Monthly Resource Roundup: Interpersonal Violence

April 2025

Contents:

Durham County 1
Orange County 3
Alamance County 4
Granville County 6
Vance County 7
National, Statewide, and InCK Surrounding County Resources 8

Durham County

Resource	Details/ How to Access
Durham Crisis Response Center	**Phone:** **(919) 403-6562** 24-Hr Helpline **(919) 403-9425** General Questions **Email:** info@thedcrc.org **Location:** 101 E Morgan St, Durham, NC 27701 **Services:** Durham Crisis Response Center provides confidential and free services 24/7/365 in both English and Spanish. ***DCRC serves survivors regardless of national origin or documentation status.*** • Comprehensive Shelter – Offers counseling, case management, legal assistance, and housing and employment assistance. • Legal Advocacy – Working from offices on the second floor of the Durham County Courthouse, DCRC staff and volunteers provide court accompaniment, advocacy and assistance with protection orders. • Counseling and Support Groups – Provides counseling referrals for domestic violence and sexual assault survivors. DCRC also provides support groups sessions in English and Spanish for clients who are currently or have previously experienced domestic or sexual violence. • Human Trafficking Services – Survivor-centered services including shelter, counseling, and safety planning. • Stalking Services – DCRC understands that context is key when confronting stalking and can provide support. • LGBTQIA+ Program – Culturally competent, LGBTQIA+ specific survivor programs and services. • Teen Support – Outreach staff provides training and discussions within local schools are available to help adolescents if they are in danger.

Shining Light In Darkness 	**Phone:** Call **(919) 321-9501** or Text **(919) 321-9502** for 24/7 support **(919) 791-5578** Office **Email:** info@slidfnd.org **Location:** 3511 Shannon Rd. Suite 300 Durham, NC 27707 **Services:** Provides culturally sensitive support to survivors of sexual assault and domestic violence; serving women of color, male sexual assault survivors, LGBTQIA+, people with disabilities, and veterans. • C.R.I.S.I.S. Program – 24/7 hotline, text support, front-door crisis assessment, and case management. • Emotional Release – Healing through movement dance classes. • Support Groups – Free, private, and confidential support groups and workshops for survivors throughout the year. • BreakFREE Bags – Free bags filled with necessities that a victim of abuse may need when initially escaping a dangerous or abusive situation. • Thrifted Treasures – Aims to empower survivors by providing them with a unique and uplifting experience of shopping at local thrift stores with assistance of a stylist.
LGBTQ Center of Durham 	**Phone:** **(919) 827-1436** **Email:** info@lgbtqcenterofdurham.org **Location:** 1007 Broad St, Durham, NC 27705 **Services:** • Project FAM – Gender resources, advocacy, support programs, housing, and therapeutic services for LGBTQ+ survivors (ages 18+) of sexual and domestic violence. Services are free and for folks living in the Triangle, with a focus on folks living in Durham. • List of all Programs and Resources offered through the LGBTQ Center of Durham
Legal Aid of North Carolina Durham Office 	**Phone:** **1-800-331-7594** Toll Free **(919) 688-6396** Local Office **Location:** 201 W Main St, Suite 400 Durham, NC 27701 **Services:** Serving **Durham**, Caswell, Franklin, **Granville**, Person, **Vance**, and Warren Counties. See the Legal Aid of North Carolina section under National, Statewide, and InCK Surrounding County Resources for information on services offered to victims of interpersonal violence.

Orange County

Resource	Details/ How to Access
Compass Center 	**Phone:** **(919) 929-7122** 24/7 Crisis Line **(919) 968-4610** Office **Email:** communications@compassctr.org or visit the Our Team page for a list of program emails. **Location:** 210 Henderson Street Chapel Hill, NC 27514 **Services:** • Domestic Violence Crisis Services – 24/7 crisis line, short term housing, court advocacy and safety planning. • Career and Financial Counseling Support Services – Offers an array of services from unlimited one-on-one meetings with a coach to career groups. • Support Groups – Offered in English and Spanish on topics such as Domestic Violence Support, DV Writing Group, Relationships, Self-Esteem, and Healing. • Community Legal Project (CLP) – Legal consultation with UNC Law School students for two 30-minute sessions. • Family Law Workshop – Free online workshops (language accommodations offered) every month to better understand NC Family Law and your rights during separation and divorce. • Legal Information Phone Calls – Speak with a volunteer attorney by phone for 15 minutes regarding divorce, child custody, consumer law, tenants' rights, etc.
Orange County Rape Crisis Center 	**Phone:** Call **(919) 967-7273** or Text **(919) 967-7273** for 24-Hr Helplines **(919) 968-4647** Office **Email:** info@ocrcc.org **Location:** 1229 East Franklin St. Chapel Hill, NC 27514 **Services:** Supports survivors of sexual violence. Services available in English and Spanish. • 24-Hour Helpline and Online Chat – Free and confidential service with a trained advocate. • Support Groups and Workshops – Weekly groups. • Therapy – Provide information and referrals to partner organizations regardless of financial situation. • Advocacy – Short-term case management and accompaniment to appointments or resources regarding medical, legal, and law enforcement advocacy. • Coping Skills Resources – Downloadable resources. • Education and Outreach – Safe Touch for Pre-K, Start Strong, QTBIPOC Healing Network, and more.

Legal Aid of North Carolina **Central North Carolina Offices** LEGAL AID OF NORTH CAROLINA	**Phone:** **1-800-672-5834** Toll Free **(919) 542-0475** Local Office **Location:** 205 W Main Street, Suite 203 Carrboro, NC 27510 and 200 Hawkins Ave Sanford, NC 27330 **Services:** Serving **Alamance**, Anson, Chatham, **Orange**, Lee, Moore, and Richmond Counties. See the Legal Aid of North Carolina section under National, Statewide, and InCK Surrounding County Resources for information on services offered to victims of interpersonal violence.

Alamance County

Resource	Details/ How to Access
CrossRoads	**Phone:** **(336) 228-0360** 24-Hr Crisis Helpline **(336) 228-0813** Office **Email:** Send a message through their Contact Us link. **Location:** 1206 Vaughn Rd, Burlington, NC 27217 **Services:** Provides little to no cost services to children, adults, and survivors of human trafficking. • Advocacy Services – Crisis Intervention (hospital visitations, individual/group sessions, jail visitations, connecting survivors to support resources); Legal and Criminal Justice Advocacy (support to ensure necessary legal actions are taken and support to prepare for court); Emotional Support Services (free trauma screening, therapeutic referrals, and safety planning). • Therapy Services – Free, onsite therapy services for uninsured survivors and caregivers. The two main therapies provided are Trauma Focused-Cognitive Behavior Therapy and Cognitive Processing Therapy. • Anti-Human Trafficking Program – Includes advocacy, therapy services, and Intervention and Diversion (one-on-one or group mentoring to increase protective factors for high-risk youth; support to divert prostitution related criminal charges). • Adult Advocacy Program – Advocacy, Crisis Intervention, Trauma Informed Therapies, Support Groups, and Forensic Interviews. • Child Advocacy Center – Advocacy, Crisis Intervention, Trauma Informed Therapies, On Site Child Medical Evaluations (at request of social service official and law enforcement only), and Multi-Disciplinary Teams that provide coordination with various systems such as the legal system, social services, schools, and medical/mental health providers.

Family Abuse Services of Alamance County	**Phone:** **(336) 226-5985** English 24-Hr Crisis Line **(336) 264-2935** Spanish 24-Hr Crisis Line **(336) 226-5982** Office **(336) 264-6548** Housing Support **Email:** Rebekah@familyabuseservices.org for Domestic Violence Class and Support Groups **Location:** 1950 Martin St., Burlington, NC 27217 **Services:** • Domestic Violence Class & Support Group – Develop skills to cope with trauma. Topics include: Myths and Facts of DV, Predictors of DV, Characteristics of an Abusive Personality, Forms of Abuse, Effects of Abuse, Tips for Victims/Know Your Options, Self-Care Goals. • Housing Division – Assistance may be financial assistance, case management, tenant education, housing resources, and housing search guidance. • Supervised Visitation Center – Provides a safe location free of family conflict. Supervised visits are offered Tuesday, Wednesday, Thursday, & Saturday. • Community Education – Wiping Out Abuse and Violence Through Education (program for 8th graders to learn about healthy relationships, dating violence, and the impact of violence on children); "There is Someone to Talk to" Puppet Shows (A puppet show for 3rd grade classes to create awareness of abuse and encourage children to talk to trusted adults for help); Mentoring in Violence Program (program where FAS Staff train Elon University college students on how to mentor ABSS high school students about the prevalence of violence towards women and how to speak against violence).
Family Justice Center of Alamance County	**Phone:** **(336) 226-5985** English 24-Hr Crisis Line **(336) 264-2935** Spanish 24-Hr Crisis Line **(336) 570-6019** Office **Location:** 1950 Martin St, Burlington, NC 27217 **Services:** • 24hr Crisis Line (through Family Abuse Services) • Assistance with Safe Shelter • Obtaining an Emergency Protective Order • Court Advocacy & Accompaniment • Support Groups (English & Spanish) • Civil Legal Assistance • Safety Services for Children • Individual & Group Therapies • Job Readiness • Youth Mentoring • Elder Justice Project – Services for those 50+ who have experienced abuse, neglect, or exploitation.

Legal Aid of North Carolina **Central North Carolina Offices**	**Phone:** **1-800-672-5834** Toll Free **(919) 542-0475** Local Office **Location:** 205 W Main Street, Suite 203 Carrboro, NC 27510 and 200 Hawkins Ave Sanford, NC 27330 **Services:** Serving **Alamance**, Anson, Chatham, **Orange**, Lee, Moore, and Richmond Counties. See the Legal Aid of North Carolina section under National, Statewide, and InCK Surrounding County Resources for information on services offered to victims of interpersonal violence.

Granville County

Resource	Details/ How to Access
Families Living Violence Free	**Phone:** **(919) 693-5700** 24-Hr English Crisis Line **(919) 690-0888** 24-Hr Spanish Crisis Line **(919) 693-3579** Office **Email:** Send a message through their Get In Touch link. **Location:** 211 West Antioch Dr. Oxford, NC 27565 **Services:** All services are at-will and confidential. Learn about upcoming events through Families Living Violence Free here. • Language Access • Special Training • Empowerment Services • Emergency Shelter Placement • 24/7 Crisis Support Line • Transportation • Youth Education • Community Education • Individual Advocacy, Counseling and Support • Court & Hospital Advocacy
Legal Aid of North Carolina **Durham Office**	**Phone:** **1-800-331-7594** Toll Free **(919) 688-6396** Local Office **Location:** 201 W Main St, Suite 400 Durham, NC 27701 **Services:** Serving **Durham**, Caswell, Franklin, **Granville**, Person, **Vance**, and Warren Counties. See the Legal Aid of North Carolina section under National, Statewide, and InCK Surrounding County Resources for information on services offered to victims of interpersonal violence.

Vance County

Resource	Details/ How to Access
Infinite Possibilities 	**Phone:** **(252) 425-2492** 24-Hr Crisis Hotline **(252) 431-1926** Office **Email:** info@infinitepossibilitiesinc.com **Location:** 314 S Garnett St, Henderson, NC 27536 **Services:** All services are free and confidential. • Legal Advocacy – guidance through legal processes, assistance with filing protection orders, accompaniment to court, and walk-in services for electronic filing of domestic violence protection orders. • Empowerment Services – Counseling, emergency shelter placement, crisis intervention, sexual assault services, and economic and financial empowerment. • Community Resources – Legal Aid referrals, medical service advocacy, transportation, financial assistance for immediate needs, and more. • Online Support Group for Survivors.
Kearah's Place 	**Phone:** **(252) 654-3249 Crisis Hotline** **(252) 598-2025 Office** **Email:** info@kearahsplace.org **Location:** 946 West Andrews Avenue, Suite O Henderson, NC 27536 **Services:** • Group and One-on-One Counseling • Spiritual Guidance • Case Management • Empowerment Sessions • Basic Needs Assistance • Healthcare Service Advocacy • Victim Advocacy Services such as Safety Planning and Crisis Intervention • High School Diploma or GED Preparation • Transitional Housing for Men and Women • Job Assistance & Workplace Readiness • Life Skill Assistance • Search for Permanent Housing • Court Advocacy Services • Cultural Advocacy Services • Transportation Services • Financial Literacy Services • Referrals to Area Agencies and Resources

Legal Aid of North Carolina Durham Office	**Phone:** **1-800-331-7594** Toll Free **(919) 688-6396** Local Office **Location:** 201 W Main St, Suite 400 Durham, NC 27701 **Services:** Serving **Durham**, Caswell, Franklin, **Granville**, Person, **Vance**, and Warren Counties. See the Legal Aid of North Carolina section under National, Statewide, and InCK Surrounding County Resources for information on services offered to victims of interpersonal violence.

National, Statewide, and InCK Surrounding County Resources

Resource	Details
National Domestic Violence Hotline	**County:** National **Phone:** **1-800-799-7233** National Domestic Violence Hotline available 24/7 **Text "START"** to **88788** **Services:** • 24/7 Confidential Hotline • Live Chat • Text Support • Searchable Database of Local Resources • Resource Database
DomesticShelters.org	**County:** National **Services:** DomesticShelters.org provides a searchable database of programs and shelters in the U.S. as well as a list of 93 organizations in North Carolina that provide domestic violence services. The site also has an extensive library of resources for victims and survivors of domestic violence.
RAINN National Sexual Assault Hotline	**County:** National **Phone:** **1-800-656-4673 (HOPE)** National Sexual Assault Hotline or **Text "LIGHT"** to **741741** **Services:** • Call or chat with a trained crisis counselor 24/7 • Online Chat • WhatsApp Chat • Online Resources • Directory of Local North Carolina Programs • Database of State Laws

North Carolina Coalition Against Domestic Violence (NCCADV) NCCADV North Carolina Coalition Against Domestic Violence	**County:** Statewide **Phone:** **1-800-799-7233** National Domestic Violence Hotline available 24/7 **Services:** Provides a searchable database of local domestic violence agencies in all 100 counties across North Carolina. They offer a variety of services, from 24-hour confidential crisis hotlines to emergency shelter to support groups and counseling.
Southern Queer Survivor Network SOUTHERN QUEER NORTH CAROLINA SURVIVOR NETWORK	**County:** Statewide **Phone:** **(919) 827-1436** **Email:** advocate@lgbtqcenterofdurham.org **Location:** 1007 Broad St. Durham, NC 27705 **Services:** Southern Queer Survivor Network is an anti-violence project serving LGBTQ+ survivors in all 100 counties of North Carolina. • One-on-one peer counseling and case management for survivors of abuse • Legal advocacy • Therapy – limited sessions of free crisis counseling to LGBTQ survivors of abuse and help with finding a therapist within their insurance network • Resource pairing to address needs such as housing, food, and accessing resources as needed • Support groups (free virtual support groups and therapeutic support groups)
Legal Aid of North Carolina LEGAL AID OF NORTH CAROLINA	**County:** Statewide **Phone:** Toll-Free: **1 (866) 219-LANC (5262)** 8:30 AM – 1:30 PM, Monday – Friday 5:30 PM – 8:30 PM, Monday & Thursday **Services:** The Domestic Violence and Sexual Assault Project (DVSA) is a statewide project that provides legal assistance to victims of domestic violence. Advocates are trained to keep victims safe and help them become self-sufficient so they can live independently from their abusers. DVSA can secure court protective orders for survivors and provide other services necessary to help them and their children recover and lead safe, independent lives. The DVSA also operates Immigration Pathways for Victims (Toll-Free: **1 (866) 204-7612**), which provides legal services to immigrant survivors of violence needing assistance with immigration. ***There are no income restrictions for survivors and all North Carolinians are eligible for help.***

Family Services of Caswell County	**County:** Caswell **Phone:** **(336) 694-5655** 24/7 Crisis Hotline **(336) 694-5750** Office **Location:** 339 Wall Street, Yanceyville, NC 27379 **Services:** Assistance with finding emergency shelter, crisis intervention, advocacy, community referrals, and counseling for domestic violence victims. • Crisis Intervention Services • Court/Medical Advocacy • Job Counseling • Supportive Services for Children • Individual and Group Supportive Counseling • Transportation Assistance • Sheltering Assistance • Support Groups • Financial Management Assistance • Protective Order Assistance
Chatham Family Violence Prevention Services	**County:** Chatham **Phone:** **(919) 545-0055** 24/7 Crisis Phone Line **(919) 548-2329** Office **Email:** kit.stanley@chathamcountync.gov (Kit Stanley, Project Director) **Location:** 40 E. Chatham Street, # 2401 Pittsboro, NC 27312 **Services:** • Assistance and accompaniment with protective orders. • Access and referrals to community resources. • Safety planning and advocacy for survivors. • Assistance with transportation, emergency shelter, child custody, and mental health services. • Spanish-speaking support group in Siler City. • Individual and group educational programs. • Services and support for child survivors of abuse. • Services with advocates fluent in Spanish available.
Second Bloom of Chatham, Inc.	**County:** Chatham **Phone:** **(919) 545-0055** 24/7 Crisis HelpLine **(919)533-6864** Office **Email:** info@secondbloomofchatham.org **Location:** 117 E. Salisbury St. Pittsboro, NC 27312 **Services:** • All services free of charge and available in Spanish. Same-day appointments and walk-ins accepted. • Person-centered support and resources for survivors of intimate partner and sexual violence. Services are delivered through a trauma-informed and harm-

	reduction lens, which means active mental health and/or substance use do not disqualify survivors. • Advocacy Services - Advocates are available for in-person support, assistance with completing and filing Protective Order and No Contact paperwork, and case management in person or over the phone. • Support Group with Free Childcare – Support group for survivors of intimate partner violence in all stages of their journeys. Intake is required for attendance.
Safe Space 	**County:** Franklin **Phone:** **(919) 497-5444** Crisis Hotline **(919) 497-5599** Office **Email:** admin@ncsafespace.org **Location:** 118 A North Main St. Louisburg, NC 27549 **Services:** • Court Advocacy – Assistance with filing for protective orders, information about the court process, and emotional support. • Domestic Violence/ Sexual Assault Advocacy – Provides advocacy, counseling, resources, and referrals. • Shelter – Operates a 13-bed shelter for survivors of domestic violence and their children. Residents of the shelter are offered safety planning, case management, trauma counseling, and more. • Youth Advocacy – Works with children who have witnessed or are survivors of domestic violence and/ or sexual assault; provides age-appropriate information, self-esteem building activities, and referrals to counseling. • Resource Referrals – Provides assistance with seeking services from other local service providers. • Services available in English and Spanish.
Family Service of the Piedmont 	**County:** Guilford **Phone:** **(336) 273-7273** Greensboro 24-Hr Crisis Line **(336) 889-7273** High Point 24-Hr Crisis Line **(336) 387-6161** Office **Email:** info@fspcares.org intake@fspcares.org **Location:** 902 Bonner Drive Jamestown, NC 27282 Service Center Locations **Services:** • Victim Advocacy • Clara House and Carpenter House shelters • Two Children's Advocacy Centers • Child Abuse & Healthy Parenting • Domestic Violence Intervention Programs

	• Confidential crisis counseling • Mental Health and Substance Use Counseling for children, adolescents and adults. Services are offered on a sliding scale fee for as low as $0. Medicaid is accepted. • Assistance with the 50B restraining order process • Help navigating the court system • Various support groups • Financial Stability
Friend to Friend	**County:** Moore **Phone:** **(910) 947-3333** 24-hr Crisis Hotline **(910) 947-1703** Advocacy Office **Email:** info@friendtofriend.me **Location:** 101 Monroe St A, Carthage, NC 28327 **Services:** Friend to Friend's mission is to help survivors of domestic violence, sexual assault, and human trafficking rebuild their lives. All services are free of charge and completely confidential. • Emergency Shelter • 24-Hr Crisis Line • Court Advocacy • Hospital Accompaniment • Counseling • Stalking Support • Community Education
Safe Haven Person County	**County:** Person **Phone:** **(336) 599-7233** 24/7 Hotline **(336) 330-0331** Office **Email:** admin@personcountysafehaven.org **Location:** 119 S Main St, Roxboro, NC 27573 **Services:** Serves victims, survivors, and families of domestic and sexual violence. • Crisis Intervention • Emergency Shelter • Transportation to shelter • Court advocacy, legal referrals, help with filling out protective order paperwork and filing for Violent Crimes Compensation • Referrals to services such as housing, social services, education, counseling, alcohol and drug treatment, childcare, employment, and medical treatment

InterAct of Wake County

County: Wake
Phone: **(919) 828-7740** 24-hr Crisis Line
(866) 291-0855 Toll-Free
Email: gethelp@interactofwake.org
Location: 1012 Oberlin Rd Suite 100, Raleigh, NC 27605

Services:

- 24-Hour Crisis Hotlines
- L.A.P. (Lethality Assessment Protocol) is an evidence-based practice that provides first responders with a protocol for immediately referring those at high risk to InterAct for crisis intervention and ongoing services.
- Emergency Shelter and Rapid Re-Housing for Wake County families who have experienced domestic violence and need emergency shelter.
- Court Advocacy and E-Filing of Protective Orders InterAct has a full-time presence in each of Wake County's two domestic violence court rooms. Victims of domestic violence can also electronically file for a domestic violence protective order at InterAct.
- Individual/ Group Counseling and Support Groups at no charge for victims and survivors of domestic violence and sexual assault.
- Sexual Assault Services provides individual counseling, case management, and support to victims and survivors of rape and sexual assault.
- Personal and Economic Empowerment offers financial literacy programming as a key component of self-sufficiency for victims and survivors of domestic violence and sexual assault.
- The Solace Center provides comprehensive, expert, compassionate nursing and forensic care, along with advocacy and support services for survivors of rape and sexual assault
- Pass It On Thrift Store (Raleigh|Fuquay-Varina) offers new and gently used women's clothing, shoes, and accessories at low prices.
- InterAct Resources