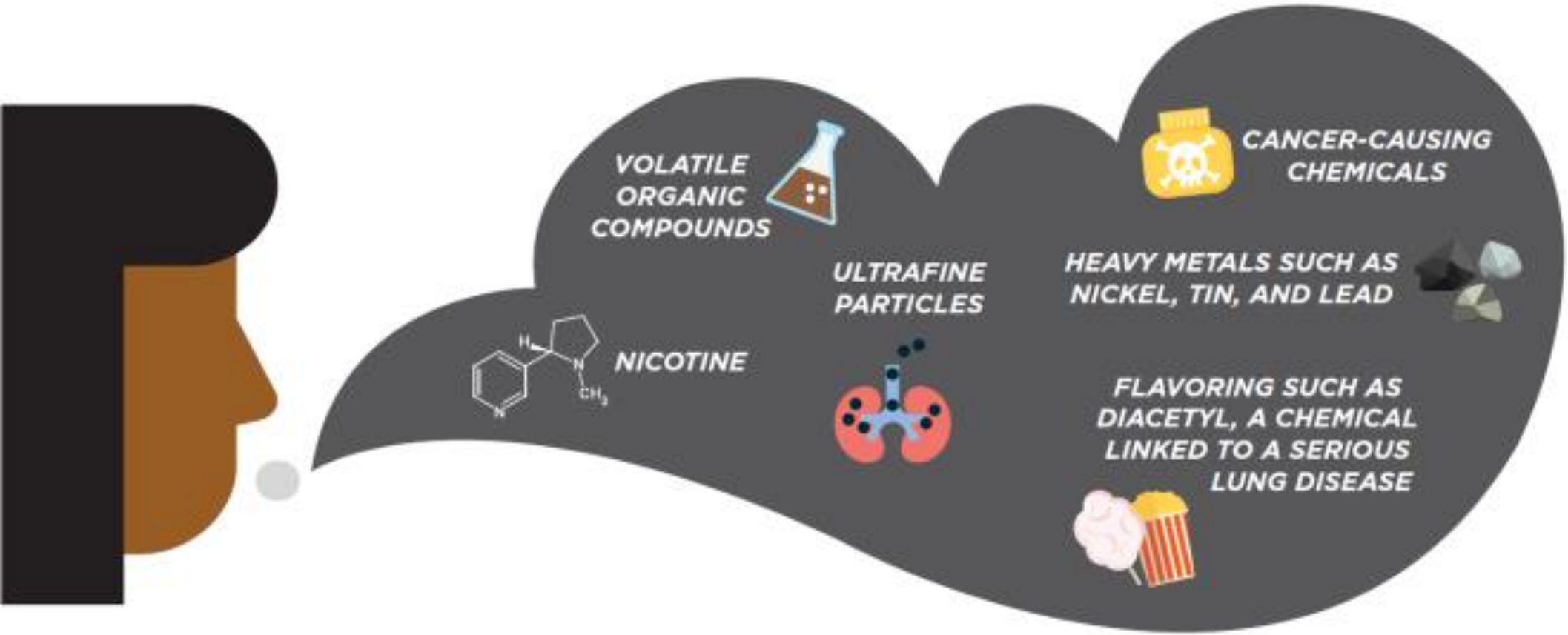
Research On Health Effects

Vaping research is still in early stages – long-term studies evaluating the risks of chronic use are unavailable

- Observational studies have associated vaping with higher incidence of lung and heart disease
- Acute studies suggest tissue damage and compromised blood vessel function
- Most studies are cross-sectional studies and short-term clinical trials

Development of new e-cigarettes has outpaced research

- Most studies have examined first- or second-generation devices, which differ from current devices in power, nicotine strength, and use characteristics


VOLATILE ORGANIC COMPOUNDS
NICOTINE
ULTRAFINE PARTICLES
CANCER-CAUSING CHEMICALS
HEAVY METALS SUCH AS NICKEL, TIN, AND LEAD
FLAVORING SUCH AS DIACETYL, A CHEMICAL LINKED TO A SERIOUS LUNG DISEASE

Major Toxic Constituents in E-cigarettes

Nicotine

- Activates sympathetic nervous system—thought to be associated with risk of heart and blood vessel problems

Humectants – usually contain propylene glycol and glycerol as solvent carriers

- When heated decompose into toxic carbonyl compounds
- Cancer causing formaldehyde, acetaldehyde, and acrolein

Flavorings

- Considered safe as food additives but effects of inhalation unclear
- Flavorings form aldehydes and other lung irritants when heated

Metals—lead, nickel, chromium, manganese, aluminum, tin, and iron

- Originate from the heating coil or other device parts, such as wires, joints, or batteries



The Adolescent Brain

The brain is more vulnerable to addiction during adolescence and youth often show signs of dependence quickly.

Nicotine dependence can develop within days to weeks, after as few as 100 cigarettes, and before daily smoking.

Nicotine impacts brain areas responsible for learning, attention, impulse control, and mood.

DiFranza et al. doi:10.1136/tc.9.3.313; doi:10.1001/archpedi.161.7.704
2012 US Surgeon General's Report: Preventing Tobacco Use Among Youth and Young Adults. Available at: http://www.surgeongeneral.gov/library/reports/preventing-youth-tobacco-use/
Pbert L, Farber H, Horn K, et al. State-of-the-art office-based interventions to eliminate youth tobacco use: the past decade. Pediatrics 2015; 135:734
DiFranza JR, Rigotti NA, McNeill AD, et al. Initial symptoms of nicotine dependence in adolescents. Tob Control 2000; 9:313
Siqueira LM, Committee on Substance Use and Prevention. Nicotine and Tobacco as Substances of Abuse in Children and Adolescents. Pediatrics 2017; 139

Adolescence to Adulthood

Most adult tobacco users start in adolescence.

80% of people who start smoking as adolescents continue as adults.

Younger age at first experimentation is associated with higher risk of daily smoking as an adult.

E-cigarette use increases risk of future cigarette smoking.

Tobacco use is the leading cause of preventable disease and death in the US.

US Department of Health and Human Services. *The Health Consequences of Smoking: 50 Years of Progress. A Report of the Surgeon General*. US Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health; 2014.
Hu T, Gall SL, Widome R, et al. Childhood/Adolescent Smoking and Adult Smoking and Cessation: The International Childhood Cardiovascular Cohort (i3C) Consortium. J Am Heart Assoc 2020; 9:e014381
US Department of Health and Human Services. *E-Cigarette Use Among Youth and Young Adults: A Report of the Surgeon General*. US Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health; 2016.

Messaging

Advertising targeting youth < 18 has been prohibited since 1998.

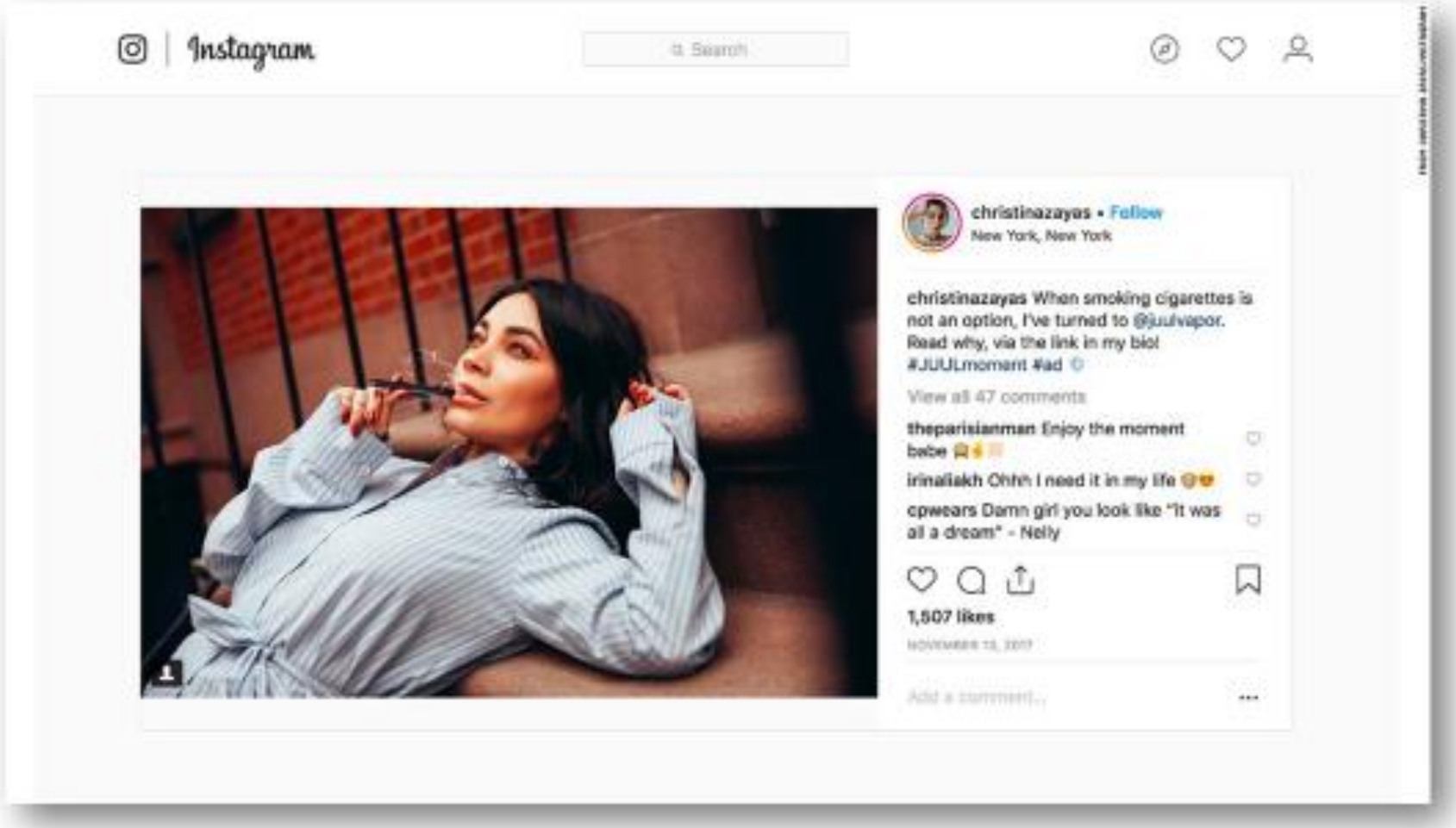
E-cigarettes are marketed using social media and exposure is associated with e-cigarette initiation.

Flavorings appeal to youth.

“Renormalizing” smoking behaviors.

Hammond D, Reid JL, Burkhalter R, Rynard VL. E-cigarette Marketing Regulations and Youth Vaping: Cross-Sectional Surveys, 2017-2019. Pediatrics 2020; 146
Farrelly MC, Duke JC, Nonnemaker J, et al. Association Between The Real Cost Media Campaign and Smoking Initiation Among Youths - United States, 2014-2016. MMWR Morb Mortal Wkly Rep 2017; 66:47

Young social media influencers have been used to make vaping attractive.




The makers of PAX invite you to the
JUUL LAUNCH PARTY
IT'S HERE!
JUUL
Thursday, June 4th | 7 - 11 PM | New York City




STRAWBERRY JAM
6MG
100ML
LEMON TWIST
E-LIQUID
MADE IN CALIFORNIA
GOLDEN COAST LEMON BAR
MELON TWIST
E-LIQUID
CHILLED MELON REMIX
WARNING:
This product contains nicotine. Nicotine is an addictive chemical
MELON TWIST
E-LIQUID
RASPBERRY JAM


PUFFiT™2



Pen Pal Stealth Vaporizer

~~$30.99~~ $25.99 Sale

ADD TO CART

Pen Pal Stealth Vaporizer

The most stealthy way to vape has arrived... meet the new Pen Pal Concentrate Vape Pen. The Pen Pal Takes stealth to the next level with a fully usable writing pen designed to conceal a vape pen inside. Designed with a simple 510 thread and USB for easy charging without any sign of having a charging port. Clip style vape tank looks like a pen clip but is actually a fully reusable vape pen cartridge. This is the future of vaping... simply remove the pen cap and either write on paper or draw from the top to vape your concentrates.

SHARE TWEET PIN IT




Sharpie







Motivation to Quit

Most youth cite negative health effects as their primary motivation.

Other concerns: physical appearance, cost, and athletic performance.

Most adolescents who smoke or vape are actually interested in quitting.

Barriers include other substance use, anxiety or depression, peers or family who smoke, and concerns about weight gain.

Dai H. Prevalence and Factors Associated With Youth Vaping Cessation Intention and Quit Attempts. Pediatrics 2021; 148
Zhang L, Gentzke A, Trivers KF, VanFrank B. Tobacco Cessation Behaviors Among U.S. Middle and High School Students, 2020. J Adolesc Health 2022; 70:147

Behavioral Treatment

Options include virtual and in-person

- Telephone quitline
- Text-message support
- Web-based interventions
- Smartphone apps
- Counseling (individual or group)

Data are mixed regarding brief office-based behavioral counseling without pharmacotherapy.

- One intervention (using the 5 As) did not improve quit rates at 6 months but was more likely to achieve cessation by 12 months.

Klein JD, Gorzkowski J, Resnick EA, et al. Delivery and Impact of a Motivational Intervention for Smoking Cessation: A PROS Study. Pediatrics 2020; 146
US Preventive Services Task Force, Owens DK, Davidson KW, et al. Primary Care Interventions for Prevention and Cessation of Tobacco Use in Children and Adolescents: US Preventive Services Task Force Recommendation Statement. JAMA 2020; 323:1590

Thank you!



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Duke University School of Medicine

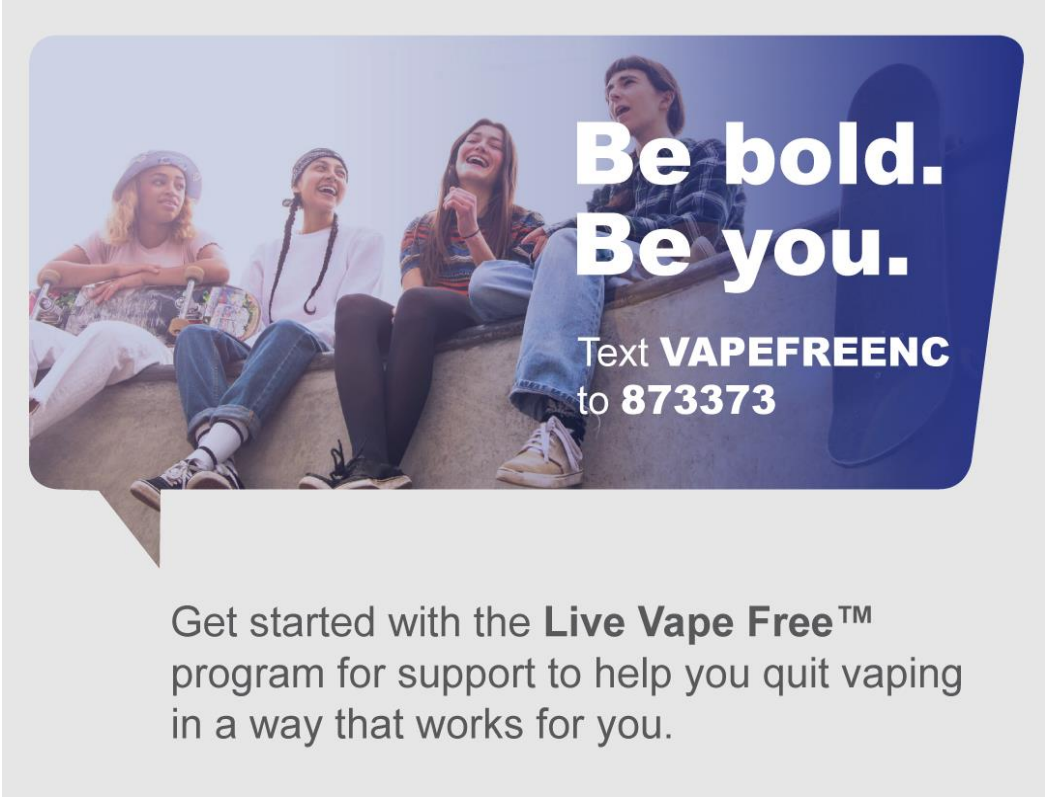
richard.chung@duke.edu

Vaping Resources and Education

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Live Vape Free : Teen Vaping Cessation Program

Live Vape Free (LVF) is a confidential texting program to help young people quit vaping products. Join by texting VAPEFREENC to 873373.



NC Tobacco Prevention and Control Branch

#DoTheVapeTalk

Youth vaping prevention campaign from the American Lung Association and the Ad Council.

Goal: To provide parents with a simple roadmap to addressing the dangers of vaping with their kids. "Get Your Head Out of the Cloud" has free educational resources including a conversation guide on their website, TalkAboutVaping.org.

N-O-T: Not On Tobacco

Proven Teen Smoking and Vaping Cessation Program

Ending the Youth Vaping Epidemic Model

The American Lung Association works to create a tobacco-free future. By 2025, they aim to:

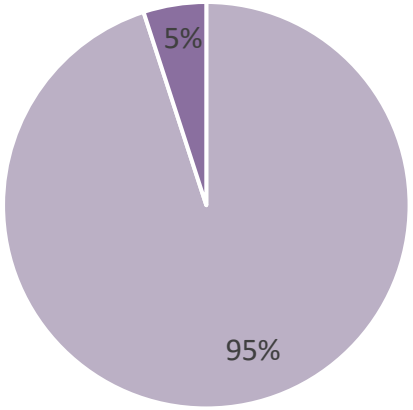
- Reduce adult and youth tobacco use to 8% and 6%, respectively
- **Reduce youth e-cigarette use by 15%**
- Reduce 7% for adult cigarette use by 2025

National strategies to meet this goal require a multi-component comprehensive public health approach to addressing the youth vaping epidemic through programmatic components including:

- Youth activism
- Education
- Policy change
- Prevention
- Intervention
- Cessation

Download a detailed copy of American Lung Association's Comprehensive Approach to Ending the Youth Vaping Epidemic Model as a roadmap to help create a tobacco-free future for generations ahead.

N-O-T: Designed with Teenagers in Mind



Tragically, about **95% of today's tobacco users started using before the age of 21**.

E-cigarettes have escalated this problem, with **over 5,700 kids starting to vape every day**, according to the CDC.

Not On Tobacco® (N-O-T) seeks to address this growing problem by giving all teens the resources they need to break nicotine dependency and find healthier outlets.

Unlike other cessation programs which simply modify adult curriculum, N-O-T was designed with teenagers in mind and addresses issues that are specifically important to them. The program takes a holistic approach with each session using different interactive learning strategies based on Social Cognitive Theory of behavior change that can then be applied and practiced in everyday life and encourages a voluntary change for youth ages 14 to 19.

How N-O-T Works

N-O-T is taught by a trained and certified adult in ten, 50-minute sessions.

- It is most effective in a small group format (6-10 participants) that emphasizes teamwork. The easy-to-use method helps teens quit by addressing total health in order to develop and maintain positive behaviors.
- Participants will talk about the importance of physical activity, nutrition, enhancing their sense of self-control, and improving life skills such as stress management, decision-making, coping, and interpersonal skills.
- Additionally, they will learn to identify their reasons for smoking or vaping, healthy alternatives to tobacco use and finding people who will support them in their efforts to quit.

After attending a seven-hour training, each facilitator is provided with a guide to deliver the structured curriculum in a school or community-based small group setting.

N-O-T Sessions

Session 1: Reasons for Quitting
Session 2: Why I Smoke/Vape
Session 3: Nicotine Addiction and Triggers
Session 4: Effects of Smoking/Vaping
Session 5: Physical, Psychological and Social Benefits of Quitting
Session 6: Quitting Nicotine Use
Session 7: Overcoming Obstacles to Quitting
Session 8: How to Deal with Stress
Session 9: Myths of Big Tobacco
Session 10: Staying Committed to Quitting

N-O-T: Proven Results

N-O-T is an evidence-based program with an impressive success rate:

- Approximately **90% of teens** who participate in the program **cutting back or quitting tobacco altogether**.
- Not On Tobacco® program youth have been shown to have:
  - Better grades
  - Higher motivation
  - Fewer absence
  - Better relationships with teacher
  - Fewer school tobacco use policy violations

N-O-T's revolutionary approach has earned the program several accolades. Both the Office of Juvenile Justice and Delinquency Prevention in the Department of Justice and the Substance Abuse and Mental Health Services Administration (SAMHSA) in the Department of Health and Human Services named N-O-T a Model Program. N-O-T was also named a Research-Tested Intervention Program (RTIP) by the National Cancer Institute and received the CDC Award for Research Innovation.

N-O-T in one of our very own NC InCK counties!

N-O-T will be taught starting this fall at Vance County High School to Junior and Seniors as part of a semester long course in conjunction with the Rights, Respect, and Responsibility Curriculum!

- The course will be offered as an elective and taught during second block to a group of 15-20 students.
- The facilitators/teachers of the course have completed the facilitator certification via the American Lung Association, and are certified for three years to teach N-O-T and Indepth!
- The facilitators; La'Shanda Person, LCASA, TTS, MS, BSW and Shante Hargrove, BPH, have been in Vance County High School working with youth for 6+ years on sexual health and reproductive health topics and we are excited to add this needed education to the course.



Questions

Thank you! Please feel free to contact me

La'Shanda M. Person, LCASA,TTS, MS, BSW |
Youth Integrated Care Lead
Licensed Clinical Addiction Specialist A
Tobacco Treatment Specialist
INDEPTH Facilitator
NOT (Not On Tobacco) Facilitator
She/her/hers

125 Charles Rollins Rd., Henderson, NC 27536
252-492-7915 ext 248
lperson@gvdhd.org
Connect with GVPH: Website | Facebook



GRANVILLE VANCE
public health

Engaging Adolescents and Young Adults

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Engaging AYA in the Care Management Process

Tips on Engaging Adolescents

- Talking to parents about including their adolescent in care management
- Consent and confidentiality
- Involving adolescents in goal development
- Focus on proactive skill-building

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NC InCK Resource Guide:

Tips on Engaging Adolescents in the Care Management Process.docx

(draft)

Proactive Skill-Building for Independent Living

Healthcare Resources

A Family Toolkit: Pediatric-to-Adult Health Care Transition

Information for Teens: What You Need to Know About Privacy

Adolescent Health and NC Law (attachment)

Young Men's Health

Center for Young Women's Health

LGBTQIA+ youth (OutCare and NC InCK AYA Guide pg. 15)

Proactive Skill-Building for Independent Living

Education Resources

Bull City YouthBuild: Full-time, 9-month program in Durham that helps youth (ages 16-24) earn a high school equivalency/diploma while earning money and getting hands-on job skills training in the construction industry

Legacy Youth Leadership: Online resource providing free educational and activism programs, leadership coaching, and mentoring to young people

Communities In Schools North Carolina: Focuses on behavioral intervention, schoolwork help, parental engagement, graduation success, and youth reentry

Youth Achievement Program: Provides individualized academic instruction for out of school youth 16-24; in addition to career guidance and social skills training

NC InCK AYA Guide: GED Resources, Adult High School, Literacy Programs, College Readiness, Scholarships, Completing FASFA (pg. 13)

Youth Villages Guide: Disability Legislation & School Services, High School, Post-secondary *(Guide focuses heavily on IDD population)*

Proactive Skill-Building for Independent Living

Employment/ Vocational Resources

GetMyFuture
Educational and vocational skill building resources

NCWorks NextGen Program Helps youth ages 16-24 statewide find employment

Life Skills Foundation
Independent living skills classes in Durham for ages 15-18 and 19-22; Education and Employment Program

NC InCK AYA Guide
(pg. 15)

Youth Villages Guide
(pg. 30)

Proactive Skill-Building for Independent Living

Financial Literacy



Keys to Your Financial Future:
Downloadable guides on building financial skills



Practical Money Skills:

Financial literacy materials, including classroom modules, games, DVDs and brochures, are free and available for download.

Proactive Skill-Building for Independent Living

Transportation



Youth GoPass

Youth between the **ages of 13 to 18** can use a Youth GoPass to ride **GoTriangle**, **GoRaleigh**, **GoCary** or **GoDurham** buses free; those without passes can ride for half-price



WCPSS Driver Education Fee Waiver

Waives driver education fee for students currently receiving a free or reduced lunch



Wheels 4 Hope

Provides affordable, reliable transportation to economically vulnerable families and individuals who are referred by a partnering agency.



EPermitTest

Free online drivers' education lessons for first-time drivers in North Carolina and free practice tests

NC InCK Referrals from Juvenile Court Counselors

NC InCK NC INTEGRATED CARE FOR KIDS

Juvenile Court Counselor (JCC) InCK Referrals: The "Why"

- Proactive option to increase number of Juvenile Justice-involved youth engaged for services
  - Across InCK's five counties:
    - ~ 950 youth interact with DJJDP per year
    - ~ 600 have health insurance through Medicaid
- 2022 Medicaid Standard Plan
  - YDC Commitment = 29%
  - Non-YDC Commitment = 66%
- May also refer siblings of JJ-involved youth
- Avenue for community partners to collaborate with JCC to make referrals

Juvenile Court Counselor Referral Highlights

Consent

- JCC to share with FN → Multi-party Consent form
- FN to share with JCC → InCK Consent form must include Juvenile Justice

Indicators for referral

- Consultation Intake with JCC due to undisciplined behaviors, not court involved
- Recently or preparing for release from a Juvenile Detention Center or YDC
- Lack long-term support, which is a reason for ongoing court involvement
- Youth, including guardians, who expressed basic need
- Youth navigating new or complex physical and/or behavioral health needs

Referral process

What to expect after InCK referral

Working with the Juvenile Court Counselor

- Family Navigators will be aware the InCK referral came from a JCC
  - Could be for sibling of JJ-involved youth

- If family chooses to include the Juvenile Justice on InCK Consent and care team, Family Navigators can:
  - Outreach the JCC to get their input on care needs and goals
  - Send an InCK Shared Action Plan and goals to the JCC
  - Follow up with JCC at regular intervals to assess progress on goals, identify additional support InCK can offer

Please Note:

Even if a JCC was the person that referred a youth and their family to InCK, a Family Navigator can only share information and collaborate with a JCC after they receive an InCK Consent form that includes Juvenile Justice. The DJJDP multi-party consent form allows the JCC to share the youth's information with InCK, it does NOT give the FN the ability to share individual information back with the JCC.

Working with JJ-Involved Youth and Family

After receiving InCK referral:

- Outreach the guardian/member
- Obtain signed InCK Consent
  - ➢ Discuss including Juvenile Justice
- Contact assigned IC to update Engagement Status

Possible supports for InCK Consent and Care Team:

- JCC
- School staff
- Behavioral Health clinician(s)
- Personal supports
- Youth's attorney

Be aware of and sensitive to concerns or issues:

- Behavioral needs
- Medical needs
- Educational status
- Past trauma/abuse
- Sexual identification
- Gender identity
- I/DD needs

A Look Ahead

For more events in the 5 NC InCK Counties, check out our NC InCK Webpage and Facebook. Also, explore our new NC InCK training page for archived ICRs, takeaways, and shared resources.

Upcoming NC InCK Events:

Integrated Care Rounds: Schools
Thursday, September 14th:
12:00 pm – 1:30 pm
Please contact Josie Hatley (anna.hatley@duke.edu) if you need the invitation for the ICR/Echo series.

NC InCK NC INTEGRATED CARE FOR KIDS

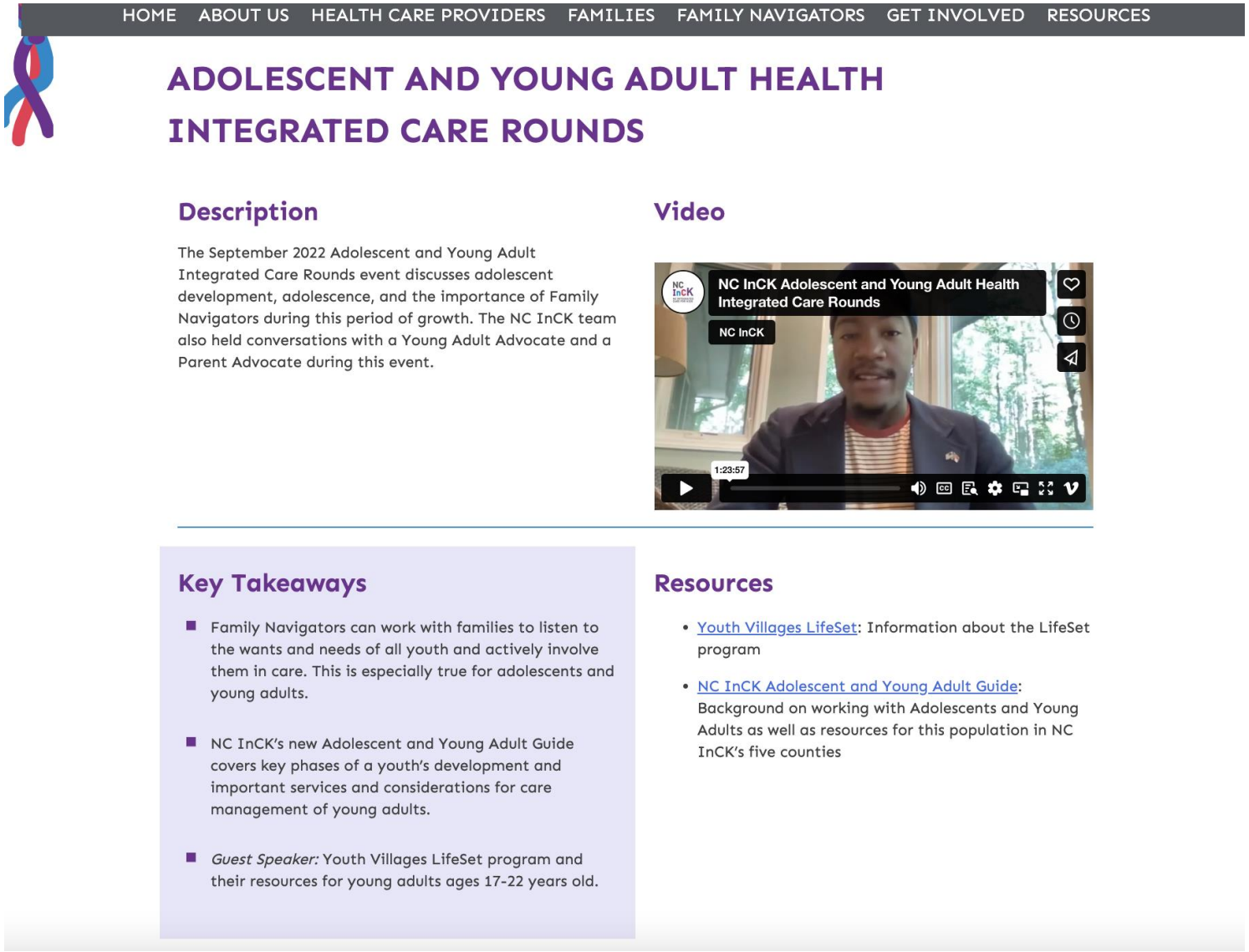
Upcoming Back to School Events:

Back to School Party at Durham Rescue Mission: August 11, 2023, 10:00 AM - 2:00 PM, Durham, North Carolina
Carrboro/Chapel Hill Kidfest: August 12, 2023 (Saturday), 9:00 AM - 1:00 PM, Carrboro, NC
United Way of Alamance County - Back to School Celebration: August 14, 2023, 2:00 PM - 5:00 PM, Burlington, NC
Gateway Back to School Event - Sponsored by Orange Co. DSS: August 17, 2023, 3:00 PM - 5:00 PM, Hillsborough, NC
Back to School Bash | Kerr-Vance Academy: August 18, 2023 (Friday), 4:00 PM - 6:00 PM, Henderson, NC

For more information on upcoming back to school events please refer to the Back-to-School Resource List shared via email. If you have not received this, please reach out to Ashley Saunders (Ashley.Saunders@unchealth.unc.edu).

Appendix

InCK Launches New Training Page



Visit InCK's newly launched training website with lots of in-depth resources on meeting needs of children and families.

https://ncinck.org/integrated-care-rounds/

NC InCK Facebook Page Now Live

Follow the new NC InCK Facebook page here! You can find the page by searching 'NC Integrated Care for Kids.'



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NC Integrated Care for Kids

3 likes • 6 followers

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NC Integrated Care for Kids
1d ·

NC Integrated Care for Kids (NC InCK) aims to improve the way children and families receive care and support services. NC InCK focuses on you and your child's health and well-being goals. Our team of care managers is excited to work alongside your family!

Learn more about NC InCK at ncinck.org.



NC Integrated Care for Kids
5h ·

Join NC InCK partner Book Harvest for their annual Summer Block Party on July 22 from 1PM-4PM at the Durham Bulls Athletic Park!

This is a free, community-wide event for the whole family celebrates books, literacy, and National Summer Learning Week.

Learn more below!



Book Harvest is at Durham Bulls Athletic Park.
July 8 at 9:50 AM · Durham ·

TWO WEEKS AWAY! Join us at our Block Party on July 22 from 1-4 PM — we will have special guests, delicious treats, exciting activities, incredible giveaways, a... See more