NC InCK
NC INTEGRATED CARE FOR KIDS

Monthly Resource Roundup: Autism Spectrum Disorder

June 2025

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Autism Spectrum Disorder Information

Autism Spectrum Disorder (ASD) presents with varying degrees of characteristics and severity and individuals with ASD require different levels of support. Depending on their unique strengths and challenges, some may need minimal support while others may require more substantial support.

<table>
<tr><th colspan="2">Autism Spectrum Disorder (ASD) Characteristics and Levels of Severity</th></tr>
<tr><th>ASD Characteristics:</th><th>ASD Levels of Severity:</th></tr>
<tr><td rowspan="2">Social Communication & Social Interaction:
Deficits in social/emotional reciprocity
Difficulty with non-verbal communication used for social interaction (gestures, body language, social cues)
Difficulty with developing and maintaining relationships
Restrictive/Repetitive Patterns:
Stereotyped/repetitive motor movements, use of objects, or speech
Need for sameness, adherence to routines
Fixated interests
Hyper of hypo sensitivity to sensory input</td><td>Level 1
Requiring support
Verbal communication intact, but may miss nonverbal cues
Inflexibility may impact some situations
May need support for organization and planning</td></tr>
<tr><td>Level 2
Requiring substantial support
Noticeable deficits in verbal and nonverbal communication
Reduced responses to social interactions
Difficulty with change, inflexible behaviors</td></tr>
<tr><td>NOTE: See the General Autism Spectrum Disorder Resources section to access the ASD ICR slides for more detailed information.</td><td>Level 3
Requiring very substantial support
Significant deficits in verbal and nonverbal communication
Extreme difficulty coping with change
Repetitive behaviors interfere with daily functioning</td></tr>
</table>

What to do While Waiting for an Autism Diagnosis or Services

A wide range of services and supports are available to individuals and families, and having the knowledge of how to access them is essential to making the most of them. If developmental delays are suspected, primary care providers can do developmental screenings to identify if further assessment is needed. Caregivers can also request to have an evaluation for autism by way of referral through their healthcare provider or developmental pediatrician.

While waiting for an evaluation or ASD-specific services, some supports that can be helpful include speech therapy, occupational therapy, and physical therapy. Referrals can be made by a healthcare provider, school, or early intervention programs such as the Children's Developmental Services Agency (CDSA). For individuals in K-12th grade, a written request can be made to the student's principal requesting an evaluation for in-school supports. Additionally, child psychologists, child psychiatrists and pediatric neurologists can diagnose autism and help begin the process to accessing services. Individuals are encouraged to add their names to as many waitlists as possible, such as the NC Innovations Waiver, due to waitlists being long.

General Autism Spectrum Disorder Resources

Resource	Details
 *ASD_ICR Part 1 Slide Deck pdf*	Autism Spectrum Disorder Part 1 ICR slide deck from May 8, 2025. Speakers included Lisa Jackman, MHA / NC START West Clinical Director and Suzy Mayberry, MSW, LCSW / NC START East Clinical Director.
 *ASD_ICR Part 2 Slide Deck pdf*	Autism Spectrum Disorder Part 2 ICR slide deck from June 12, 2025. Speakers included Lisa Jackman, MHA / NC START West Clinical Director and Denise Willis, MSW / Community Health Worker / Maternal and Child Health / United Healthcare.
Autism Society of NC: Accessing Services Toolkit	This toolkit is designed to help parents and guardians of children and adults on the autism spectrum to understand the services and supports that may be available and how to obtain them.
Autism Society of NC: Guardianship & Alternatives Toolkit	This toolkit provides parents with practical information about guardianship and alternatives to help them make an informed decision for their loved ones.
Autism Society of NC: The IEP Toolkit	This toolkit will walk you through the process of obtaining an Individualized Education Plan (IEP) and empower parents to be their children's best advocates.
Autism Society of NC: Residential Options Toolkit	This toolkit describes the residential options available from independent living to group living settings and helps parents begin planning for their child's future by exploring financial options and teaching independent living skills.
NCDHHS NC Innovations Waiver Toolkit	Contains printable documents, presentations, and other resources to explain the NC Innovations Waiver.
NOTE: See the National, Statewide, and Online Resources section for additional resources	

Durham County Resources

Resource	Details
Durham County Autism Resource Specialists Autism Society of North Carolina	Autism Resource Specialists connect families to resources and provide training to help you become your child's best advocate. • Nicole Harris or Cindy Martin **(919) 865-5066** or **1-800-442-2762** • Mariela Maldonado (Senior Hispanic Outreach & Support Coordinator) mmaldonado@autismsociety-nc.org **(919) 865-5066** or **1-800-442-2762**
Shinelight shine light	**Phone:** **(910) 323-1335** **Email:** info@shine-light.org **Location:** 203 Rowan Street Fayetteville, NC 28301 **Services:** Supports individuals across the full spectrum of autism spectrum disorder, providing: • Residential Support • Supported Employment • Community Living
Duke Autism Clinic DukeHealth	**Phone:** **(919) 681-7148** Provider Contact Information and Locations **Location:** 2608 Erwin Rd Suite 300 Durham, NC 27705-4597 **Services:** Provides comprehensive assessment, diagnosis, treatment, ongoing behavioral and medication consultation for children and adolescents with autism spectrum disorder.
Triangle Disability & Autism Services Triangle DISABILITY & AUTISM Services	**Phone:** **(919) 942-5119** **Email:** info@arctriangle.org **Locations:** 5003 Southpark Dr Suite 140 Durham, NC 27713 5121 Hollyridge Dr. Suite 100 Raleigh, NC 27612 7025-5 Kit Creek Road Morrisville, NC 27560 **Services:** Triangle Disability & Autism Services, Inc. is an affiliated chapter of The Arc. They support children and adults with IDD and autism. • Vocational Services • Support Services (Medicaid Services) • Guardianship • Building Abilities Summer Camp • Mental Health Services & Counseling • Projects SEE Paid Internships Program • Building Abilities Day Program • Information and Resources

Alight Behavioral 	**Phone:** **(984) 309-0750** **Email:** info@alightaba.com **Location:** 176 Mine Lake Court Suite 100 Raleigh, NC 27615 **Services:** Provides virtual autism assessments and in-home ABA therapy services across all NC counties. Accepts all Medicaid plans.
TEACCH Chapel Hill Center 	**Phone:** **(919) 966-5156** (English) **(919) 445-0349** (Spanish) **Email:** TEACCH@unc.edu **Location:** 100 Renee Lynn Ct, Carrboro, NC 27510 **Services:** Services include diagnostic evaluations, intervention/therapy services, education, and consultation. • Clinical Services • Referral Information • Counties served at this location: **Alamance**, Caswell, Chatham, **Durham**, Franklin, **Granville**, Lee, **Orange**, Person, **Vance**, and Warren
The Arc of North Carolina 	**Phone:** **1-800-662-8706** **(919) 782-4632** Triangle Region Office **Email:** Online Contact Form **Location:** 353 E Six Forks Rd #300, Raleigh, NC 27609 **Services:** The Arc of NC is a statewide advocacy organization for people with intellectual and developmental disabilities and their families. The Triangle Regional Office serves **Durham**, **Orange**, **Granville**, and **Vance** Counties and offers these services and more: • Housing – The Arc of NC is the owner and property manager of many properties across the state. Adults who need affordable housing and have either a diagnosis of IDD (intellectual and developmental disabilities) or SPMI (severe/persistent mental illness) would qualify to live in one of our properties. **(336) 273-4404** / housing@arcnc.org • LIFEguardianship – Provides guardianship to adults 18 and older who have been declared incompetent by the court. • Advocacy – Provides direct advocacy support to individuals and families.

Autism Learning Partners 	**Phone:** **(888) 805-0759** and **(855) 295-3276 ext. 276** **Email:** Intake@autismlearningpartners.com **Location:** 15501 Weston Pkwy #130, Cary, NC 27513 **Serves Durham and Research Triangle areas** **Services:** Full-service provider that specializes in autism. Accepts all Medicaid plans in the InCK area. • Learning Hub • Early Intervention • Center-Based ABA Therapy • Home-Based ABA Therapy • Diagnostic Services • Parent Collaboration
Find a Durham County Support Group 	Support groups provide a place for families who face similar challenges to feel understood as they offer each other encouragement. For more information about Support Group events and meetups, please see the calendar, contact the Support Group by email, or join the Facebook group. **Facebook:** www.facebook.com/groups/asnc.durham **Email:** durhamsupportgroup@autismsociety-nc.org

Orange County Resources

Resource	Details
Orange County Autism Resource Specialists 	Autism Resource Specialists connect families to resources and provide training to help you become your child's best advocate. • Nicole Harris or Cindy Martin **(919) 865-5066** or **1-800-442-2762** • Mariela Maldonado (Senior Hispanic Outreach & Support Coordinator) mmaldonado@autismsociety-nc.org **(919) 865-5066** or **1-800-442-2762**
Compleatkidz 	**Phone:** **(984) 528-8787** **Email:** Contact Us (Online Contact Form) **Location:** 300 Market St Suite 200, Chapel Hill, NC 27516 **Services:** Accepts all Medicaid plans in the InCK area. Services include: • ABA Therapy • Occupational Therapy • Physical Therapy • Speech Therapy

Key Autism Services	**Phone:** **(984) 261-0808** **Email:** Online Contact **Location:** 110 Conner Dr Suite 4, Chapel Hill, NC 27514 **Services:** ABA therapy and personalized support; accepts all Medicaid plans in the InCK area • In-Home Services • Center Services • School ABA • Virtual ABA • Daycare and Preschool Services • Early Intensive Behavioral Intervention
Hopebridge Autism Therapy Center	**Phone:** **(984) 254-5650** **Email:** Online Contact Form for Chapel Hill Location **Location:** 50101 Governors Dr #170, Chapel Hill, NC 27517 **Services:** Accepts all Medicaid plans in the InCK area. Therapies and Services offered: • Autism Testing and Diagnosis • ABA Therapy • Occupational Therapy • Speech and Language Therapy • Feeding and Swallowing Therapy • Family Training
Alight Behavioral	**Phone:** **(984) 309-0750** **Email:** info@alightaba.com **Location:** 176 Mine Lake Court Suite 100 Raleigh, NC 27615 **Services:** Provides virtual autism assessments and in-home ABA therapy services across all NC counties. Accepts all Medicaid plans.
Autism Learning Partners	**Phone:** **(888) 805-0759** and **(855) 295-3276 ext. 276** **Email:** Intake@autismlearningpartners.com **Location:** 15501 Weston Pkwy #130, Cary, NC 27513 **Serves Chapel Hill and Hillsborough areas** **Services:** Full-service provider that specializes in autism. Accepts all Medicaid plans in the InCK area. • Learning Hub • Early Intervention • Center-Based ABA Therapy • Home-Based ABA Therapy • Diagnostic Services • Parent Collaboration

Carolina Institute for Developmental Disabilities	**Phone:** **(919) 966-5171** **Email:** Request Clinical Services **Location:** 101 Renee Lynne Court Carrboro, NC 27510 **Services:** Services include diagnostic evaluations for autism and/or intellectual disability for people of all ages, consultation with specialty providers, treatment planning, and group-based interventions.
TEACCH Chapel Hill Center	**Phone:** **(919) 966-5156** (English) **(919) 445-0349** (Spanish) **Email:** TEACCH@unc.edu **Location:** 100 Renee Lynn Ct, Carrboro, NC 27510 **Services:** Services include diagnostic evaluations, intervention/therapy services, education, and consultation. • Clinical Services • Referral Information • Counties served at this location: **Alamance**, Caswell, Chatham, **Durham**, Franklin, **Granville**, Lee, **Orange**, Person, **Vance**, and Warren
The Arc of North Carolina	**Phone:** **1-800-662-8706** **(919) 782-4632** Triangle Region Office **Email:** Online Contact Form **Location:** 353 E Six Forks Rd #300, Raleigh, NC 27609 **Services:** The Arc of NC is a statewide advocacy organization for people with intellectual and developmental disabilities and their families. The Triangle Regional Office serves **Durham**, **Orange**, **Granville**, and **Vance** Counties and offers these services and more: • Housing – The Arc of NC is the owner and property manager of many properties across the state. Adults who need affordable housing and have either a diagnosis of IDD (intellectual and developmental disabilities) or SPMI (severe/persistent mental illness) would qualify to live in one of our properties. **(336) 273-4404** / housing@arcnc.org • LIFEguardianship – Provides guardianship to adults 18 and older who have been declared incompetent by the court. • Advocacy – Provides direct advocacy support to individuals and families.

Find an Orange County Support Group 	Support groups provide a place for families who face similar challenges to feel understood as they offer each other encouragement. For more information about Support Group events and meetups, please see the calendar, contact the Support Group by email, or join the Facebook group. **Facebook:** www.facebook.com/groups/asnc.orange.chatham **Email:** orangechathamsupportgroup@autismsociety-nc.org

Alamance County Resources

Resource	Details
Alamance County Autism Resource Specialists 	Autism Resource Specialists connect families to resources and provide training to help you become your child's best advocate. • Judy Smithmyer (English) **(336) 333-0197** or **1-800-442-2762** • Vanessa Vazquez Catala (English or Spanish) **(336) 333-0197** or **1-800-442-2762**
Brighter Strides 	**Phone:** **(866) 885-2705** **Email:** Info@brighterstridesaba.com **Location:** 5265 Parkway Plaza Blvd. Suite 120, Charlotte, NC, 28217 **Services:** Accepts all Medicaid plans in the InCK area. Services include: • In-Home ABA Therapy* • Center-Based Therapy* • School-Based Therapy* • Daycare-Based ABA Therapy* • Social Skills Groups • Family Training & Support • Afterschool Programs • Diagnostic Evaluations** • Resource Downloads **All therapies are available in Alamance County.* ***Only in the Raleigh or Charlotte office. 2-3 month wait.*
Alight Behavioral 	**Phone:** **(984) 309-0750** **Email:** info@alightaba.com **Location:** 176 Mine Lake Court Suite 100 Raleigh, NC 27615 **Services:** Provides virtual autism assessments and in-home ABA therapy services across all NC counties. Accepts all Medicaid plans.

Compleatkidz	**Phone:** **(336) 513-8550** **Email:** Contact Us (Online Contact Form) **Location:** 606 E Davis St Burlington, NC 27215 **Services:** Accepts all Medicaid plans in the InCK area. Services include: • ABA Therapy • Occupational Therapy • Physical Therapy* • Speech Therapy **Physical Therapy (PT) is not available at the Burlington location. Nearest locations with PT are Greensboro and Chapel Hill.*
Autism Learning Partners	**Phone:** **(888) 805-0759** and **(855) 295-3276 ext. 276** **Email:** Intake@autismlearningpartners.com **Location:** 4280 Piedmont Parkway (suite 105), Greensboro, NC 27410 Serves Burlington, Graham, McLeansville, Mebane, and Sedalia **Services:** Full-service provider that specializes in autism. Accepts all Medicaid plans in the InCK area. • Learning Hub • Early Intervention • Center-Based ABA Therapy • Home-Based ABA Therapy • Diagnostic Services • Parent Collaboration
TEACCH Chapel Hill Center	**Phone:** **(919) 966-5156** (English) **(919) 445-0349** (Spanish) **Email:** TEACCH@unc.edu **Location:** 100 Renee Lynn Ct, Carrboro, NC 27510 **Services:** Services include diagnostic evaluations, intervention/therapy services, education, and consultation. • Clinical Services • Referral Information • Counties served at this location: **Alamance**, Caswell, Chatham, **Durham**, Franklin, **Granville**, Lee, **Orange**, Person, **Vance**, and Warren

The Arc of North Carolina 	**Phone:** **1-800-662-8706** **(704) 637-1521** Triad Region Office **Email:** Online Contact Form **Location:** 108 Dorsett Drive Salisbury, NC 28144 **Services:** The Arc of NC is a statewide advocacy organization for people with intellectual and developmental disabilities and their families. The Triad Regional Office serves **Alamance** and offers these services and more: • Housing – The Arc of NC is the owner and property manager of many properties across the state. Adults who need affordable housing and have either a diagnosis of IDD (intellectual and developmental disabilities) or SPMI (severe/persistent mental illness) would qualify to live in one of our properties. **(336) 273-4404** / housing@arcnc.org • LIFEguardianship – Provides guardianship to adults 18 and older who have been declared incompetent by the court. • Advocacy – Provides direct advocacy support to individuals and families.
Find an Alamance County Support Group 	Support groups provide a place for families who face similar challenges to feel understood as they offer each other encouragement. For more information about Support Group events and meetups, please see the calendar, contact the Support Group by email, or join the Facebook group. **Facebook:** www.facebook.com/groups/asnc.alamance **Email:** alamancesupportgroup@autismsociety-nc.org

Granville County Resources

Resource	Details
Granville County Autism Resource Specialists 	Autism Resource Specialists connect families to resources and provide training to help you become your child's best advocate. • Nicole Harris or Cindy Martin **(919) 865-5066** or **1-800-442-2762** • Mariela Maldonado (Senior Hispanic Outreach & Support Coordinator) mmaldonado@autismsociety-nc.org **(919) 865-5066** or **1-800-442-2762**

Alight Behavioral 	**Phone:** **(984) 309-0750** **Email:** info@alightaba.com **Location:** 176 Mine Lake Court Suite 100 Raleigh, NC 27615 **Services:** Provides virtual autism assessments and in-home ABA therapy services across all NC counties. Accepts all Medicaid plans.
TEACCH Chapel Hill Center 	**Phone:** **919-966-5156** (English) **919-445-0349** (Spanish) **Email:** TEACCH@unc.edu **Location:** 100 Renee Lynn Ct, Carrboro, NC 27510 **Services:** Services include diagnostic evaluations, intervention/therapy services, education, and consultation. • Clinical Services • Referral Information • Counties Served at this location: **Alamance**, Caswell, Chatham, **Durham**, Franklin, **Granville**, Lee, **Orange**, Person, **Vance**, and Warren
The Arc of North Carolina 	**Phone:** **1-800-662-8706** **(919) 782-4632** Triangle Region Office **Email:** Online Contact Form **Location:** 353 E Six Forks Rd #300, Raleigh, NC 27609 **Services:** The Arc of NC is a statewide advocacy organization for people with intellectual and developmental disabilities and their families. The Triangle Regional Office serves **Durham**, **Orange**, **Granville**, and **Vance** and offers these services and more: • Housing – The Arc of NC is the owner and property manager of many properties across the state. Adults who need affordable housing and have either a diagnosis of IDD (intellectual and developmental disabilities) or SPMI (severe/persistent mental illness) would qualify to live in one of our properties. **(336) 273-4404** / housing@arcnc.org • LIFEguardianship – Provides guardianship to adults 18 and older who have been declared incompetent by the court. • Advocacy – Provides direct advocacy support to individuals and families.

Find a Granville County Support Group 	Support groups provide a place for families who face similar challenges to feel understood as they offer each other encouragement. For more information about Support Group events and meetups, please see the calendar, contact the Support Group by email, or join the Facebook group. **Facebook:** www.facebook.com/groups/asnc.granville.vance **Email:** granvillevancesupportgroup@autismsociety-nc.org

Vance County Resources

Resource	Details
Vance County Autism Resource Specialists 	Autism Resource Specialists connect families to resources and provide training to help you become your child's best advocate. • Nicole Harris or Cindy Martin **919-865-5066** or **800-442-2762** • Mariela Maldonado (Senior Hispanic Outreach & Support Coordinator) mmaldonado@autismsociety-nc.org **919-865-5066** or **800-442-2762**
Alight Behavioral 	**Phone:** **(984) 309-0750** **Email:** info@alightaba.com **Location:** 176 Mine Lake Court Suite 100 Raleigh, NC 27615 **Services:** Provides virtual autism assessments and in-home ABA therapy services across all NC counties. Accepts all Medicaid plans.
TEACCH Chapel Hill Center 	**Phone:** **919-966-5156** (English) **919-445-0349** (Spanish) **Email:** TEACCH@unc.edu **Location:** 100 Renee Lynn Ct, Carrboro, NC 27510 **Services:** Services include diagnostic evaluations, intervention/therapy services, education, and consultation. • Clinical Services • Referral Information • Counties Served at this location: **Alamance**, Caswell, Chatham, **Durham**, Franklin, **Granville**, Lee, **Orange**, Person, **Vance**, and Warren

The Arc of North Carolina 	**Phone:** **1-800-662-8706** **(919) 782-4632** Triangle Region Office **Email:** Online Contact Form **Location:** 353 E Six Forks Rd #300, Raleigh, NC 27609 **Services:** The Arc of NC is a statewide advocacy organization for people with intellectual and developmental disabilities and their families. The Triangle Regional Office serves **Durham**, **Orange**, **Granville**, and **Vance** Counties and offers these services and more: • Housing – The Arc of NC is the owner and property manager of many properties across the state. Adults who need affordable housing and have either a diagnosis of IDD (intellectual and developmental disabilities) or SPMI (severe/persistent mental illness) would qualify to live in one of our properties. **(336) 273-4404** / housing@arcnc.org • LIFEguardianship – Provides guardianship to adults 18 and older who have been declared incompetent by the court. • Advocacy – Provides direct advocacy support to individuals and families.
Find a Vance County Support Group 	Support groups provide a place for families who face similar challenges to feel understood as they offer each other encouragement. For more information about Support Group events and meetups, please see the calendar, contact the Support Group by email, or join the Facebook group. **Facebook:** www.facebook.com/groups/asnc.granville.vance **Email:** granvillevancesupportgroup@autismsociety-nc.org

National, Statewide, and Online Resources

Resource	Details
Alight Behavioral 	**Phone:** **(984) 309-0750** **Email:** info@alightaba.com **Location:** 176 Mine Lake Court Suite 100 Raleigh, NC 27615 **Services:** Provides virtual autism assessments and in-home ABA therapy services across all NC counties. Accepts all Medicaid plans.

TEACCH® Autism Program	**Phone:** **(919) 966-5156** (English) **(919) 445-0349** (Spanish) **Email:** TEACCH@unc.edu **Location:** 100 Renee Lynne Court Carrboro, NC 27510 **Services:** The TEACCH Autism Program provides clinical services such as initial referral and consultation, diagnostic evaluations, family consultation sessions, parent support groups, social play and recreation groups, individual counseling, and employment services. • Clinical Services • Adult Services • Referral Information for Diagnostic Evaluation • Referral Information for Therapy Services
Autism Society of NC	**Phone:** **1-800-442-2762** **Email:** Complete the online form to submit a question or be added to their mailing lists. **Location:** 5121 Kingdom Way, Suite 100, Raleigh, NC 27607 **Services:** Use their Interactive Map to find resources. • Talk with a Specialist • Find a Diagnosis • Autism Treatment • Resources for Your Journey • Autism Toolkits • Find a Support Group • ABA & Clinical Services • Autistic Adult Programs • Employment Support • IGNITE Peer to Peer Community Center • Skill Building and Support • Social Recreation
Camp Royall	**Phone:** **(919) 542-1033** **Email:** camproyall@autismsociety-nc.org **Location:** 250 Bill Ash Road Moncure, NC 27559 **Services:** Camp Royall, through the Autism Society of North Carolina is the nation's oldest and largest camp for people with autism. • Camp Royall Programs • Registration Portal • Camper and Caregiver Information • Year-Round Calendar of Events • Forms, Handbook, and Scholarship Assistance Information

Autism Speaks	Autism Speaks, Inc. is a non-profit autism awareness and research organization dedicated to creating an inclusive world for all individuals with autism throughout their lifespan.
	• Accessing Services Guidance
	• Nationwide Resource Directory
	• Provider Directory
	• Guides and Toolkits
	• Autism Response Team (ART) – Certified Resource Specialists provide information and resources to autistic individuals, families, and service providers.
	  ○ Contact ART Online -use this form and select "Resources, information, or support for myself or someone I know" to send a direct message.
	  ○ Spanish language support at ayuda@autismspeaks.org.

Exceptional Children's Assistance Center (ECAC)	**Phone:** **(704) 892-1321 / (704) 892-5028** **1-800-962-6817** (Help line) **Email:** ecac@ecacmail.org **Location:** 907 Barra Row Suite 103 Davidson, NC 28036 **Services:** ECAC helps families of children with special needs, ages birth to 26, navigate the special education system. **All services are provided at no cost.** • Speak with a Parent Educator by calling **1-800-962-6817** or use online contact form. • Resources • Downloadable Tools in English and Spanish • Parent Rights & Responsibilities in Special Educations Handbook • Access Special Education Forms • Communication Tools and Templates • Interactive Local Resource Map by County
CDSA North Carolina Infant-Toddler Program	**Phone:** **(919) 707-5520** **Email:** CDSA Directory **Location:** 5605 Six Forks Rd, Raleigh, NC 27609 **Services:** The Infant-Toddler Program provides supports and services for families and their children, birth to three who have special needs. • Find your local Children's Developmental Services Agency (CDSA). • Program Services and Eligibility • Infant-Toddler Program Handbook

Family Support Network of NC	**Phone:** **1-800-852-0042** **Email:** Online Contact Form **Services:** FSN enhances the lives of children who have disabilities, mental health challenges, and special healthcare needs by providing parent to parent support and education. FSN can support multiple languages through a language line. • Find Your Local Program • Family Support Services • Virtual Events

NC START
 	
NC START
	North Carolina Systemic, Therapeutic, Assessment, Resources and Treatment (NC START) is a statewide community crisis prevention and intervention program for individuals ages 6 and above with IDD and co-occurring complex behavioral and/or mental health needs. NC START is intended to be a short-term service, lasting 12-18 months depending on support needs. NC START services are free to individuals no matter what type of insurance or funding the individual has.
	• NC START Locations and Contacts
	• **NC START West** Asheville Kannapolis/ Concord:
	  ○ **1-888-974-2937**
	  ○ Referrals: **888-974-2937**
	• **NC START Central** Durham:
	  ○ **919-865-8730**, **800-662-7119 x8730**
	  ○ Referrals: **919-865-8730**
	• **NC START East** New Bern Wilmington:
	  ○ **1-888-962-3782**
	  ○ Referrals: **888-962-3782**

Work Together NC Work Together NC Possibility to Opportunity	Work Together NC helps individuals with intellectual and developmental disabilities (ID/DD) find the supports they need to thrive when transitioning to adulthood. • Find Services • Toolkits • Resources • Action Plans
ASAN Autism Self Advocacy Network ASAN AUTISTIC SELF ADVOCACY NETWORK	ASAN is a non-profit advocacy organization run by and for autistic individuals that works to protect disability rights and creates educational resources and advocacy tools. • About Autism • Resource Library • Policy Library